Falling in Love With Education Again

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Brigham Young University

CITES Instructional Leadership Conference, March 2023

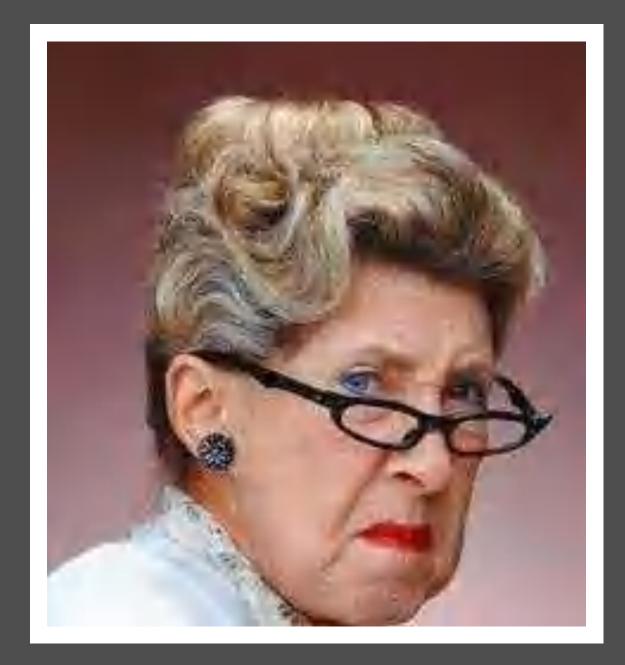
Purpose, Passion, & Progress

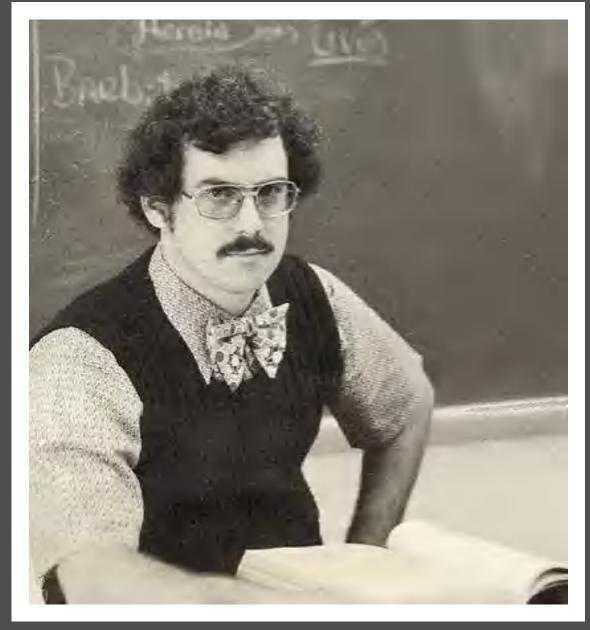






Have you thought about teaching?





"Why don't you make your life a mission?"



What Is a Calling Orientation?

Job Orientation: A means to earn money and resources necessary to live.

Career Orientation: A way to contribute and advance through the ranks while making a living.

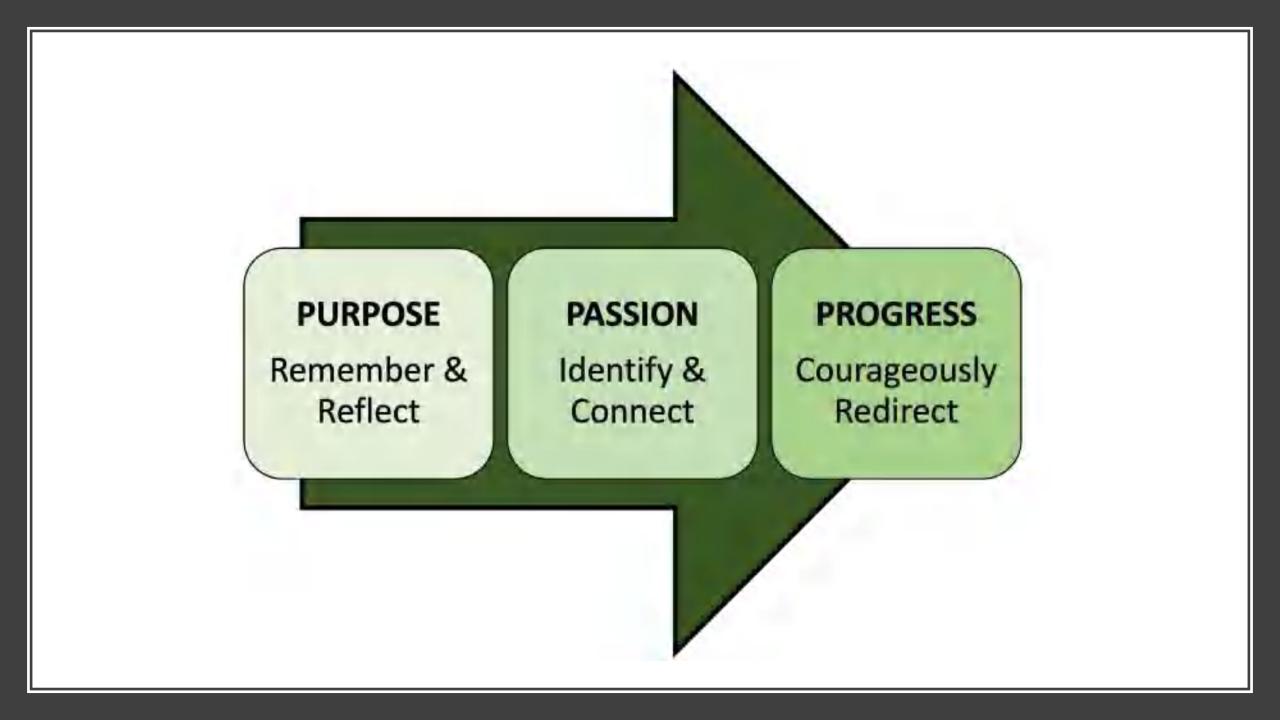
Calling Orientation: Feeling a sense of identity, destiny, or summons that matches a meaningful higher purpose (Wrzesniewski et al., 1997; Saraf, P., & Murthy, C. G. V., 2020).

