

Relationship Skills Being Honest

Grade Levels	Prep Time	Activity Time	Materials	Activity Description
3-6	0-5 min	<30 min	Paper, pencils, art supplies	<p>Honesty Comic Strip Have students write and draw a comic strip about honesty (can be in pairs or individually).</p> <p>http://www.scribd.com/doc/6877665/honesty-for-kids</p>
3-6	0-5 min	<30 min	Paper, pencils	<p>Honesty Is The Best Policy Ask students to think about the famous saying that “Honesty is the best policy” and then have them write a response to what they think it means. Afterwards have them share with neighbors or have a few students share with the whole class.</p> <p>http://www.scribd.com/doc/6877665/honesty-for-kids</p>
K-6	0-5 min	<30 min	Paper, pencil, art supplies	<p>What Honesty Feels Like Have students write about what honesty feels like. Have them use descriptive words and possibly share experiences in their writing. For younger kids have them illustrate as well as verbally express what honesty feels like.</p> <p>http://www.scribd.com/doc/6877665/honesty-for-kids</p>
K-6	0-5 min	<30 min	Whiteboard	<p>A Lie As a class, come up with a lie, write that lie on the board and circle it. Then draw a line to the left and right of that circle. Have the students identify what precedes a lie and then what comes after lying. Then illustrate the process of lying and most importantly the consequences that accompany a lie.</p>
K-6	0-5 min	<15 min	Black licorice	<p>The Honest Mouth Ask the students if anyone knows what happens when you eat black licorice? Put a piece of black licorice in your mouth. You may want to put extra black food coloring on your piece before visiting the classroom; this will enhance the effect (a mouth that has eaten black licorice turns black). After chewing, open your mouth to show the result. Not only does your tongue look horrible, but soon your teeth and even your lips turn black. It takes a long time before your mouth returns to its normal color. Dishonesty has a lasting effect on you, just like the black licorice. The licorice leaves our mouths black for a long time, we can see the results of telling lies long after we've told them. Others will lose their trust in us, privileges will be taken away, and friendships will be lost. Telling lies will leave a black ugly mark on you, just like the black licorice. Remember, it's always best to be honest and true. Don't let the stain of dishonesty leave its mark on you.</p> <p>http://schools.cms.k12.nc.us/dilworthES/Documents/Character%20Education/Honesty.pdf</p>

K-6	0-5 min	<30 min	Ball of yarn	<p>Tangled Web</p> <p>Arrange ahead of time to have your child or another student help you with this demonstration. Secretly ask the child to give false answers to each question that you ask. This will begin after he/she has taken a seat in a chair front of the class. Have your child come up and take a seat in a chair in front of the class. Next, ask your seated child a simple question such as, "Why didn't you get your homework done for today?" As she answers with a lie, such as the dog ate my homework, wrap a long string of yarn around her once. Then ask a follow-up question based on her reply, such as "How did the dog get your homework?" As she makes up another answer, wrap the yarn around her again. Continue to ask follow-up questions until she is entangled in a web of yarn. After the class has observed the situation, explain that you asked this person to make up answers to all your questions (to lie). Discuss the following with the class:</p> <ol style="list-style-type: none"> 1. Ask them if they can see what telling lies can do to someone. Emphasize how one lie usually leads to another and how quickly we can become trapped and embarrassed by lies. 2. Ask them what will be experienced by the person who always tells the truth (not having to remember what your last lie was or how to cover it up, peace of mind, and feeling good about yourself.) 3. Ask the students to tell about a time when they were caught in a lie and had to tell another lie in order to cover it up. 4. Ask why it is important for us to always tell the truth. <p>http://schools.cms.k12.nc.us/dilworthES/Documents/Character%20Education/Honesty.pdf</p>
K-6	0-5 min	<30 min	Flour, dime, hard plastic cup, butter knife, newspaper, paper plate	<p>A Tower of Flower</p> <p>Begin by spreading newspaper on a table. Place the dime in the center of the bottom of the plastic cup. Scoop flour into the glass. Pile it to the brim and press down firmly to make it compact. Place the paper plate on top of the glass and turn them over together on the newspaper. Tap the glass gently and carefully lift it off. The flour will remain standing in the shape of the glass with the dime on top. Explain that the dime represents the trait honesty. Next, take the knife and carefully slice off the edge of the "flour tower" being careful not to cut too deeply. This represents what happened when we tell lies. Our reputation is weakened. Others will not trust or respect us, and eventually the tower of trust falls. Notice how each time more flour is removed the dime's position becomes more precarious. Continue until the dime drops in.</p> <p>http://schools.cms.k12.nc.us/dilworthES/Documents/Character%20Education/Honesty.pdf</p>
3-6	0-5 min	<30 min	Honesty worksheet	<p>Honest Worksheet</p> <p>Download this worksheet for each student to complete:</p> <p>http://worksheetplace.com/index.php?function=DisplaySheet&sheet=charab&links=2&id=&link1=31&link2=32</p>

K-2	0-5 min	<15 min	Internet	<p>Pinocchio Clip Watch this short clip from Pinocchio then talk about the effects/consequences of lying.</p> <p>https://www.youtube.com/watch?v=hJ3lxzul_sc</p>
3-6	0-5 min	<30 min	None	<p>Truth and Untruthful Skits Divide the students into four to six small groups. Direct half of the groups to create a skit in which someone lies and the other half in which someone decides to be honest, even at a sacrifice. Discuss the skits as a class and list the benefits of telling the truth.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
3-6	0-5 min	<30 min	Paper, pencils	<p>Feeling Proud Prompt Have students think about a time when they felt proud because they told the truth. Then have them write about it.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
K-2	0-5 min	<15 min	Paper, art supplies	<p>Who is Honest to You? After a discussion of the importance of being honest, have students to draw a picture of someone or something that is either honest or dishonest, then dictate a sentence to go with the picture.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
K-6	0-5 min	<30 min	Paper, pencils	<p>Someone Who Is Honest Have students write a story or draw a picture about someone who demonstrates honesty. Examples could include: Honest Abe, parents, a special family member, etc.</p> <p>https://www.polk-fl.net/staff/resources/documents/keystocharacter/September2013.pdf</p>
K-6	0-5 min	<15 min	Plastic cups	<p>Honesty In Relationships Build up a pyramid with a stack of plastic cups. Explain how you build up a relationship with a friend. And if you start lying to them then your relationship will crumble. Have one of the students pull a cup out from the "foundation" of the friendship pyramid of cups. Discuss how it's a lot harder to build a relationship back up after you have been dishonest with someone.</p> <p>http://apples4bookworms.blogspot.com/2014/09/come-follow-me-september-why-is-it.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed:+ApplesForBookworms+(Apples+for+Bookworms)</p>
3-6	0-5 min	<15 min	Worksheet	<p>What Is Honesty? Download this worksheet for each student to complete: http://talkingtreebooks.com/docs/what_is_honesty_worksheet.pdf</p>
K-6	0-5 min	<30 min	Bowl of water, pennies (one per students), 1 quarter	<p>Covering Up a Lie Follow this link for the complete activity description: http://corneroncharacter.blogspot.com/2011/09/water-you-covering-up.html</p>

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