# SOCIAL EMOTIONAL LEARNING

## SOCIAL SKILLS LESSON PLAN

### SOCIAL SKILL: JOINING IN & INVITING OTHERS TO JOIN IN

### CASEL COMPETENCY: RELATIONSHIP SKILLS

### BOOK INFORMATION

<table>
<thead>
<tr>
<th>Book Title</th>
<th>Can I Play Too?</th>
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<tbody>
<tr>
<td>Author</td>
<td>Mo Willems</td>
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### BOOK SYNOPSIS

Elephant and Piggie start to play catch. Snake wants to join in. After a few struggles, they find a way for Snake to participate.

### LESSON OBJECTIVE

Help the students know how to help other kids to be part.

### LESSON MATERIALS AND ADVANCED PREPARATION

#### Make Your Own Snake Activity

- **Materials:** sharpie permanent marker; socks (one long tube sock for each student---socks can be whatever color you desire); long twist ties or rubber bands (one for each student); plastic eyes/buttons (two for each student); glue; cotton or polyester stuffing (materials can be purchased at Wal-Mart, Craft store, or Amazon)
- **Preparation:** None needed.

#### Snake Toss Activity

- **Materials:** sharpie permanent marker; socks (one long tube sock for each student---socks can be whatever color you desire); long twist ties or rubber bands (one for each student); plastic eyes/buttons (two for each student); glue; cotton or polyester Stuffing (materials can be purchased at Wal-Mart, Craft store, or Amazon); or you can buy 3-4 soft snakes
- **Preparation:** Make 3-4 snakes or buy them.
KEY VOCABULARY AND CONCEPTS

"Excuse me" - a phrase used to politely ask for someone’s attention

PRE-READING DISCUSSION

Show the front book cover and ask the students what they think the book is about.

POST READING DISCUSSION

Ask the following questions:

- What made it hard for snake to participate?
- How do we know that elephant and piggy wanted snake to join in with their activity?
- How do you think that made snake feel?
- How did they get snake involved?
- What games or activities do you like?
- How can you invite others to join in with your activity?

READ THE BOOK

POST READING ACTIVITY

Make Your Own Snake

The goal of this activity is to create an environment where each student will have someone to work with. Allow the students to work with the friends of their choice. Small groups working together is optimal. Some students may get left out of the small group activity because they might not readily fit in with group. Some children might have lots of friends and other students might struggle to cooperate with a friend. After the students are actively involved in making their snake, ask them to stop for a moment, look around and see if anyone needs help or needs to join in with a group. This is a perfect opportunity to invite the left out students to ask to join a group --- or to have the groups invite a specific child to join their group.

Making the snake:

- Stuff the sock with cotton or polyester stuffing.
- Use the twisty or rubber band to seal the end of the sock.
- Glue on the eyes.
- Use a permanent sharpie marker to draw the snake’s mouth and also to write the student’s name on their snake.

Snake Toss

For this activity, you will be playing hot potato/musical chairs with the snake. Follow the steps below:

- Divide the kids into 3 or 4 groups.
- Let them know that they will toss the snake to each other gently until the music stops.
• When the music stops, the student with the snake is out. The students who are “out” must sit outside the circle for a rotation.
• When the next rotation is over, have each group invite a kid that was sitting out to be included back into their group.
• The goal is to allow most students the opportunity to know the feeling of being left out and then being asked back in and being a part of something fun.

Stop music intermittently ---similar to hot potato.

Suggestion: Use the song from High School Musical called “All in this Together.”
https://www.youtube.com/watch?v=gbrbUfYStoE

**CLOSURE**

Ask the students how they felt when they were in their group making the snakes (for Activity #1) or how they felt when they were playing the game (for Activity#2).

Then ask them what it would have been like to have to make the snake alone (activity #1) or what it was like having to sit out and not taking part in the fun (activity #2)?

Share personal feelings about the importance of making sure everyone is included. Display the statement (poster on the following page) in the front of the classroom and refer back to this statement to reinforce the social skill.
Kindness begins with ME.
I will include others.