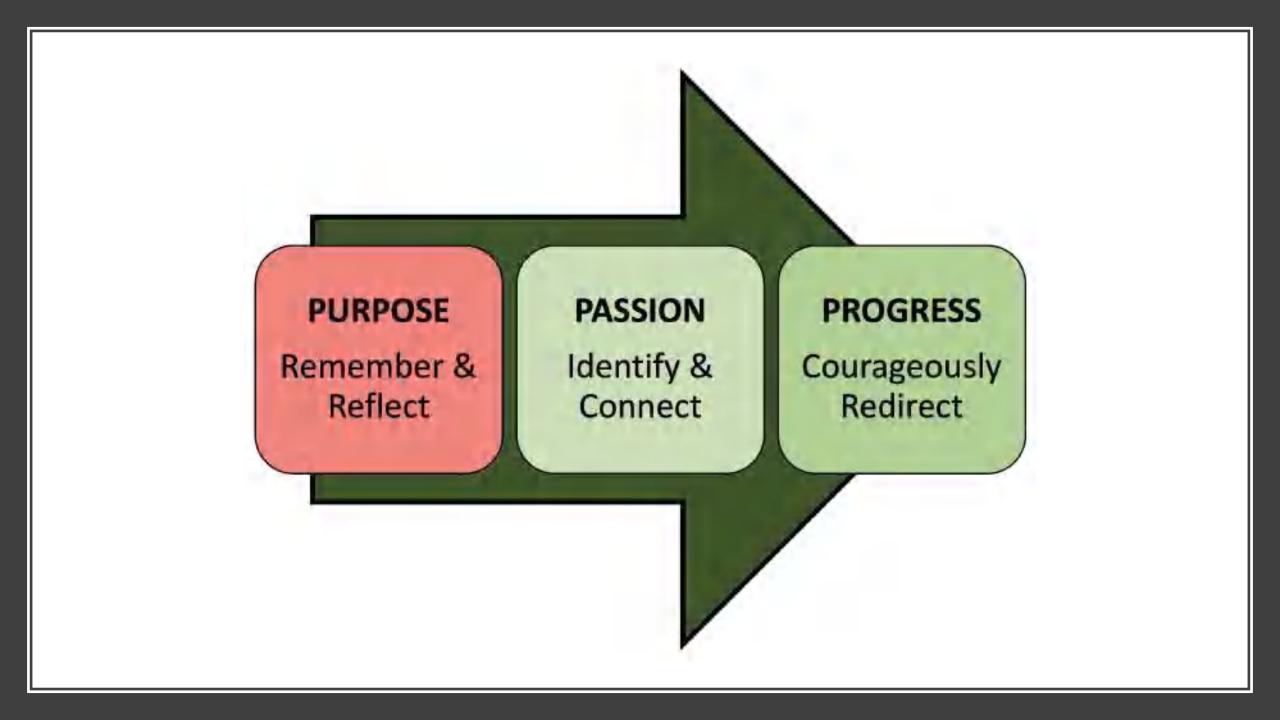
- 1. Clear meaning or purpose
- 2. Desire to make the world better
- 3. Action orientation

(Elangovan et al. 2010)

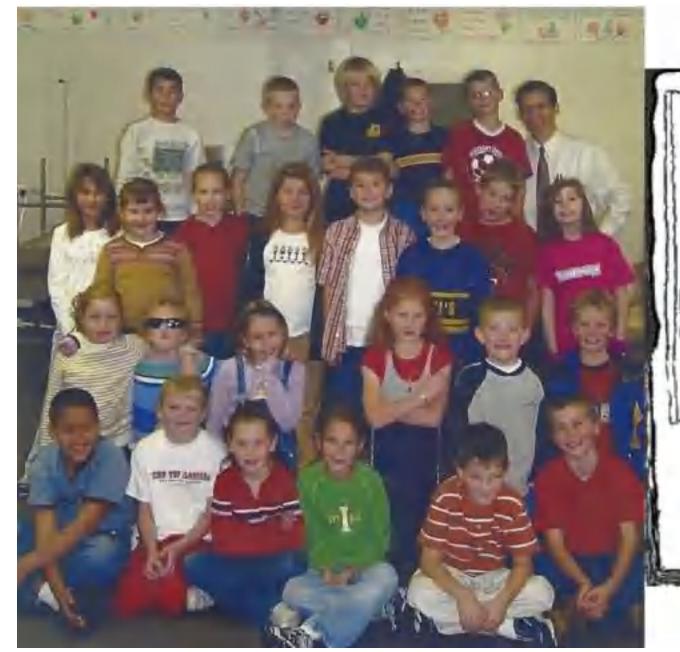
Why a Calling Orientation?

