

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: FOLLOWING INSTRUCTIONS

CASEL COMPETENCY: SELF-MANAGEMENT

ACTIVITY INFORMATION

Activity: Listen to the Animals

Grade Levels: K-2

Prep Time: 0-5 min

Activity Time: <15 min

MATERIALS AND ADVANCED PREPARATION

Materials: None needed.

Preparation: None needed.

ACTIVITY

Students stand in a circle. Choose one student to be the leader. The leader stands in the center and faces one student. The leader calls out an animal and what it does and makes a motion or sound to match. The leader can either match the animal and sound/action correctly or not. ("Horses trot" with a trotting motion, or "Pigs oink" with an oinking sound). All the other students do exactly as the leader did. If the student facing the leader makes a mistake (follows an incorrect action or doesn't follow a correct one), that student becomes the leader. If the student doesn't make a mistake, then the same leader goes around the circle and continues. Ask the students why it is important for them to pay attention and listen closely in order for this game to work. Ask the students why it is important for them to listen closely and pay attention in order for the classroom to run smoothly. Discuss how this is also important in relationships and friendships. Discuss how sometimes you have to listen closely to really understand what people are saying.