

# SOCIAL EMOTIONAL LEARNING

## SOCIAL SKILLS LESSON PLAN

### CASEL COMPETENCY: RELATIONSHIP SKILLS

### SOCIAL SKILL: BEING KIND

Created by: Katie Smith

#### BOOK INFORMATION

Book Title: *Should I Share My Ice Cream?*

Author: Mo Willems

Publisher: Hyperion Books for Children

Year: 2011

ISBN Number: 978-1-4231-4343-7

Number of Pages: 57 pages

Reading Level: K-3<sup>rd</sup> grade

#### BOOK SYNOPSIS

Gerald, an elephant, gets ice cream and is debating whether or not to share it with his best friend Piggie. He knows he will feel happy if he shares it with her, but he keeps wavering in what he should do. Should he share or should he eat the ice cream and have it all to himself? He doesn't know what to do. Unfortunately, he waits so long that the ice cream melts. It is a puddle on the ground. He is very sad. However, Piggie comes to the rescue. She also got ice cream and wants to share her ice cream with Gerald. That makes him feel better.

#### LESSON OBJECTIVE

Help students recognize that sharing with others and being kind makes everyone feel better.

#### LESSON MATERIALS AND ADVANCE PREPARATION

Review the options for the activities (at the end of the lesson plan). Decide which option is best for your students.

##### **Share with Others Activity Sheet**

Materials: Share with others printouts (provided on page 3), crayons

Preparation: Print out Share with others activity sheet (included in this lesson plan).

##### **Kind Person Activity**

Materials: Paper, pencils/crayons/colored pencils

Preparation: None needed.

## Kindness Poem/Rap

Materials: Paper, pencils

Preparation: None needed.

### KEY VOCABULARY AND CONCEPTS

**Sharing** - give a portion of something you have to someone else

**Happy** - feeling or showing pleasure or contentment

**Sad** - feeling or showing sorrow; unhappy, disappointed

### PRE-READING ACTIVITY

Show the cover of the book. Ask students how many of them like ice cream. Explain that this book is about how hard it can be sometimes to share something we love. Encourage students to listen to the story and to think about times when they felt like the characters in this story.

### READ THE BOOK

### POST READING DISCUSSION

Ask the following questions:

- Why was it so hard for Gerald to share his ice cream with Piggie?
- How did Gerald feel when Piggie shared her ice cream with him?
- When have you shared with another person? How did that make you feel?
- Why is sharing important?
- How can we do a better job of sharing in our classroom and at home?