- Cope better with stress (Treadgold, 1999)
- Less emotional exhaustion (Treadgold, 1999)
- Less lob burnout (Fouché et al. 2017)
- Greater work engagement & dedication (Gazica & Spector, 2015; Ziedelis, A., 2019)
- Career commitment (Gazica & Spector, 2015)
- Stronger kinship with other calling-oriented co-workers (Bunderson, 2009)
- Higher job performance (Newness, 2014)
- Career satisfaction (Duffy & Sedlacek, 2007; Lan et al., 2013)
- Work-to-family enrichment (Choi et al., 2018)
- Better physical health (Duffy & Dik, 2013)
- Enhanced overall well-being (Conway et al., 2015)
- Life Satisfaction (Gradišek et al. 2020; Rijavec et al., 2016; 2018; Duffy et al., 2013)





Remember Why We Chose Education!





only in Math Problems can you buy go cantaloupes and no one asks what the Heck is wrong with you.



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"I can't do this, Sam!"

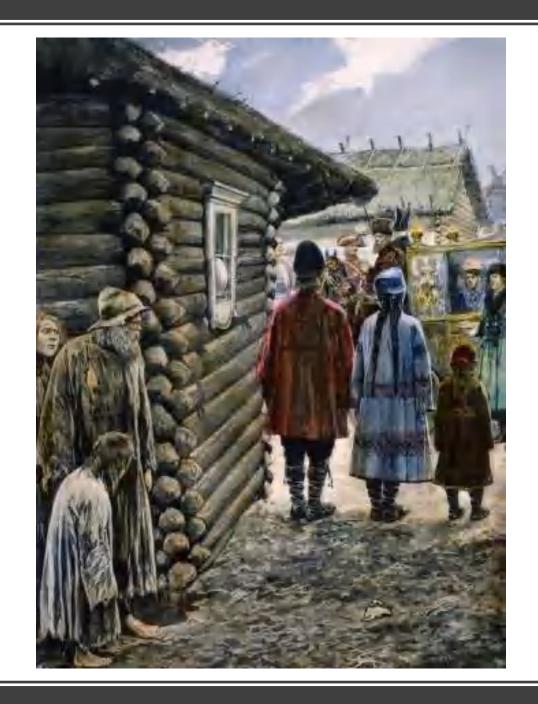


Please don't make me go to school tomorrow!

But Honey, you're the teacher.





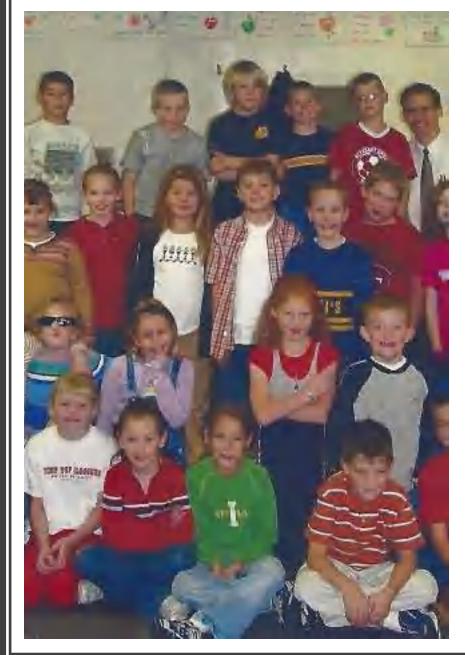




Remember Why We Chose Education!

Remember the Good Times!







