

SOCIAL EMOTIONAL LEARNING

SOCIAL SKILLS ACTIVITY

SOCIAL SKILL: WAITING & INTERRUPTING APPROPRIATELY
CASEL COMPETENCY: SELF-MANAGEMENT

ACTIVITY INFORMATION

Activity: Listen For Candy

Grade Levels: K-6

Prep Time: 0-5 min

Activity Time: <15 min

MATERIALS AND ADVANCED PREPARATION

Materials: Large bowl, small cups (enough for each student), bag of small candies

Preparation: None needed.

ACTIVITY

Put candy in bowl. Give each student an empty cup and seat the students in a circle. Pass the bowl of candy around the circle and ask each participant to choose some candy to put in his or her cup. Instruct the students not to eat the candy yet. For every candy that the students have in their cups, they must tell one thing about themselves. They may eat the candy, one piece at a time as they share something about themselves.