

# SOCIAL EMOTIONAL LEARNING

## SOCIAL SKILLS LESSON PLAN

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**SOCIAL SKILL: SHOWING RESPECT**

**CASEL COMPETENCY: SOCIAL AWARENESS**

### BOOK INFORMATION

Book Title: *Do Unto Otters: A Book About Manners*

Author: Laurie Keller

Publisher: Henry Holt and Company, LLC

Year: 2007

ISBN-10 Number: 0-8050-7996-3

Number of Pages: 40 pages

Reading Level: Kindergarten - 6<sup>th</sup> grade

### BOOK SYNOPSIS

Hare is worried that he won't be able to get along with his new neighbors, the otters, who moved in next door, until a caring friend reminded him of the "golden rule:" do unto otters (others) as you would have otters (others) do unto you.

### LESSON OBJECTIVE

To help children understand the importance of treating others with respect and act with others' best interest in mind. Encourage students to apply the golden rule in everyday interactions with others. To help the children understand how to recognize the difference between what is a respectful and kind and what is not.

### LESSON MATERIALS AND ADVANCE PREPARATION

#### **Drawing Activity**

Materials: Paper and crayons/markers for each student

Preparation: None needed.

#### **Role Play**

No materials or preparation needed.

#### **Respect Rap**

Materials: Paper and pencils

Preparation: None needed.

### KEY VOCABULARY AND CONCEPTS

**Respect** - showing consideration for the feelings, wishes, rights, and traditions of others

**Golden Rule** - "Do unto others as you would have them do unto you."

### PRE-READING ACTIVITY

Explain that the golden rule is an idea of improving relationships with those around us. This rule has existed in many forms for thousands of years. Explain that the most common form of the golden rule is "do unto others as you would have others do unto you." Show the cover of the book. Tell the children to pay attention to how Hare finds ways to apply the golden rule and build friendships.

### READ THE BOOK

### POST READING DISCUSSION

Ask the following questions:

- Have you ever felt worried, like Hare, about meeting new people or being in a new situation?
- How do you think the golden rule is helpful?
- How did Hare's decisions and actions help him? How did his decisions and actions set a good example?
- How can we show respect like Hare?
- Can you give examples of when a friend followed the golden rule.
- Give an example of following the golden rule with your friends or family.

### POST READING ACTIVITY

#### Drawing Activity (grades K-2)

Similar to the song's tune "if you're happy and you know it," lead the children in singing:

*With your friends and family, show respect.*

*With your friends and family, show respect.*

*If you're respectful and you know it, then your life will really show it,*

*With your friends and family show respect.*

Ask students to draw stick figure pictures (you draw examples on the board for them to copy) of the following scenarios.

#### Role Play (grades K-6)

Ask the students to role play the following scenarios (only use a few students in each role play), letting the children guess what needs to be done to show respect and to show the golden rule. When a student offers a response, have the other students give a "thumbs up" to show if they agree:

- A student has a big stack of books and is coming to the school door--- What would you do to show respect? (*hold the door open for them*)
- Your teacher helps you with your backpack zipper-- which is stuck--- What would you do to show respect? (*say "thank you"*)

- You have a treat and your friend does not have any treat --- What would you do to show respect? (*share*).
- A student is sitting by themselves at recess--- What would you do to show respect? (*invite them to join a game with you*).
- A student drops their food tray on the floor in the lunch room and some kids start to laugh--- What would you do to show respect? (*help them pick up things and offer to get an adult to help if needed*)
- The teacher has a parent come to the classroom door and they need to talk for a few minutes--- What would you do to show respect? (*sit quietly and wait for the teacher to return*)
- A new student moves to your school. It is recess and this is their first day at school. They do not know anyone--- What would you do to show respect? (*introduce yourself, invite them to join in with your friends*)
- A classmate is very sick and has not been to school for a few days--- What would you do to show respect? (*ask the teacher if the class can make a card for the classmate; ask your parent if you can call and ask how the student is feeling*)
- At recess, there is only one basketball. A crowd of students want to play with the basketball--- What would you do to show respect? (*encourage others to join in a game of basketball that involves everyone ...or wait patiently for your turn*)

### Respect Rap (grades 3-6)

Have the students work in pairs or in small groups to create a song, a rap, or a chant about showing respect or living the golden rule. The words could include an explanation of why respect is important, how it could make the world a better place, and ways we can show respect every day. Have the children write the song down on a piece of paper and be ready to volunteer to present it to the class. Challenge the children to share their song with other friends and family outside of school. After some practice time, students may want to share the songs/chants for a younger grade or for the principal. As a reminder, post the songs/chants in the classroom or on a wall outside the classroom.

### CLOSURE

Hang the poster (provided) in the room.

A young boy with short brown hair is shown in profile on the left, looking towards an owl on the right. The owl has brown and white mottled feathers and a prominent red eye. The background is a soft-focus green, suggesting an outdoor setting. The text is overlaid on the right side of the image.

Respect is a two-way  
street, if you want to get  
it, you've got to give it.

-R.G. Risch