

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: WORKING TOGETHER
CASEL COMPETENCY: RELATIONSHIP SKILLS

ACTIVITY INFORMATION

Activity: Balloon Group Work

Grade Levels: 3-6

Prep Time: 0-5 min

Activity Time: <30 min

MATERIALS AND ADVANCED PREPARATION

Materials: 10 balloons per group of 3-4 students

Preparation: None needed.

ACTIVITY

Divide students into groups of three or four. Give each group ten balloons and a roll of masking tape. Instruct students that they are only allowed to use the supplies provided and they will have 5 minutes to build a balloon tower without talking. Prior to the allotted building time, they will have two minutes to plan how to build the tallest balloon tower. Inform the students that if they talk during building time a balloon will be taken away from their group. After the students complete the challenge judge the towers to see which is tallest. Ask your students the questions below:

- What roles within the group did the students play?
- Did the group work cooperatively together?
- What worked well within the groups?
- What were some challenges that the groups faced?
- How did the plans change as the group built?
- Did everyone in the group agree with the plans?
- How did you feel about your finished balloon tower?
- What did you learn?