

# SOCIAL EMOTIONAL LEARNING

## SOCIAL SKILLS ACTIVITY

**SOCIAL SKILL: HELPING OTHERS/VOLUNTEERING**  
**CASEL COMPETENCY: SOCIAL AWARENESS**

### ACTIVITY INFORMATION

**Activity:** Volunteer Plan

**Grade Levels:** K-6

**Prep Time:** 0-5 min

**Activity Time:** <30 min

### MATERIALS AND ADVANCED PREPARATION

**Materials:** Paper and pencils

**Preparation:** None

### ACTIVITY

Discuss as a class what volunteering is. Explain that volunteering gives us chances to be leaders. Show some pictures of a world-wide volunteer activity and one that is of a smaller scale (helping pick up trash in the community or helping the teacher in class). Brainstorm different volunteering activities. Opportunities to volunteer are around us every day. Have students create their own plan of action to volunteer. Have students share some ideas with the class as a whole.