

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: MAKING A COMPROMISE
CASEL COMPETENCY: RELATIONSHIP SKILLS

ACTIVITY INFORMATION

Activity: Effective Listening

Grade Levels: K-6

Prep Time: 0-5 min

Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: Flip chart paper and markers

Preparation: None needed.

ACTIVITY

Split large groups into smaller teams of four to seven (having at least three teams is desirable). Have each team send a member up to collect their supplies, which consist of a sheet of flip-chart paper and some assorted markers. Tell the teams that they are to write their definition of effective listening. Let them know that you are not looking for Webster's definition, but rather each team's definition. Once each team agrees on a definition, have them write it on their flip-chart paper along with an illustration. After all teams are finished, have the teams present their ideas to the group. Hang up the flip-chart pages on the wall of the room for the duration of the training day.

Tips: Whenever the topic of effective listening comes up throughout the day during your debriefing discussions, refer to these definitions as much as possible.

Discussion Questions

1. What are some barriers to effective listening?
2. How easy or difficult is it to listen in times of conflict? Why?
3. In a conflict situation, how important is the skill of listening?