

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS LESSON PLAN

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SOCIAL SKILL: ACCEPTING RESPONSIBILITY
CASEL COMPETENCY: RESPONSIBLE DECISION-MAKING

BOOK INFORMATION

Book Title: *Three Bears in a Boat*
Author: David Soman
Publisher: Dial Books
Year: 2014
ISBN Number: 0803739931
Number of Pages: 40 pages
Reading Level: Kindergarten - 3rd grade

BOOK SYNOPSIS

Three bear siblings break their mother's favorite blue seashell, and rather than tell her, they decide to set out in their sailboat to find her a new sea shell. On their quest they encounter salty sailors, strange new islands, huge whales, and vast seas ...but no blue seashells. When a treacherous storm suddenly blows in, the three bears find themselves tossed about in their little boat, far away from their Mama.

LESSON OBJECTIVE

To teach the importance of being responsible.

LESSON MATERIALS AND ADVANCED PREPARATION

YouTube Video Clips

Materials: None needed.

Preparation: Watch video clips in advance and make sure you know the video content. Make advance preparation to use the internet and make sure you have the technology to share the videos with the children.

"What If" Game

Materials: a sample lunch, for example, a sandwich, a piece of fruit, carton of milk

Preparation: None needed.

KEY VOCABULARY AND CONCEPTS

Responsibility - something you are in charge of or something you are told to do or other people are depending on you to do; your job or something that you are supposed to do or keeping your promise

Proactive - you avoid doing something that would get you into trouble

Reactive - after you do something wrong, you take responsibility and make it right

PRE-READING ACTIVITY

In this story we will read about three bears who misbehave and break something. Then, taking responsibility for what happened, the three bears try to fix their mistake. Pay close attention to see if there is something the bears could have done to have avoided the problem.

READ THE BOOK

POST READING DISCUSSION

Ask the following questions:

- What was the bears' biggest mistake?
- How did they correct their mistake?
- Did they take responsibility?
- Were they **reactive** or **proactive**?
- How could the bears have been proactively responsible?
- In what ways can we be more responsible at school
- How can we be more responsible at home?

Remind the students that being responsible doesn't mean we have to make a mistake in order to take responsibility. We can avoid making mistakes. By choosing not to make the mistake is even more responsible and always the best option.

Encourage the students to think of examples involving both proactive and reactive responsibility. Let them know that an important way to be proactively responsible is to look for ways to help without being asked. We can be responsible by helping our friends, classmates, teachers, and family---before we are asked to help.

POST READING ACTIVITY

YouTube Video Clips Activity

Watch the following videos and have a short discussion about responsibility.

- Responsibility Rap (2 minutes & 9 seconds)
<https://www.youtube.com/watch?v=UOuvJMibfVo>
- Explanation of Responsibility (1 minute & 42 seconds)
<https://www.youtube.com/watch?v=-QRqIGznHvU>
- Lion King - Explaining Responsibility to Simba (1 minute & 13 seconds)
https://youtu.be/bW7PITaawfQ?list=PLTMaFZeFB_jtNYvhPaRz5wQebtEXimgiR

The "What if...?" Game

Ask the students a series of "What if...?" questions.

1. What if the farmer who grew the grain to make the bread for this sandwich decided to play ball instead of harvesting the grain? (*Explain that we wouldn't have any bread to eat, then take the bread off of the sandwich and lay it aside.*)
2. What if the farmer who raised the animals for the meat decided he was just too tired to take the animals to market? (*Take the meat out of the sandwich and lay it aside.*)
3. What if the dairy farmer decided it was too cold and rainy to go out and milk the cows in the morning? (*Take away the cheese and milk and lay these aside.*)
4. What if the workers who harvest fruits and vegetables were too busy watching TV to work in the fields? (*Take away any fruit and vegetables*)
5. What if the store manager and employees at the grocery store didn't feel like working for a few weeks and played with friends instead? (*Take away everything else and explain that the store wouldn't be open and we could not get the things we need.*)
6. See what can happen when people do not show responsibility? We count on others to be responsible and do their job correctly and on time. The jobs that you have are just as important. (*Ask the students to give examples of their jobs.*)

When you do what is expected of you--- to the best of your ability--- then you are being responsible and others can count on YOU!

CLOSURE

Post the quote (poster) and remind students to be responsible! Review the social skills steps for accepting responsibility with your class.

Steps for Accepting Responsibility

1. Look at the person.
2. Use a calm body and voice.
3. Say what you are sorry about.
4. Say what you'll do differently next time.

"The moment you are
old enough to take the
wheel,

responsibility
lies with you."



--J. K. Rowling

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