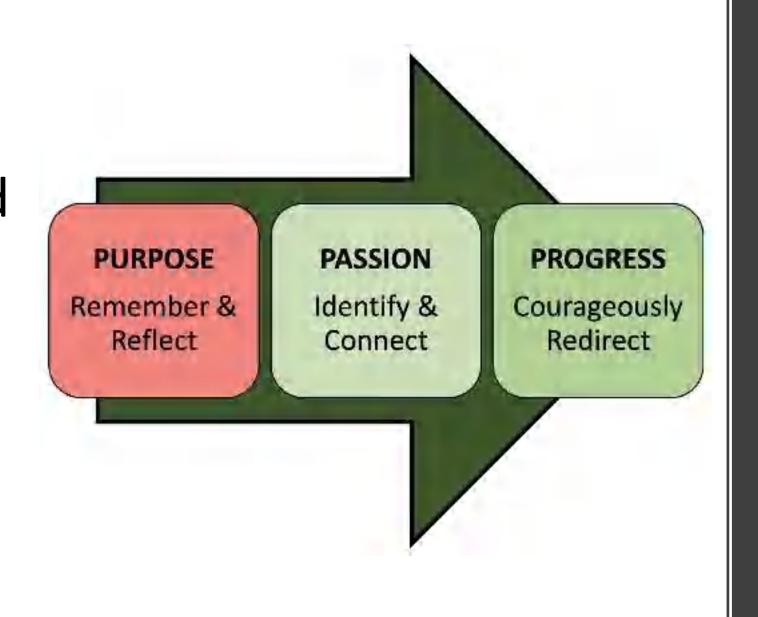


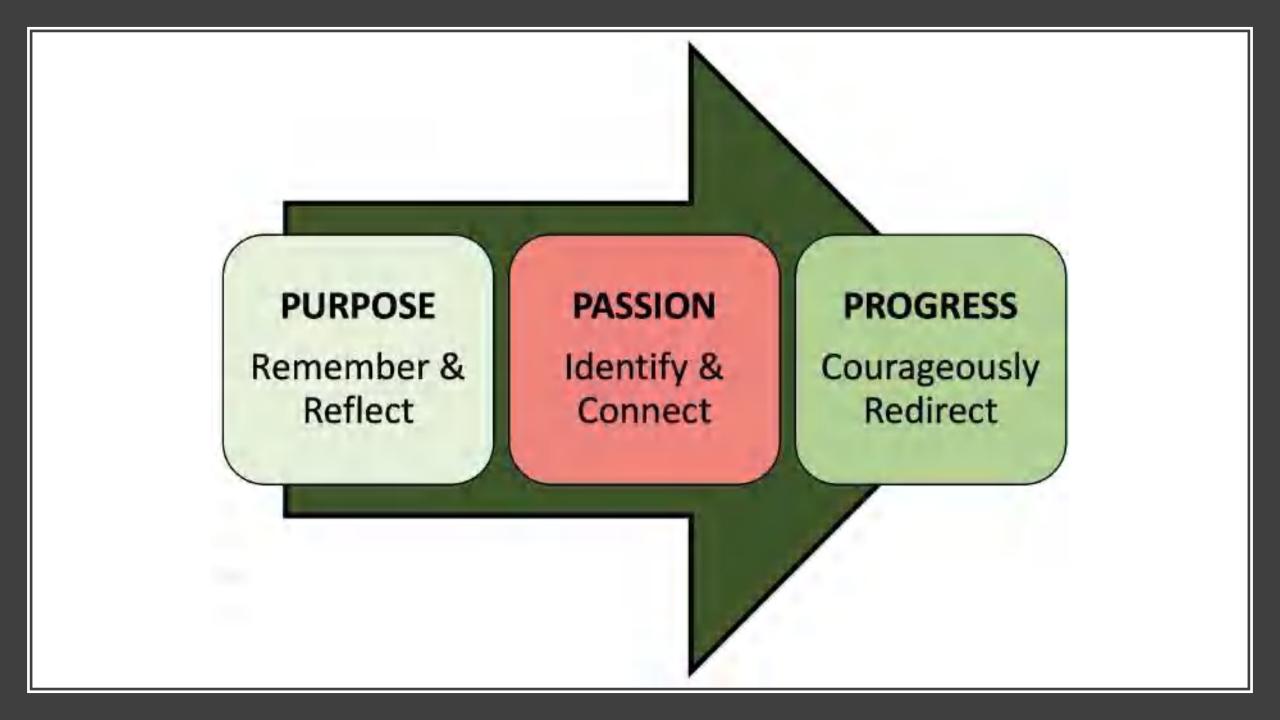


What led you to education?

How do you remind yourself of your deep why?

What have been some career highlights?





Energizer or Drainer?





Be an Energizer! Be A Joy to Work With!



The power to spark positive emotional contagion multiplies if you are in a leadership position. Studies have found that when leaders are in a positive mood, their employees are more likely to be in a positive mood themselves.

George & Bettenhausen, 1990



Let no one ever come to you without coming away better and happier.

Mother Teresa



Associate With Energizers! Help Others Do the Same!



We take on the attributes of those we hang out with... Develop friendships with colleagues who... provide both light and energy.

Carol Ann Tomlinson, 2011, p. 25

Express Hope & Gratitude Frequently and Publicly

The people who have the most power are the ones who are the most expressive of their mindset, positive or negative. The problem is that most systems have this huge class of people---31 percent--- who are engaged and positive but are not expressing it, which means that the social script is largely being written by more vocal negative individuals.

Shawn Achor, 2018, p. 139



Have Some Fun!

Why are our schools not places of joy? John Goodlad

Find "ways for students, teachers, and administrators to take a break from the sometimes emotional, tense, and serious school day and have some fun together."

Steven Wolk, 2008, p. 14



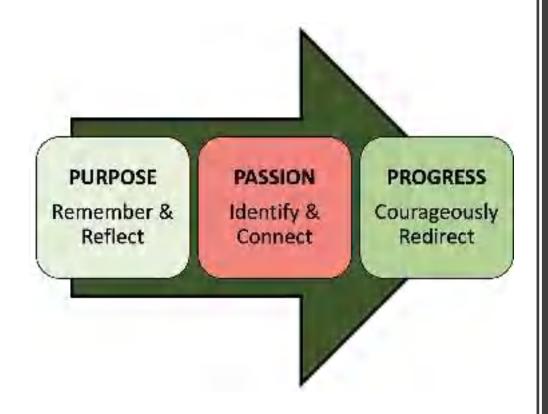
Acknowledge the Challenge Commit to Problem Solve

