

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY LIST

SOCIAL SKILL: BEING HONEST

CASEL COMPETENCY: RELATIONSHIP SKILLS

Grade Levels	Prep Time	Activity Time	Materials	Activity Description
3-6	0-5 min	<30 min	Paper, pencils, art supplies	Honesty Comic Strip Have students write and draw a comic strip about honesty (can be in pairs or individually).
3-6	0-5 min	<30 min	Paper, pencils	Honesty Is The Best Policy Have students think about the famous saying: "Honesty is the best policy." Then have each student write a paragraph about what they think it means and have them do a pair and share with a neighbor. Invite a few students to share with the class.
K-6	0-5 min	<30 min	Paper, pencil, art supplies, whiteboard and markers	What Honesty Feels Like Invite the class to name feeling words while you write them on the board. Direct the students to spend 7-10 minutes writing about how they think honesty feels. Suggest they use an example or draw a picture from personal experience.
K-6	0-5 min	<30 min	Whiteboard	A Lie As a class, come up with a lie, write that lie on the board and circle it. Then draw a line to the left and right of that circle. Have the students identify what precedes a lie and then what comes after lying. Then illustrate the process of lying and most importantly the consequences that accompany a lie.
K-6	0-5 min	<15 min	Black licorice, black food coloring	The Honest Mouth Ask the students if anyone knows what happens when you eat black licorice? Put a piece of black licorice in your mouth. Before the activity, add black food coloring to a piece of licorice (enhance effect). After swallowing, open your mouth to show the result. Discuss how not only does your tongue look horrible, but soon your teeth and even your lips turn black. It takes a long time before your mouth returns to its normal color. Dishonesty has a lasting effect on you, just like the black licorice. The licorice leaves our mouths black for a long time, we can see the results of telling lies long after we've told them. Others will lose their trust in us, privileges will be taken away, and friendships will be lost. Telling lies will leave a black ugly mark on you, just like the black licorice. Remember, it's always best to be honest and true. Don't let the stain of dishonesty leave its mark on you. http://schools.cms.k12.nc.us/dilworthES/Documents/Character%20Education/Honesty.pdf

K-6	0-5 min	<30 min	Ball of yarn	<p>Tangled Web Arrange ahead of time to have a student help you with this demonstration. Secretly ask the child to give false answers to each question that you ask. Let them know you will ask them to take a seat in a chair in front of the class.</p> <p>Have the student come up and take a seat in a chair in front of the class. Next, ask the student a simple question such as, "Why didn't you get your homework done for today?" As she answers with a lie, such as the dog ate my homework, wrap a long string of yarn around her once. Then ask a follow-up question based on her reply, such as "How did the dog get your homework?" As she makes up another answer, wrap the yarn around her again. Continue to ask follow-up questions until she is entangled in a web of yarn. After the class has observed the situation, explain that you asked this person to make up answers to all your questions (to lie).</p> <p>Discuss the following with the class:</p> <ol style="list-style-type: none"> 1. Can you see what telling lies can do to someone? Emphasize how one lie usually leads to another and how quickly we can become trapped and embarrassed by lies. 2. What will be experienced by the person who always tells the truth? (not having to remember what your last lie was or how to cover it up, peace of mind, and feeling good about yourself) 3. Why it is important for us to always tell the truth? 4. What will people expect of you if you always tell the truth? <p>http://schools.cms.k12.nc.us/dilworthES/Documents/Character%20Education/Honesty.pdf</p>
K-6	0-5 min	<30 min	Flour, dime, hard plastic cup, butter knife, newspaper, paper plate	<p>A Tower of Flour Begin by spreading newspaper on a table. Place the dime in the bottom of the plastic cup. Scoop flour into the cup. Pile it to the brim and press down firmly to make it compact. Place the paper plate on top of the cup and turn them over together on the newspaper. Tap the cup gently and carefully lift it off. The flour will remain standing in the shape of the cup with the dime on top. Explain that the dime represents the trait honesty. Next, take the knife and carefully slice off the edge of the "flour tower" being careful not to cut too deeply. This represents what happened when we tell lies, our reputation is weakened. Others will not trust or respect us, and eventually the tower of trust falls. Notice how each time more flour is removed the dime's position becomes more precarious. Continue until the dime drops.</p> <p>http://schools.cms.k12.nc.us/dilworthES/Documents/Character%20Education/Honesty.pdf</p>
3-6	0-5 min	<30 min	Honesty worksheet	<p>Honest Worksheet Download this worksheet for each student to complete: http://worksheetplace.com/index.php?function=DisplaySheet&sheet=charab&links=2&id=&link1=31&link2=32</p>

K-2	0-5 min	<15 min	Internet	<p>Pinocchio Clip Watch this short clip from Pinocchio then talk about the effects/consequences of lying.</p> <p>https://www.youtube.com/watch?v=hJ3lxzul_sc</p>
3-6	0-5 min	<30 min	None	<p>Truth and Untruthful Skits Divide the students into four to six small groups. Direct half of the groups to create a skit in which someone lies and the other half in which someone decides to be honest, even at a sacrifice. Discuss the skits as a class and list the benefits of telling the truth.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
3-6	0-5 min	<30 min	Paper, pencils	<p>Feeling Proud Prompt Have the students write about the following prompt:</p> <p>When did you feel proud about telling the truth? What happened?</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
K-2	0-5 min	<15 min	Paper, art supplies	<p>Who is Honest to You? Have a discussion about the importance of being honest. Have students draw a picture of someone or something that is either being honest or dishonest. Then have them dictate a sentence to go with the picture.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
K-6	0-5 min	<30 min	Paper, pencils	<p>Someone Who Is Honest Have students write a story or draw a picture about someone who demonstrates honesty. Examples could include: Honest Abe, parents, a special family member, etc.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
K-6	0-5 min	<15 min	Plastic cups	<p>Honesty In Relationships Build up a pyramid with a stack of plastic cups. Explain that you build up a relationship with a friend by being kind and telling the truth. Ask the students, "What do you think would happen if you lied to your friend?" Have one of the students pull a cup out from the "foundation" (bottom) of the friendship pyramid of cups. Discuss how it's harder to build a relationship back up after you have been dishonest with someone.</p> <p>http://apples4bookworms.blogspot.com/2014/09/come-follow-me-september-why-is-it.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed:+ApplesForBookworms+(Apples+for+Bookworms)</p>

3-6	0-5 min	<15 min	Worksheet	What Is Honesty? Download this worksheet for each student to complete: http://talkingtreebooks.com/docs/what_is_honesty_worksheet.pdf
K-6	0-5 min	<30 min	Bowl of water, pennies (one per students), 1 quarter	Covering Up a Lie Hosted at: http://corneroncharacter.blogspot.com/2011/09/water-you-covering-up.html