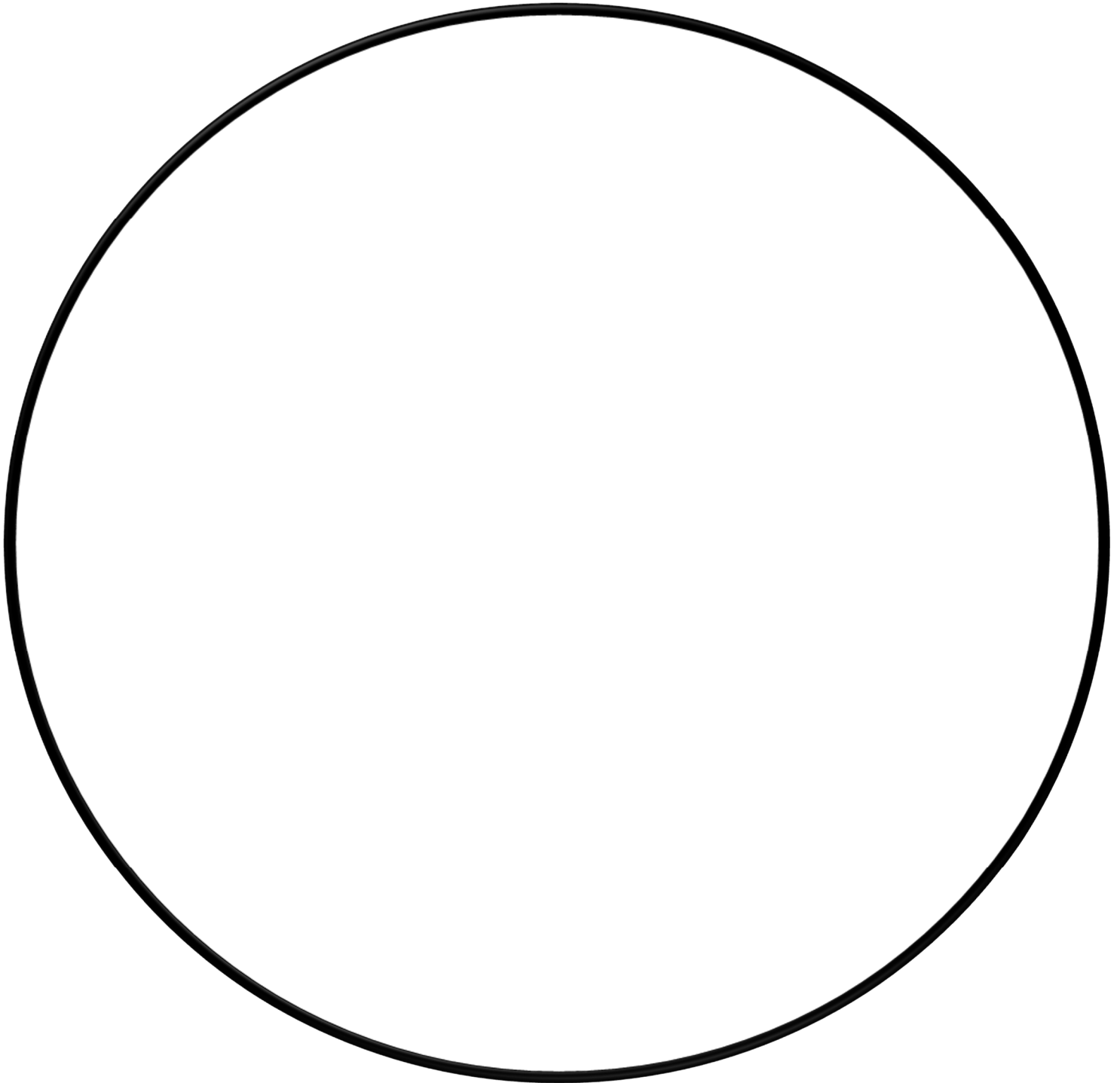
### POST READING ACTIVITY: CHOOSE ONE OF THE ACTIVITIES

#### Share with Others Activity Sheet (grades K-2)

Explain to students that part of being kind is sharing with others. This can be especially hard when we are asked to share something that we really like. You might want to keep it all to yourself and not share. However, when two people share, it makes both people happy. Wherever we are, we can share. We can share at school and at home.

Hand out the activity sheet (see page 3 in this lesson plan) for students to draw a goal of how they are going to share with another person this week. As a reminder of their goal, ask the children to hang the picture where they will see it. Then have them report at the end of the week whether or not they were able to share with someone else. Discuss how they felt when sharing and how it made others feel.

**Being kind means sharing with others.**



**I will share with someone this week.**

Discuss with students that there are kind people all around us. Share some examples of kind people you notice in your own life, school, and the community. Encourage students to think of someone in their life who they see as an example of kindness and what that person does to be kind to others. For younger students, have them draw a picture of that person and how they showed kindness (what they did). For older students, have them write a story about a person who showed kindness to others. Ask the student to share with one another in a pair-and-share activity. As a way to thank that person for their kindness, encourage students to give the person their drawing or story.