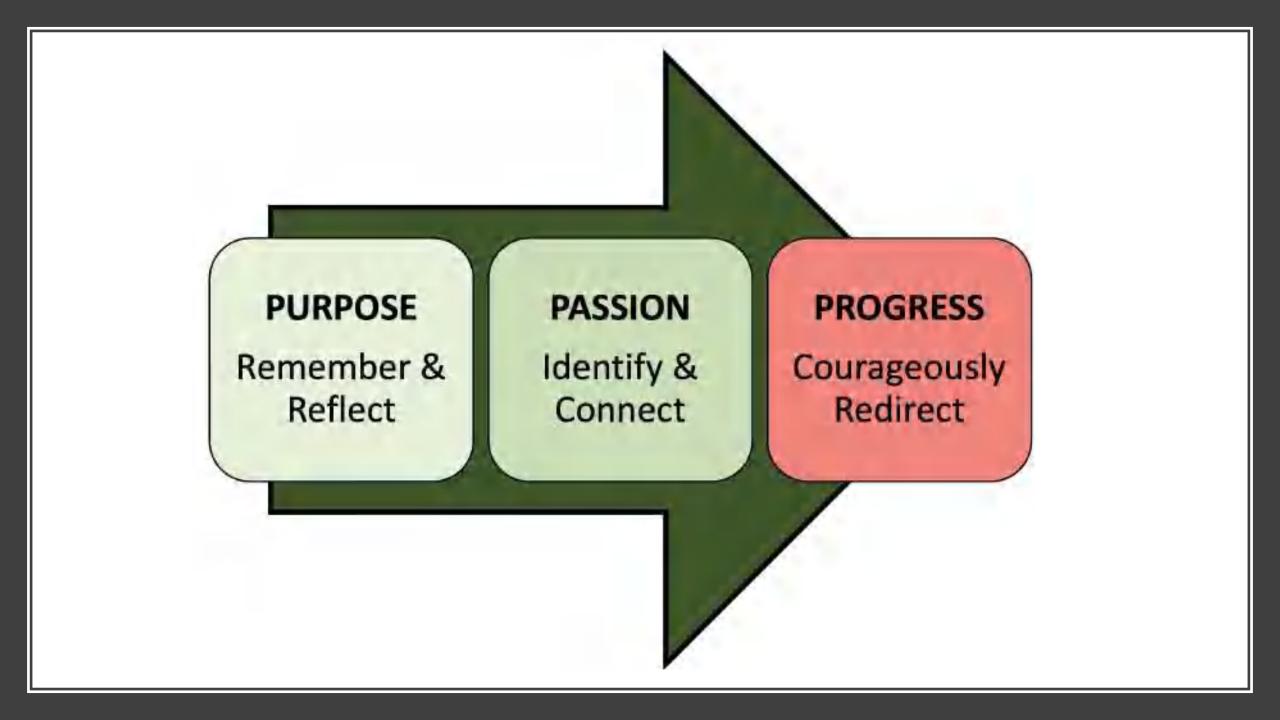
Unempathetic optimism can cause others to "wonder if you have lost your tether to reality and are lost in space. Or worse, you might be sending an unintentional message that mistakes and failure are not an option" (Wiseman, 2013, p. 142).

Problem Solve 95/5
Think Outside The Box
Find Solutions
Be Results Oriented

How's Your Passion? How Can it Improve?

- I am an energizer. Others would say that I am a joy to work with.
- I associate with energizers and help others do the same.
- I express hope and gratitude frequently and publicly.
- I find ways to have fun.
- I acknowledge challenges and focus efforts on problem solving.





What do you think?

Change = Improvement



Change # Improvement

Improved Current State State **Catalyst for Improvement**

Lewin's Change Model

1 mmax 1. Recognize the need for change 2. Determine what rends to 2. Implement the challeges schwoge. 3. Encourage the replacement of

- old behaviors and altitudes. 4. Ensure there is strong support Rem management
- 5. Manage and understand the moubts and concerns.



Change

- 1. Plan the changes
- 3. Help organized to brain now
- consupt or points of view

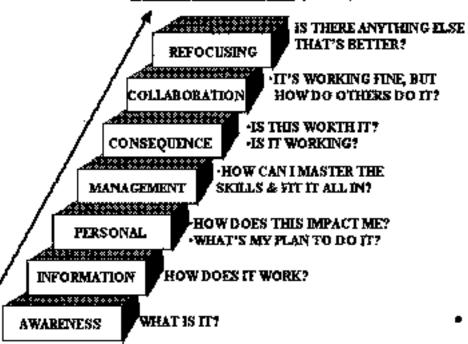


Refreeze

- 1. Changes are reinforced and stabilized
- 2. Integrate changes into the normal way of doing things
- 3. Develop ways to sustain the change
- 4. Celebrate success:

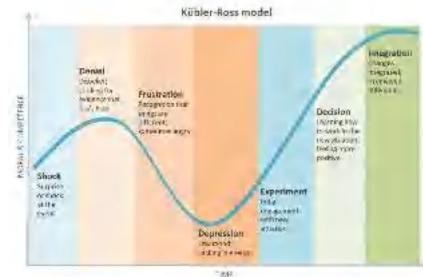


STAGES OF CONCERN (CBAM)



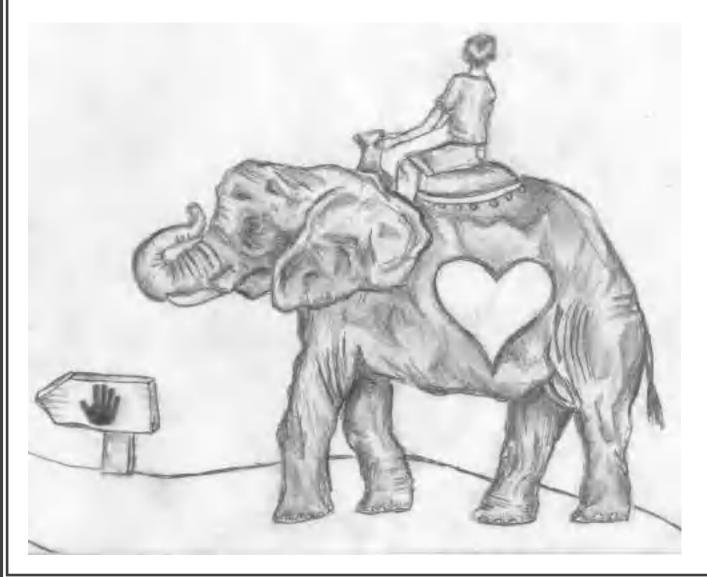
McKinsey 75 Model

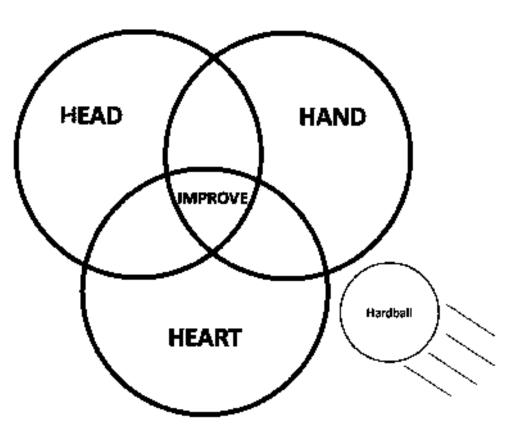




Satir Change Model A BUSELING Performance 1 426 7 Cha 200 # irrogration Freeto Tetrani Translatining assi Time

Heath & Heath Model: Rider, Elephant, Path





Head

Does it make sense to do this? Should we do this?

