

# SOCIAL EMOTIONAL LEARNING

## SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: FOLLOWING INSTRUCTIONS

CASEL COMPETENCY: SELF-MANAGEMENT

### ACTIVITY INFORMATION

**Activity:** What Fits In This List?

**Grade Levels:** K-6

**Prep Time:** 0-5 min

**Activity Time:** <15 min

### MATERIALS AND ADVANCED PREPARATION

**Materials:** Paper and pencils

**Preparation:** None needed.

### ACTIVITY

Encourage students to focus on listening respectfully during this activity. Ask students to think of as many things as possible within two minutes that fit into one of these lists. Things that can be stacked, Things that line up, ways to travel, things that flow, things that are double, things that you fold, etc. Have students write down answers. Discuss how listening and focusing are important to complete this task.