### **Kindness Poem/Rap (grades 3-6)**

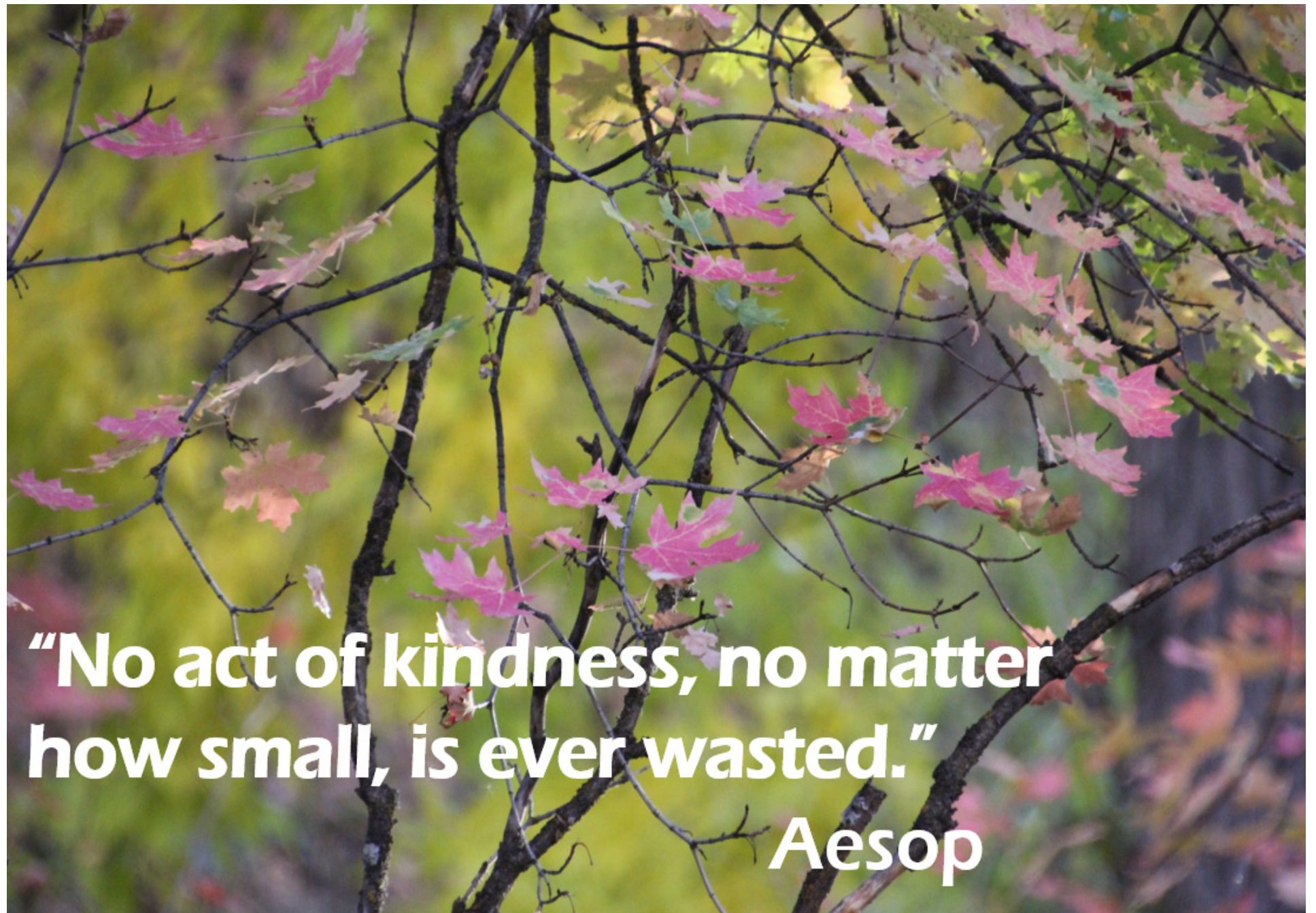
Explain that there are many ways to show kindness to others. For five minutes, have students individually brainstorm a list of kind acts they have done or they have seen others do. Then have them get into groups of 4-5 students and have them work together and use their ideas to write a poem or a rap together. Once the students have finished, have them recite the poem or the rap for the class. Point out all the different ideas everyone has come up with and encourage each student in the class to make a goal of how they will show more kindness this week.

### **CLOSURE**

Hang the poster (provided) in the room.

"No act of kindness, no matter how small, is ever wasted." — Aesop

"Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you." — Princess Diana



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how small, is ever wasted.”**

**Aesop**





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