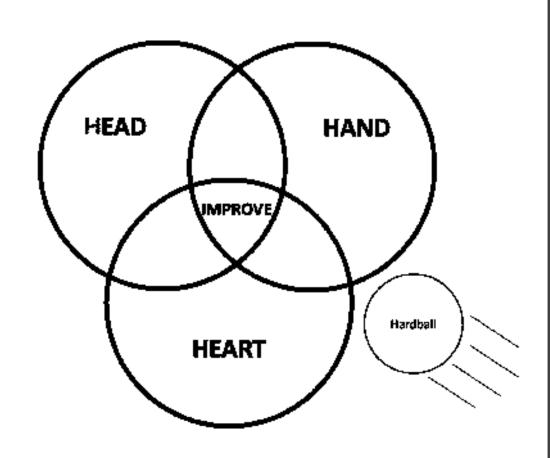
Hand

Can we do this?

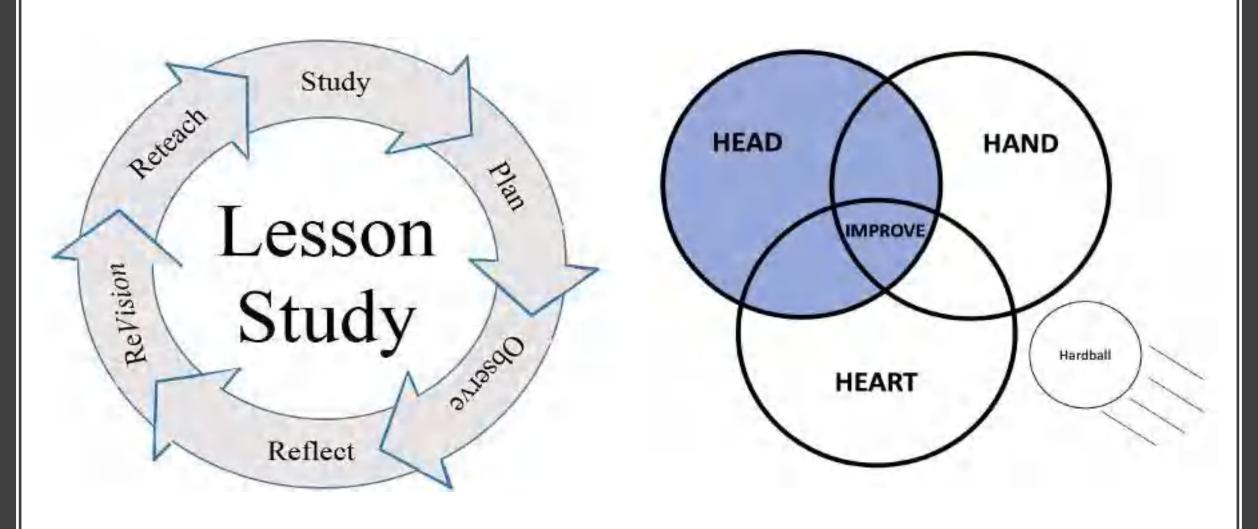
Do we have the needed resources?

Heart

Do we want to do this? Is it safe to do this?

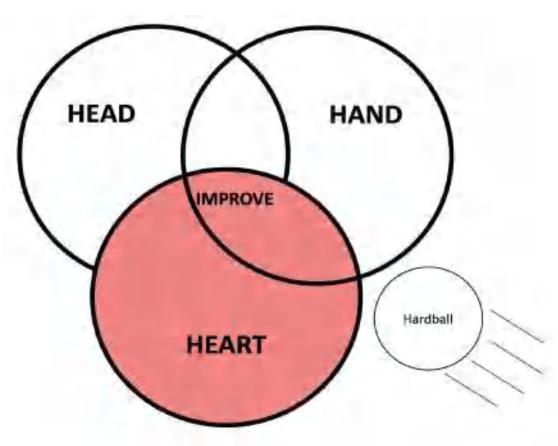


Head: Does it make sense to do this? Should we do this?



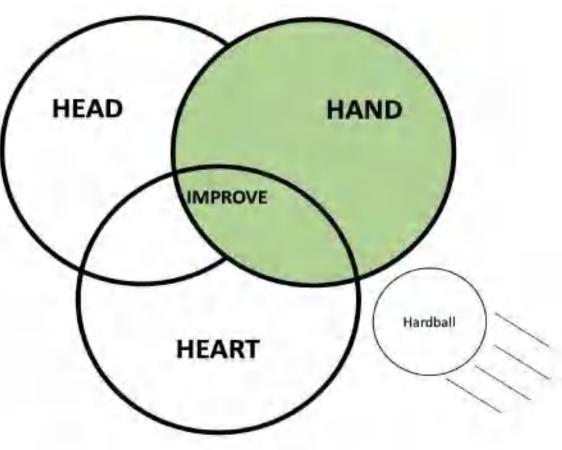
Hand: Can we do this? Do we have the needed training or resources?





Heart: Do we want to do this? Is it safe to do this?

