

# SOCIAL EMOTIONAL LEARNING

## SOCIAL SKILLS LESSON PLAN

SOCIAL SKILL: WAITING AND INTERRUPTING APPROPRIATELY  
CASEL COMPETENCY: SELF-MANAGEMENT

### BOOK INFORMATION

Book Title: *Umbrella*  
Author: Taro Yashima  
Publisher: Puffin  
Year: 1977  
ISBN #: 0140502408  
Number of Pages: 40 pages  
Reading Level: 3<sup>rd</sup> grade - 6<sup>th</sup> grade

### BOOK SYNOPSIS

'Momo' eagerly waits for a rainy day so she can use the red boots and umbrella she received on her third birthday.

### LESSON OBJECTIVE

This story and activity teach the importance of being patient, waiting, and not interrupting.

### LESSON MATERIALS AND ADVANCED PREPARATION

**Materials:** several sheets of red construction paper; white poster board; tape; world map to show location of Japan

**Preparation:** Cut out construction paper apples (use apple template on the following page). Make at least one for each student. Draw a tree on the poster board or you could draw a tree on the classroom chalkboard.

### KEY VOCABULARY AND CONCEPTS

**Patience** - being able to wait without getting angry or upset

**Momo** - Japanese word for "peach"

**Haru** - Japanese word for "spring"

**Natsu** - Japanese word for "summer"

**Ame** - Japanese word for "rain"

### PRE-READING ACTIVITY

Show the front cover of the book. Discuss with students that the girl in the story is Japanese American. In the story there are a few Japanese words. Show the students where Japan is on a map. Explain that this girl lives in New York City, a big city with many people whose families come from all over the world. Explain that today's lesson is about not interrupting, but that this story is more directly about being patient. Ask the students to think about how being patient and not interrupting are related. Ask, "What are the consequences of not being patient?"

### READ THE BOOK

### POST READING DISCUSSION

Ask the following questions:

- Why did the umbrella help Momo act like a grown-up?
- How does being patient and not interrupting help us act like grown-ups?

- Can you give examples of grown-up jobs where not interrupting would be important?

## POST READING ACTIVITY

### Apple Activity

Teach the students this Japanese proverb: *Nintai wa nigashi saredo sono mi wa amashi. Patience is bitter but its fruit is sweet.* Discuss the meaning of the proverb. On apple shaped red construction paper cut outs have the students write the following: "(name) is **patient**"

## CLOSURE

Above the tree place a sign with the Japanese proverb and its translation to remind the students about the importance of patience. Review the social skill steps below.

### Steps for waiting and interrupting appropriately:

1. Sit or stand quietly at arm's length.
2. Wait quietly for best time.
3. Politely say what you need and why.
4. Say "Thank you."

*Nintai wa nigashi saredo  
sono mi wa amashi.*

**Patience is bitter  
but its fruit is sweet.**



