SOCIAL EMOTIONAL LEARNING
SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: WORKING TOGETHER
CASEL COMPETENCY: RELATIONSHIP SKILLS

ACTIVITY INFORMATION

Activity: Balloon Group Work
Grade Levels: 3-6
Prep Time: 0-5 min
Activity Time: <15 min

MATERIALS AND ADVANCED PREPARATION

Materials: 10 balloons per group of 3-4 students
Preparation: None needed.

ACTIVITY

Divide students into groups of three or four and give each group ten balloons and a roll of masking tape. Students will be instructed that they are only allowed to use the supplies provided. The students will have two minutes to plan how to build the tallest balloon tower without talking. Instruct the students that if they talk a balloon will be taken away from their group. The students complete the challenge and then the towers are judged to see which one is tallest. Ask your students the questions below:

- What roles within the group did the students play?
- Did the group work cooperatively together?
- What worked well within the groups?
- What were some challenges that the groups faced?
- How did the plans change as the group built?
- Did everyone in the group agree with the plans?
- How did you feel about your finished balloon tower?
- What did you learn?