SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: HELPING OTHERS/VOLUNTEERING
CASEL COMPETENCY: SOCIAL AWARENESS

ACTIVITY INFORMATION

Activity: Volunteer Plan
Grade Levels: K-6
Prep Time: 0-5 min
Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: Paper and pencils
Preparation: None

ACTIVITY

Discuss as a class what volunteering is. Explain that volunteering gives us chances to be leaders. Show some pictures of a world-wide volunteer activity and one that is of a smaller scale (helping pick up trash in the community or helping the teacher in class). Brainstorm different volunteering activities. Opportunities to volunteer are around us every day. Have students create their own plan of action to volunteer. Have students share some ideas with the class as a whole.