

PARENT AND FAMILY RESOURCES

Allies with Families

505 East 200 South, #25

Salt Lake City, UT 84102

(801) 433-2595 Local (877) 477-0764 Toll Free

Website: <http://allieswithfamilies.org/>

Allies with Families, the Utah Chapter of the Federation of Families for Children's Mental Health, was created in 1991 to offer practical support and resources for parents and their children with emotional, behavioral, and mental health needs.

ASSERT – Autism Support Services: Education, Research & Training

Center for Persons with Disabilities (435) 797-1933 Logan, UT

Website: <http://sper.usu.edu/ASSERT/>

The ASSERT preschool program at Utah State University is a state-of-the-art preschool program that uses research-based instructional techniques to address the individual needs of children with autism.

Autism Assessment and Treatment Center

1208 East 3300 South

Salt Lake City, UT 84106

(801) 386-8069

Website: www.autismutah.com

The Autism Assessment and Treatment Center strives to enhance the quality of relationships and quality of life for children diagnosed with autism spectrum disorders and their families. Being a parent of a child with an autism spectrum disorder presents special challenges and unique stressors.

Autism Council of Utah

Website: www.autismcouncilofutah.org

The ACU has been instrumental in raising awareness of autism spectrum disorders in Utah. For more information on their services and the support that they can provide is available on their website.

Autism Journeys Consulting

Draper, UT

(801) 938-9268, info@autismjourneys.org

Website: www.autismjourneys.net

Autism Journeys Consulting recognizes that autism affects the entire family unit. They address the emotional needs of parents, siblings, and even extended family and friends as needed.

Autism Spectrum Disorder Clinic

Address: 650 Komas Drive, Suite 206

Salt Lake City, UT 84108

Phone: 801-587-8020

Website: <http://healthcare.utah.edu/uni/asdc/group-therapy.php>

The Autism Spectrum Disorder Clinic in partnership with the Neurobehavior HOME Program is offering the following therapy groups for people with autism and other developmental challenges. Please call us with questions or to get registered for a group.

Carmen B. Pingree Center for Children with Autism

780 South Guardsman Way

Salt Lake City, UT 84108

(801) 581-0194

Website: www.carmenbpingree.com

This center offers preschool, family counseling, parent training classes and sibling support groups.

**Child Development Clinic, Bureau of Children with Special Health Care Needs,
Utah Department of Health**

(801) 584-8510 or (800) 829-8200

Salt Lake City, UT

Website: <http://health.utah.gov/cshcn/CDC/>

The Child Development Clinic provides consultation, assessment and case management services for children from infancy to their 7th birthday.

CTA Community Supports

4444 South 700 East, Suite 203

Murray, UT 84107

(801) 268-4887

Website: www.ctautah.org

CTA is dedicated to providing quality supports for people with autism and their families.

Easter Seals Northern Rocky Mountain – P.L.A.Y. Project

Janet Wade 801-633-2091

www.easterseals.com/esgw/our-programs/autism-asd-services/play-project.html

The P.L.A.Y. Project™ (Play and Language for Autistic Youngsters) is a nationally recognized program that provides in-home training and support for families of children age 14 months to 8 years with Autism Spectrum Disorder (ASD). This intensive intervention model is designed to help parents make meaningful connections with their child through play

Family Support Center

777 West Center Street
Midvale, UT 84047
(801) 255-6881

2020 South Lake Street
Salt Lake City, UT 84105
(801) 487-7778

Website: www.familysupportcenter.org

The Family Support Center has a licensed and trained clinical staff that consists of social workers, psychologists, and marriage and family therapists to assist families and individuals in dealing with many of life's various stressors. They also offer some autism respite care.

The Family Support Center of Southwestern Utah

102 North 200 East, Cedar City, Utah 84720

Phone: 435-586-0791

Email: family@infowest.com

Website: <http://utahfamilysupport.org/cedarcity/index.html>

The Family Support Center has a licensed and trained clinical staff that consists of social workers, psychologists, and marriage and family therapists to assist families and individuals in dealing with many of life's various stressors. They also offer some autism respite care.

