

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: WAITING & INTERRUPTING APPROPRIATELY

CASEL COMPETENCY: SELF-MANAGEMENT

ACTIVITY INFORMATION

Activity: A Table for Conversation

Grade Levels: K-6

Prep Time: 5-10 min

Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: A towel or cloth and a list of questions for small groups to discuss

Preparation: None needed.

ACTIVITY

The teacher pretends to be a maître d' with a cloth draped over one arm. Tell the students to pretend they are out to lunch with a group of friends. Call out, "table for four!" (or any other number). Students will quickly form groups of the number the teacher called out. Students put their hands together at the center of the group, so they know who is in their group. When students are in their groups, they can take their hands away from the center, then ask a question that each person is to answer in the group (i.e. Describe your favorite vacation, What is your favorite animal and why?, What is your favorite book and why?, etc.) Then call out a new number and the students form new groups and answer a new question. At the end, ask for brief reports of what the students discussed. Then discuss with the students why it is important for everyone to take turns talking and listening in a group, so that everyone can be involved and make friends.