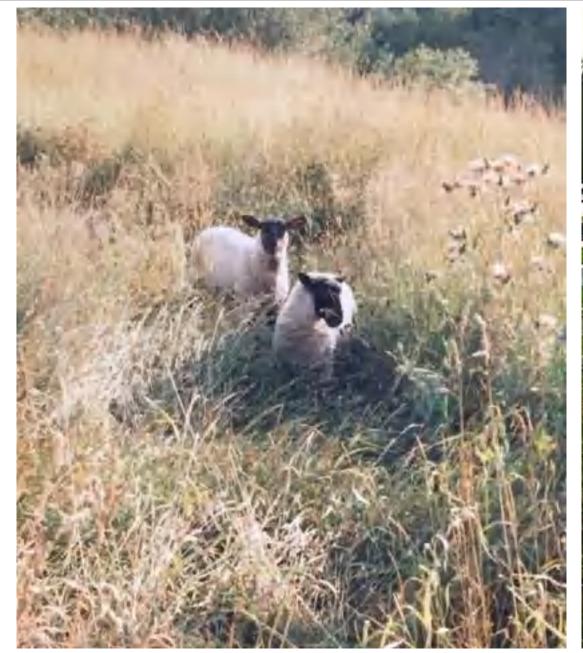


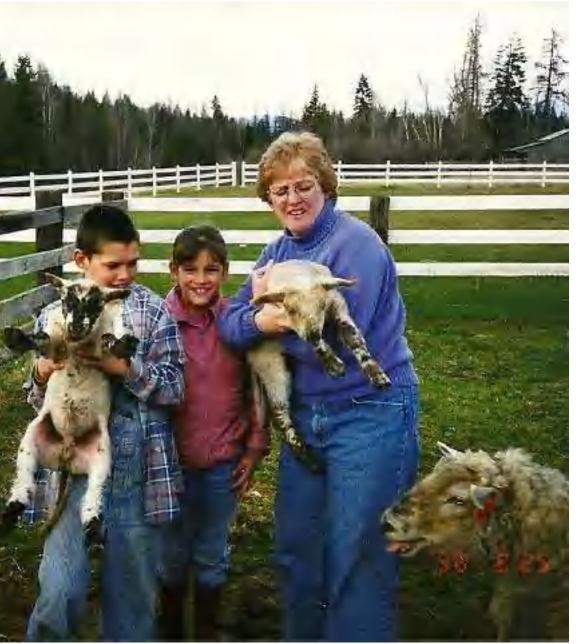


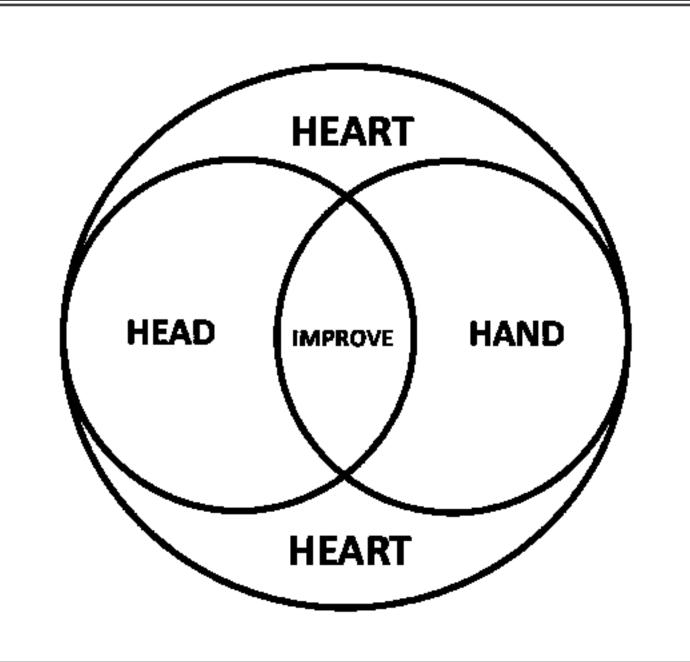




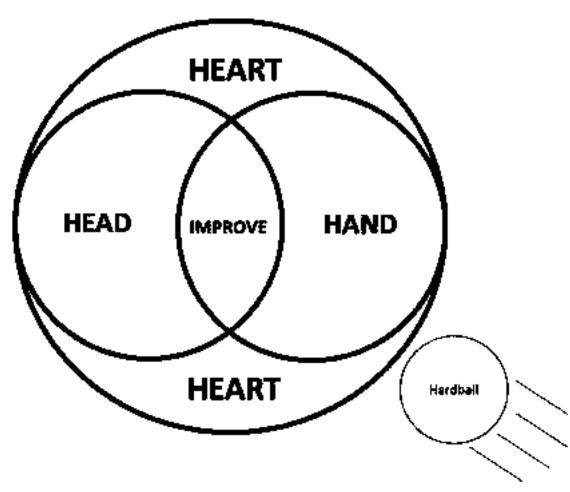
"There's no way he's moving unless he wants to move. How can we help him want to move?!"