Family to Family Network – A Project of the Utah Parent Center

Website: www.utahfamilytofamilynetwork.org

The Family to Family Network is dedicated to educating, strengthening and supporting families of persons with disabilities. The Network is a grassroots volunteer group composed of family members across Utah who have a relative with a disability. There are local Networks all across the state of Utah that regularly host meetings and activities.

Fridays Kids Respite Care

801-494-9837

801-980-0371

801-221-9930 ext. 0

Location: Offers services in Salt Lake County, Lehi, Orem, Salem and St. George

Email: Info@FridaysKids.org

Website: <https://www.fridayskids.org>

We are a nonprofit organization providing respite care to families who have children with special needs. On Friday and Saturday evenings, caregivers bring their children to Friday's Kids while they enjoy some well-deserved time off. Our volunteers spend one-on-one time with the children while parents get an evening to finish the laundry, run errands, spend time with their spouse, or simply relax.

Jordan Education Center

319 West 11000 South
South Jordan, UT, 84095
801-565-7442

www.jordandistrict.org/departments/jfec/

The Jordan Family Education Center provides support services and classes for families and students in Jordan School District. These services are provided by the District's school psychologists and counselors. There are three quarters packed full of interesting classes and

support groups covering a variety of topics like parenting skills, dealing with adolescence, attention deficit, anger, grief, single parenting, blended families, Social skills and Disability issues and many more

Just for Kids – Susan Horn, OTR/L

Occupational Therapist (801)231-9207

susan@otjustforkids.com

<http://www.otjustforkids.com/>

Just For Kids, a therapist owned and operated therapy clinic founded 2005, providing occupational therapy to children with various abilities including those diagnosed with autism, autism spectrum disorder, sensory processing disorders, and developmental delay.

NAMI Utah

1600 West 2200 S, Suite 202

West Valley City, UT, 84119

801-323-9900

Website: www.namiut.org/families-caregivers/free-education-classes

The NAMI Family-to-Family Education Program is a free, 12-week course for family caregivers of individuals with severe mental illnesses. The course is taught by trained family members. Over 115,000 family members have graduated from this national program. In addition, this class has been translated into Spanish.

Neurobiology, Learning and Behavior Center

Salt Lake City, UT 84102

801-532-1484

Website: samgoldstein.com/cms/index.php/about-clinical-forensic-services/

Dr. Goldstein is the Clinical Director of the Neurology, Learning and Behavior Center. The Center provides multi-disciplinary evaluation, case management, forensic consultation and evaluation as well as treatment programs for children, adolescents and adults with histories of neurological disease, head trauma, developmental disorders, autism, depression and anxiety.

OPTIONS for Independence

106 East 1120 North, Logan, UT 84341

(435) 753-5353

Website: www.optionsind.org

OPTIONS for Independence is a non-residential Independent Living Center where people with disabilities can learn skills to gain more control and independence over their lives in Northern Utah. They also have support groups, youth groups, and trainings and activities.

Pryor Consulting

801-369-8363 American Fork, UT

Website: <http://www.pryorconsulting.net/>

Pryor Consulting strives to meet the cognitive, educational, social and behavioral needs of your child with an Autistic Spectrum Disorder (ASD).

We work closely with parents and professionals to provide supervision and support for those interested in running an effective Applied Behavior Analysis (ABA) program.

TURN Community Services

423 West 800 South Suite A200, Salt Lake City, UT 84101
(866) 359-8876

Website: <http://www.turncommunityservices.org/index.html>

TURN supports people of all ages with disabilities who live in the community or in their family homes. They help each family develop a long-term plan based on the family's present needs and future goals. Through family support services, people with disabilities, their parents, siblings, and neighbors learn new approaches and strategies to foster independence. The kinds of supports offered are flexible and family-driven.

Utah Registry of Autism and Developmental Disabilities

Phone: (801) 584-8284, (800) 829-8200

Online: www.health.utah.gov/autism

Run by the State Health Department, the URADD website and brochures provide information about ASD and local resources.

Utah Youth Village

5800 South Highland Drive

SLC, Utah, 84121

801-272-9980

Website: <http://youthvillage.org/familiesfirst.php>

Families First is an intensive in-home intervention designed to teach parents skills to change the behaviors of their troubled children. The children in the families we serve have a variety of emotional and behavioral problems.