

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS LESSON PLAN

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SOCIAL SKILL: BEING RESILIENT
CASEL COMPETENCY: SELF-AWARENESS

BOOK INFORMATION

Book Title: Beautiful Oops
Author: Barney Saltzberg
Publisher: Workman Publishing Company
Year: 2010
ISBN Number: 076115728X
Number of Pages: 28
Reading Level: Kindergarten-3rd grade

BOOK SYNOPSIS

This is a vibrant book that illustrates how we can look positively on our mistakes in order to make something beautiful out of them. It creatively encourages the reader to look for a positive outcome rather than allowing mistakes to discourage us.

LESSON OBJECTIVE

We can overcome mistakes by being positive and finding something good that can come from our mistakes. Mistakes can offer us opportunities to move in a positive direction rather than becoming discouraged.

LESSON MATERIALS AND ADVANCE PREPARATION

Share Your Oops (grades K-2)

Materials: Paper, art supplies, scissors, glue, scraps of paper, markers
Preparation: None needed.

Folded Paper Animals (grades 3-6)

Materials: Lots of colored construction paper, scissors, glue, markers
Preparation: Cut colored construction paper into different sized pieces.

KEY VOCABULARY AND CONCEPTS

Possibilities - having many different choices and options to choose from

Smudge - a dirty mark or smear

Oops – something we say when we make a mistake, sort of an apology to show we are sorry for something we accidentally did

PRE-READING ACTIVITY

Show the title of the book *Beautiful Oops*, then ask students what they think this means. How can an “oops” be beautiful? Ask if they remember someone saying “oops,” or if they remember saying, “oops.” What happened that made someone say, “oops?”

READ THE BOOK

POST READING DISCUSSION

Ask the following questions:

- Have you ever made a mistake?
- How did you react after making a mistake? Did you become frustrated or upset?
- Is there ever a time when making mistakes would be an okay thing?
- After making a mistake, how can we be more positive with ourselves and our friends?
- How could this help us be less tense and anxious?

Remind the students that no one is perfect and we should not expect ourselves or our friends to be perfect. Help the students understand that mistakes are not necessarily always a bad thing, but that mistakes can lead to opportunities to grow and become better.

POST READING ACTIVITY

Sharing Your Oops (grades K-2)

Give each student a piece of paper and have them create lines and squiggles on the paper using a marker. Make sure that the students are not making a picture of something in particular but are just randomly doodling on the paper. Have students doodle for 1 minute. Then collect all the papers, scramble them up, and give the paper to someone other than the person that initially drew on the paper. Ask each student to finish the picture by creating something from the other student’s “oops.” After completed (5 to 10 minutes), ask each student to share their finished art work with the class to see how each person overcame the “oops” and created something beautiful.

For more information about the “10 minute oops project,” go to this Internet link:

<http://www.craftingconnections.net/the-blog/creative-oops-10-minute-project/#.VmHQZLgrLIU>

Folded Paper Animals (grades 3-6)

Provide students with several pieces of cut paper (various colors ---some large, some small). For organization, you might want to prepare for each student a sandwich plastic bag with random sizes and colors of paper pieces. Then have students pick a paper from their plastic bag and start putting pieces together to create an animal of their choice (bending and gluing pieces together to create an animal. Examples are on this website: <http://www.sugaraunts.com/2015/03/beautiful-oops-folded-paper-animals.html>

After students are finished with their animals, “pair and share” their creations with a classmate

CLOSURE

Hang the poster (provided) in the room. The poster can be accessed from this Internet link:
<https://drive.google.com/file/d/oBzcWmUGiz3VIVnRsMVpaZUVjTjg/view?usp=sharing>



A mistake...



is an opportunity
to make
something
BEAUTIFUL!

