

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: ACCEPTING RESPONSIBILITY

CASEL COMPETENCY: RESPONSIBLE DECISION-MAKING

ACTIVITY INFORMATION

Activity: A Symphony of Character

Grade Levels: K-6

Prep Time: 0-5 min

Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: Musical instrument you can play.

Preparation: None needed.

ACTIVITY

Bring in your instrument and draw a line of music on the board with notes. Play the music as written. Next, erase several of the notes and replay the music. Notice how different the music sounds. Explain the importance of each note in the composition. They all have a purpose to make the music work. It can be beautiful and complete only when each note is doing its part. Each of us is like a note in a musical composition. When we do our part and take responsibility for our actions, then we can make beautiful "music" in our lives and for those around us.