

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: SHOWING APPRECIATION
CASEL COMPETENCY: RELATIONSHIP SKILLS

ACTIVITY INFORMATION

Activity: Gratitude Paper Chain

Grade Levels: K-6

Prep Time: 5-10 min

Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: Paper, markers and stapler

Preparation: Cut slips of paper.

ACTIVITY

Have children write what they're thankful for on strips of paper and use the strips to make a gratitude chain to hang up in the classroom.

http://greatergood.berkeley.edu/article/item/gratitude_activities_for_the_classroom