SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: ACCEPTING RESPONSIBILITY
CASEL COMPETENCY: RESPONSIBLE DECISION-MAKING

ACTIVITY INFORMATION

Activity: “What if...?” Game
Grade Levels: K-3
Prep Time: 0-5 min
Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: A sample lunch including a sandwich, a piece of fruit, and a carton of milk.
Preparation: None needed.

ACTIVITY

Ask the students a series of "What if...?" questions. 1. What if the farmer who grew the grain to make the bread for this sandwich decided to play ball instead of harvesting the grain? (Explain that we wouldn't have any bread to eat, than take the bread off of the sandwich.) 2. What if the farmer who raised the animals for the meat decided he was just too tired to take the animals to market? (Take the meat away) 3. What if the dairy farmer decided it was too cold and rainy to go out and milk the cows in the morning? (Take away the cheese and milk) 4. What if the workers who harvest fruits and vegetables were too busy watching TV to work in the fields? (Take away any fruit and vegetables) 5. What if the store manager and employees at Harris Teeter didn't feel like working for a few weeks and played with friends instead? (Take away everything else and explain that the store wouldn't be open and we could not get the things we need.) 6. See what can happen when people do not show responsibility? We count on others to be responsible and do their job correctly and on time. The jobs that you have are just as important. (Ask the students to give examples of their jobs.) When you do what is expected of you to the best of your ability, then you are being responsible and others can count on YOU!