## SOCIAL EMOTIONAL LEARNING

### SOCIAL SKILLS LESSON PLAN

# SOCIAL SKILL: FOLLOWING INSTRUCTIONS CASEL COMPETENCY: SELF-MANAGEMENT

#### **BOOK INFORMATION**

Book Title: *No, David!*Author: David Shannon

Publisher: Blue Sky Press, An Imprint of Scholastic Inc.

Year: 1998

ISBN# 978-0-590-93002-4 Number of Pages: 29 pages Reading Level: 1<sup>st</sup> grade - 6<sup>th</sup> grade

#### **BOOK SYNOPSIS**

The book shows pictures of all the bad things David does with people continually telling him "No," "No." At the end of the story David is sitting in "time out." A tear is rolling down his check. His mother says, "Davey come her." They hug and she says "Yes, David...I love you!"

#### LESSON OBJECTIVE

When rules are broken, things do not go smoothly, people might be upset with us, and dangerous things might happen. Following rules keeps us safe and happy. Young children need help in learning school rules.

#### LESSON MATERIALS AND ADVANCED PREPARATION

**Materials**: chalk or dry erase markers; YES, DAVID cover (for class-made book, included in this packet); empty page with YES, DAVID at the top of the page (included in this packet); crayons or colored pencils for each student

**Preparation**: Make a copy of the "YES, DAVID" book cover and sufficient copies of the empty "YES, DAVID" page. Make one copy for each student, or if students work in pairs, copy one paper for each pair or students.

#### KEY VOCABULARY AND CONCEPTS

This book only uses a few words which are understandable to every student, but basic concepts can be discussed, particularly with the older students (grades 3-6).

**Oppositional** - the attitude of going against what is expected of you or taking a point of view that is against another person's point of view

**Remorse** - to feel sad or have regrets about something you did or about a choice you made which you wish you could change.

#### PRE-READING ACTIVITY

Show the front cover of the book and ask the following questions:

- Can we tell what this little boy is doing?
- What is about to happen?
- Has this ever happened in your home?
- How would your mother feel if something like this happened in your home?

#### READ THE BOOK

#### POST READING DISCUSSION

Ask the following questions:

- Have you ever had experiences like David?
- Has a parent ever told you "NO?"
- Tell me about a young child who did something that was going to hurt them. Did an adult or older person yell "NO" to try and protect the young child?
- The last few pages in the book show David in "time out." Look closely and you can see a tear coming down his cheek. How do you think David was feeling?
- How did David's mother feel when she saw David's sad face?

Encourage the students to talk about their experiences, maybe sharing some things they did when they were younger that they later felt badly about (had regrets or felt remorseful). Explain that some rules at home and school are meant to protect children from harm. What are some of these rules? [List these rules on the chalkboard.]

#### POST READING ACTIVITY

#### "Yes, David" Class Book

Make a "Yes, David!" class-book for the Kindergarten class. The cover and empty page with "YES, DAVID" are included in this packet. Ask the class, "When David starts Kindergarten, what kind of school rules will David need to follow?"

Ask students to describe school rules they think Kindergarten students need to know and which rules are VERY important to follow. Write these rules on the chalkboard. After coming up with each idea, enthusiastically say "YES, David!" Now, pair up students...or the students may work independently ---whichever fits your classroom's needs.

After selecting one of the rules on the chalkboard, each student or pair of students draws and colors one picture to contribute to the book. Each picture demonstrates one school rule. Instruct students to draw simple and colorful pictures, similar to the ones in the *No*, *David* book. Ask the student artists to sign their page (small signature in the lower right hand corner of the picture). When completed, staple these pages together. On the cover page identify your classroom's authors (all the students in the classroom) so the Kindergarten teacher and Kindergarten students know who wrote the book.

#### **CLOSURE**

"NO" is a very negative word. It is usually one of the first words babies learn to say. Babies are actively learning about the world around them. Babies and young children might not understand what will break, what will hurt them, and how dangerous something might be. So, it seems like adults frequently say NO to young children. When children start school, they do not know about the school rules. Our book will help our kindergarten students learn about the school rules in a good and encouraging way---with "YES" (encouraging them in what they should do) rather than "NO" (being negative about what they should not do).

Put the class-book together and deliver the book to the Kindergarten class.

Ask the Kindergarten teacher to provide feedback about how her students enjoyed the book and if the book helped them learn about the school rules.

