

BRIGHAM YOUNG UNIVERSITY
COACHING INTERNSHIP
GOAL STATEMENT AND ACTION PLAN—PART I

Name

Week of (date)

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Identify three major goals (objectives) you plan to achieve with your athletes during this internship experience and three major goals you plan to achieve for yourself. Briefly discuss how you plan to accomplish each goal. *Use additional pages if necessary.* (Reminder: All forms should be typed.) **Due within two weeks of start of internship.**

MAJOR GOALS WITH ATHLETES (in order of priority)

1.

2.

3.

MAJOR GOALS FOR MYSELF (in order of priority)

1.

2.

3.

