

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS LESSON PLAN

SOCIAL SKILL: FOLLOWING INSTRUCTIONS
CASEL COMPETENCY: SELF-MANAGEMENT

BOOK INFORMATION

Book Title: *If Everybody Did*

Author: Jo Ann Stover

Publisher: Bob Jones University Press; Greenville, South Carolina

Year: 1960

ISBN Number: 0-89084-487-9

Number of Pages: 45 pages

Reading Level: 1st grade - 3rd grade

BOOK SYNOPSIS

Just imagine what things would be like if EVERYBODY did all the things we are told not to do! This book (in black and white pictures) shows exactly what it would be like---but then the last few pages show what it would be like if each person did what we should do! This books shows the importance of personal responsibility for following rules.

LESSON OBJECTIVE

Following rules keeps us safe and helps us keep things organized. Our school is a better place when we take personal responsibility for following rules and following instructions.

LESSON MATERIALS AND ADVANCED PREPARATION

Materials: eraser & chalk or dry markers to play tic-tac-toe; list of questions numbered 1 through 9 (see handout)

Preparation: Cut out the numbered questions and place these in 9 envelopes with the number on the outside of the envelope to match the number of the question. This will keep your questions organized. Prepare the multiple questions to allow you to play several games of tic-tac-toe (as time permits).

KEY VOCABULARY AND CONCEPTS

Smudge - smearing or spreading messy handprints when we touch windows or walls with our dirty hands

Hash - mushy food that is made up of finely chopped potatoes with some meat and spices

Bud - blossom part of the flower

PRE-READING DISCUSSION

Show the front cover of the book.

Say the title and have the students repeat "if everybody did." This book helps us see what things would be like if everybody did not keep simple rules. When we come in our school and see our clean floors and our organized classrooms....we might wonder, what if everyone came to school with muddy shoes and what if everyone threw things on the floor instead of putting things away or in the garbage can? Our school would not look like it does right now. In big letters, write "If Everybody Did" on the chalk board.

READ THE BOOK

Each time the book says "if everybody did," point to the board and ask the students to say "if everybody did" with you.

POST READING DISCUSSION

Ask the students what school would be like if no one followed the teacher's instructions. Ask the students what it might be like if all the adults in the world did not follow directions on the roads, such as stopping at the stop lights, driving on the right side of the road, and wearing seatbelts.

Ask the following questions:

- What rules or instructions are important to follow in school? Why?
- What rules or instructions are important for grownups to follow? Why?

POST READING ACTIVITY

Tic-Tac-Toe Activity

- Draw a large tic tac toe grid on the chalkboard (9 spaces)
- Divide the class into 2 groups (X and O)
- Choose a person from the X group to select a number 1 through 9.
- Choose a numbered paper to match the student's choice. Each paper has a question. Read the question out loud and have the student answer the question prior to marking the X, or O in the selected number's spot.
- Continue playing until a team wins the tic-tac-toe game.
- If time permits, play more games of tic-tac-toe.

1	2	3
4	5	6
7	8	9

CLOSURE

Hang the poster (provided) in the room and remind the students of how important it is to follow rules and directions.

1 Name one rule that helps us keep our school clean.	2 Name one rule your teacher has that helps keep the class on task.	3 Tell me one school rule you want everyone to follow.	4 Which rule keeps students safe when we are leaving school to go home?	5 Name one rule we need to follow during recess.	6 Which rule is hard to follow?
7 When a lot of kids are in the hallway, what should we do?	8 Which rule is for both students and teachers?	9 Which school rule is hard to follow?	1 Name a rule that helps our custodian (janitor) keep our school clean.	2 When students are on the school bus, what is an important rule to follow?	3 Name a rule that is hard for Kindergarten students to follow.
4 Which school rule is the easiest to follow?	5 What does our teacher want us to do when we first come into the classroom?	6 What is a rule we have about our library books?	7 What rule do you have at home that is the same as one of our school rules?	8 When our principal is talking on the intercom, what rule does our teacher expect us to follow?	9 Which school rule is about being kind to others?

1 What rule does a bus driver follow?	2 Does our classroom have any rules about chewing gum?	3 Name one rule that is about your homework.	4 Which rules are hard for you to understand?	5 Tell about a time you kept a rule even when it was hard to do so.	6 Which rule is the hardest for most kids to follow?
7 If you were the principal what rule would you change?	8 Which rule do you need to be reminded about?	9 Tell about a time when forgot about a rule.	1 Tell about a rule you made for your family or friends to follow.	2 What are you supposed to bring to school every day?	3 How do you remember to keep important rules?
4 If you were the school's king/queen for the day, what new rule would you make for our school?	5 Name one rule the principal has to follow.	6 Does our classroom have a rule about eating in class?	7 When other students are not obeying school rules, what could you do?	8 Name one school rule that your parents help you to follow.	9 If you find a dollar in the bathroom that is not yours, what should you do?
1 Which rule does your teacher most often say?	2 On the school bus what rule do kids most often ignore?	3 If you were the school principal, which rules would you change?	4 Which rule does not need to be used very often?	5 What rule do you follow when you are in the school hallway?	6 Which rule is hard for boys to follow?

<p>7</p> <p>Which rules keep us safe at school?</p>	<p>8</p> <p>What rule does your teacher have about homework?</p>	<p>9</p> <p>Which rule is the most important rule in the school?</p>	<p>1</p> <p>Is there a rule about wearing hats inside the school?</p>	<p>2</p> <p>Does your home have a rule that you also follow at school?</p>	<p>3</p> <p>If you were going to make a new school rule, what would it be?</p>
<p>4</p> <p>Where are students allowed to run?</p>	<p>5</p> <p>What school rule is too strict?</p>	<p>6</p> <p>Does your school have a new rule?</p>	<p>7</p> <p>Which school rule will never change?</p>	<p>8</p> <p>Which rule is probably the same for every school?</p>	<p>9</p> <p>What helps you remember the school's rules?</p>



If everybody did?

