

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: SHOWING APPRECIATION
CASEL COMPETENCY: RELATIONSHIP SKILLS

ACTIVITY INFORMATION

Activity: Secret Gratitude

Grade Levels: 3-6

Prep Time: 0-5 min

Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: Paper, pencils and art supplies

Preparation: Cut slips with the names of individual students.

ACTIVITY

Have each child secretly draw the name of one other student in class, just as you would with a Secret Santa game. Instead of exchanging gifts, however, ask students to produce a card or letter in which they showcase their drawn classmates' strengths. Then collect them and give them to the each of the students so that they can read and see what a classmate wrote about them (you may reveal who had who if you would like to).