

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: MAKING A COMPROMISE
CASEL COMPETENCY: RELATIONSHIP SKILLS

ACTIVITY INFORMATION

Activity: Standing Conflict Activity

Grade Levels: 3-6

Prep Time: 0-5 min

Activity Time: <15 min

MATERIALS AND ADVANCED PREPARATION

Materials: None needed.

Preparation: None needed.

ACTIVITY

Stand in the center of the room and announce the following to the group: I am conflict. Consider how you typically react when you experience a personal conflict. Position yourself, in relation to me, somewhere in the room in a way that conveys your initial response to a conflict. Pay attention to your body language as well as your distance from the conflict.

Tips: Use this activity twice—once near the beginning of the program and then again at the end—to get a visual picture regarding changes in positions as a result of considering conflict differently.

Discussion Questions

1. What are some reasons you are standing where you are?
2. If where you are standing signifies your initial reaction, where might you stand after taking some time to think about the conflict?
3. What are some things that would cause you to move?
4. How might our reactions influence the course of the conflict?