

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY LIST

SOCIAL SKILL: MAKING GOOD CHOICES
CASSEL COMPETENCY: RESPONSIBLE DECISION-MAKING

Grade Levels	Prep Time	Activity Time	Materials	Activity Description
K-2	0-5 min	<30 min	Scenarios	<p>Good Choice, Bad Choice Say a scenario and then have each student participate by holding thumbs up or thumbs down in order to identify whether the character in the scenario made a good choice or a bad choice. After each scenario, ask a student who is raising their hand why it was a good choice. If it was a bad choice, have them identify what the character could have done differently so that they would have made a good choice instead.</p> <p>http://www.mpmschoolsupplies.com/ideas/3273/i-can-make-good-choices/</p>
3-6	0-5 min	<30 min	Paper, pencil	<p>Good Choices Writing Prompt Give students this writing prompt and then have them write on it and then share it with their group (if they feel comfortable).</p> <p>Writing Prompt: Write about a big decision you have made. How did you go about deciding what to do? What was the consequence of your choice?</p>
3-6	0-5 min	<30 min	Paper, pencil	<p>Persuading Others For Good Have each student write a response to this scenario/question: "Your best friend wants to take something from another classmate's desk as part of a mean joke. What would you say to persuade him or her to make a good choice instead?" Share responses as a class if there is time.</p>
K-6	0-5 min	<30 min	None	<p>I.C.E.D. Introduce I.C.E.D. (which is explained in the link below) and how effective these tactics can be when trying to make a good choices then share the scenarios and get feedback.</p> <p>http://www.aces.edu/teens/pdf/mod7.pdf</p>
K-6	5-10 min	<30 min	Scenarios	<p>Good Fruit, Bad Fruit Have all students come into the middle of the classroom. Read scenarios aloud and then instruct them to go to one side of the classroom if they think it was a good decision and the other side of the classroom if they think it was a bad decision. Then discuss why they made the choice they did and what the best choice would be in each scenario.</p> <p>https://www.youtube.com/watch?v=DHgL4A3vv8Q</p>

K-6	0-5 min	<30 min	Consequence worksheet	<p>Choices and Consequences Have children brainstorm problem situations and a choice to go along with each of them. Then have them figure out possible consequences that can come from those choices.</p> <p>http://www.worldviewpub.com/newsletters/newsletter1.pdf</p>
3-6	0-5 min	<30 min	Leader's Resource worksheet	<p>The 3 C's to Decision Making Have student's fill out this worksheet and share it with a neighbor.</p> <p>http://www.advocatesforyouth.org/storage/advfy/documents/chapter8.pdf</p>
3-6	0-5 min	<30 min	Paper, stapler, art supplies, pencils	<p>Choice Story Book Split students into groups and assign them to work together to create a story book about someone or a group of people who either make a good decision or a bad decision and the consequences that come from the decision that the character(s) make. Have them fold papers in half to create a book binding and have them write and illustrate their book.</p>
K-2	0-5 min	<30 min	Internet	<p>Finding Nemo and Making Good Choices Watch this video then discuss the bad choices that the characters exhibited in the short video (saying I hate you, swimming out to sea, Nemo disobeying his dad, etc.) Talk about what came from the bad decisions that were made in the video. Then talk about the consequences that come from making bad decisions in our lives and why we should always try and make good decisions.</p> <p>http://viewpure.com/9RhX3IRJQMg</p>
K-6	5-10 min	<30 min	Bag of candy, gift wrapping materials, scissors, tape	<p>Which Gift Has Worth Wrap up one gift with a bag of candy in it (wrap this gift really simply), wrap four more gifts that have nothing in them but look fancier and prettier on the outside (adding bows, making them look bigger, etc.) Explain to the students that you will pick 5 volunteers to come up and pick a gift. Before they open you will ask them why they chose the one they did. After all of the volunteers have picked a gift, then have each of the students open their present one by one so all the class can see. Explain that sometimes the choices before us look good (like stealing to get the shirt you want at the store, etc.) but they really are worthless and aren't the best choice. Explain how to make good choices by the consequences that will follow (stealing will get you in trouble and make you feel guilty).</p>