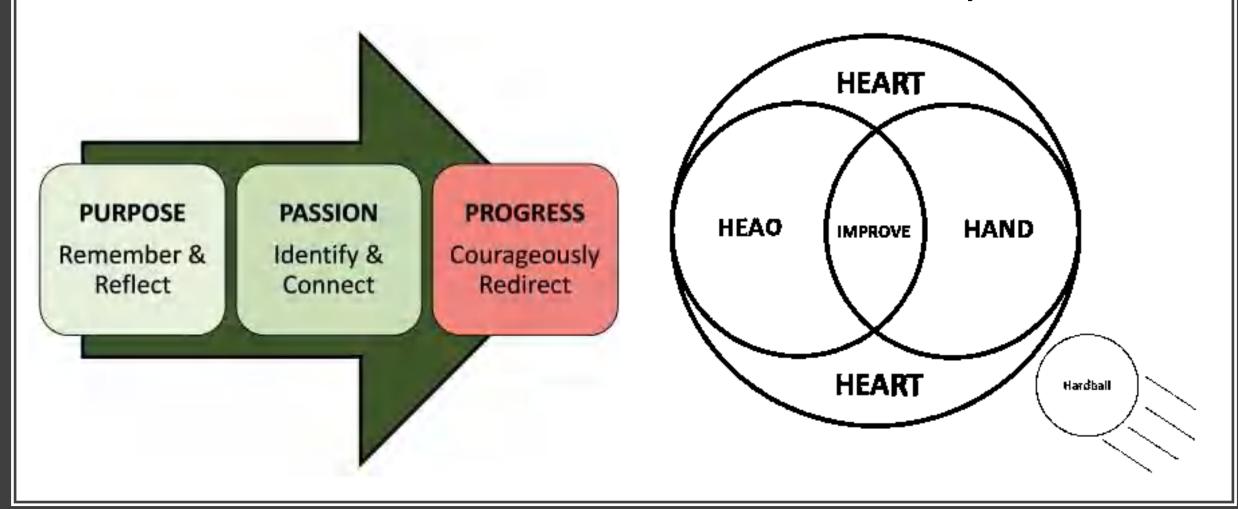






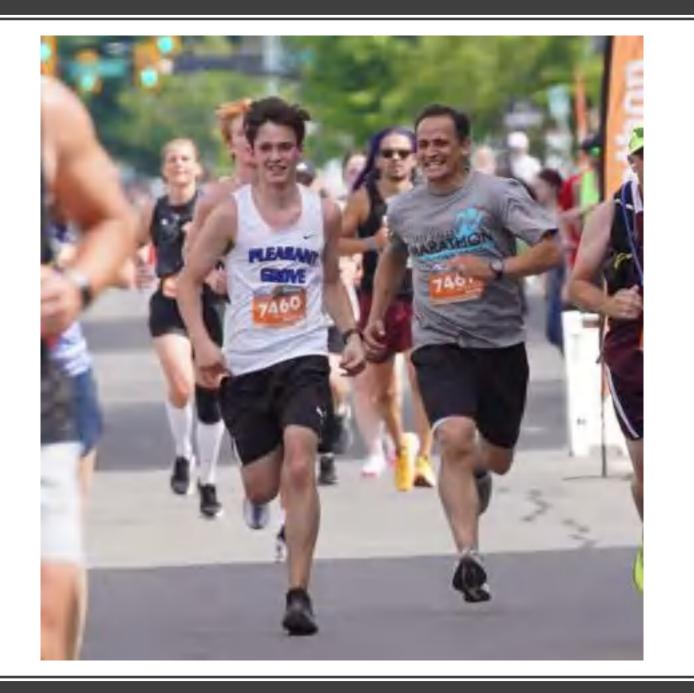


What courageous redirections are needed? Which influences can serve as a catalyst?











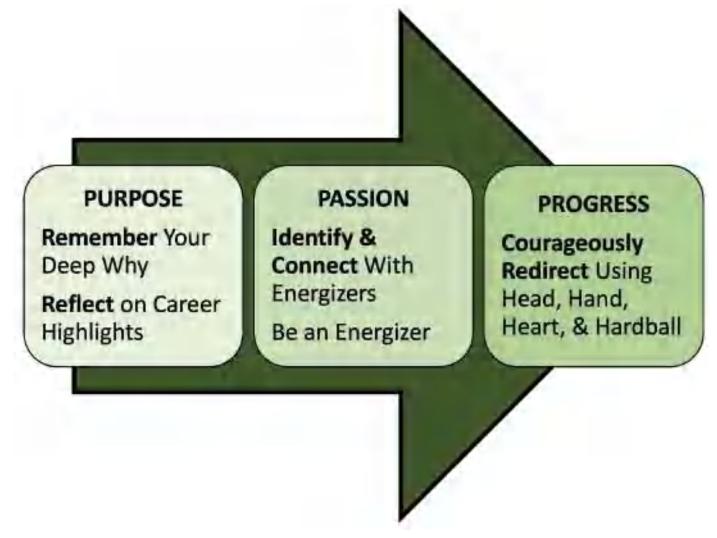




Bubble Students

| STUDENT | SCORE | STUDENT | SCORE |
|--------------|-------|-------------|-------|
| N. Nardozzi | 60 | A. Allen | 53 |
| F. Finley | 57 | P. Purdy | 53 |
| H. Hernandez | 56 | C. Chen | 52 |
| J. Jimanez | 55 | K. Kelly | 52 |
| O. O'Malley | 55 | D. Dunlap | 52 |
| B. Brown | 54 | I. Ignatius | 48 |
| E. Edwards | 54 | M. Meyer | 47 |
| G. Gunther | 54 | L. Lynch | 42 |

What are your takeaways and next steps?



This is the true joy in life, the being used for a purpose recognized by yourself as a mighty one; the being thoroughly worn out before you are thrown on the scrap heap; the being a force of Nature instead of a feverish selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy.

I am of the opinion that my life belongs to the whole community, and as long as I live it is my privilege to do for it whatsoever I can. I want to be thoroughly used up when I die, for the harder I work the more I live. I rejoice in life for its own sake. Life is no 'brief candle' for me. It is a sort of splendid torch, which I have got hold of for the moment; and I want to make it burn as brightly as possible before handing it on to future generations.

George Bernard Shaw, 1903; Shaw as cited in Henderson, 1911

Thank you for making your life a mission.

Enjoy the rest of the school year. Let me know how I can support you! david_boren@byu.edu

