

G. E. KAWIKA ALLEN, Ph.D.

Assistant Professor
 Counseling Psychology and Special Education
 Brigham Young University

CONTACT INFORMATION

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 Research Website:
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 Faculty Profile:
<http://education.byu.edu/kawikaallen>

EDUCATION

- Ph.D. 2011 **University of Missouri**, Columbia, MO
 Counseling Psychology (Top-ranked APA accredited program)
 Advisor and Dissertation Chair: P. Paul Heppner, Ph.D.
 Dissertation Title: *Religiosity, coping, and psychological well-being among LDS Polynesians in the U.S.*
- 2010-2011 **Duke University**, Durham, NC
 Pre-doctoral Counseling and Psychological Services (CAPS)
 Psychology Clinical Division of Student Affairs
 Intern APA-Accredited Pre-doctoral Psychology Clinical Internship
 Clinical Supervisor: Gary Glass, Ph.D., Licensed Psychologist
- M.S. 2005 **University of Utah**, Salt Lake City, UT
 Educational/Counseling Psychology
 Advisor and Masters Chair: Carla J. Reyes, Ph.D.
 Thesis Title: *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*
- B.A. 1999 **University of Utah**, Salt Lake City, UT
 Speech/Organizational Communication
 Minor: Spanish

PROFESSIONAL EXPERIENCE

- 2013 - present **Brigham Young University**
 Assistant Professor, Tenure-Track
 Department of Counseling Psychology and Special Education (CPSE)

- 2011 - 2013 **Southern Utah University**
Assistant Professor, Tenure-Track
Department of Psychology
- 2010 - 2011 **Duke University**, Durham, NC
Psychology Intern
Counseling and Psychological Services (CAPS)
APA-accredited Pre-doctoral Psychology Internship

AWARDS AND HONORS

- 08/2012 **Media Coverage**
Paper selected at the 2012 APA Convention to receive news attention
Allen, G. E. K., Wang, K., Reid, D., Fortenberry, H., Kelly, A., Orton, K.,
Baruffi, S., & Coker, K. (2012). *Examining aspects of religiosity,
perfectionism, scrupulosity, and well-being among Mormons*. Poster
presented at the American Psychological Association (APA) Convention,
Division: 36 poster session, Orlando, FL.
- 03/2012 **Professor of the Year (nominated)**
Southern Utah University
Nominated for a Thunderbird Award by colleagues/students as a worthy candidate
for the *Professor of the Year Award* in the **first year** as a faculty member at SUU.
- 04/2011 **Research Recognition Award**
Allen, G. E. K. (2011). *American Polynesians and Psychological Well-being*.
Poster Presented in the Georgia Psychology Association Annual Meeting,
Atlanta, GA.
- 02/2011 **Research Recognition Award**
Awarded financial honorarium for *Dissertation Research* from The 28th Annual
Teacher College Winter Roundtable on Cultural Psychology and Education, 2011,
Columbia University, NY, NY.
- Dissertation:
Allen, G. E. K. (2011). *Religiosity, coping, and psychological well-being among
LDS Polynesians in the U.S.* University of Missouri, ESCP, Columbia,
MO.

05/2008 **Course Instructor**
University of Missouri, College of Education
High Flyer Teaching Award

08/2004 **Outstanding Student Research Award**
Received a financial honorarium award for *Master's Thesis Research* from 2004
APA Annual Convention, Division 17, Society of Counseling Psychology
CCPTP-SAG and Section on Ethnic and Racial Diversity (SERD)

Master's Thesis:

Allen, G. E. K. (2005). *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*. University of Utah, Department of Educational Psychology, Salt Lake City, UT

PEER-REVIEWED JOURNAL ARTICLES

*Student-led or co-authored

Allen, G. E. K., Wang, K., Richards, P. S., *Ming, M. & *Suh, H. N. (2018). Religious discrimination scale: Development and initial psychometric evaluation. *Journal of Religion and Health*.

Wang, K. T., **Allen, G. E. K.**, *Stokes, H., & *Suh, H. N. (2017). Perfectionism in religion: Perceived Perfectionism from God Scale. *Journal of Religion and Health*.

Allen, G. E. K., Conklin, H., & *Kane, D. (2017). Racial discrimination and psychological health among Polynesians in the U.S. *Cultural Diversity and Ethnic Minority Psychology*, 23 (3), 416-424.

*Li, Z., Heath, M. A., Jackson, A. P., **Allen, G. E. K.**, Fischer, L., & Chan, P. (2017). Acculturation experiences of Chinese international students who attend American universities. *Professional Psychology: Research and Practice*, 48(1), 11.

Allen, G. E. K., Cox, J., Smith, T. B., Griner, D., Beecher, M., *Hafoka, O. (2016). Psychotherapy utilization and presenting concerns among Polynesian American college students. *The Counseling Psychologist*, 44 (1), 28-49.

Allen, G. E. K., Kim, B. S. K., Smith, T. B., *Hafoka, O. (2016). Counseling attitudes and stigma among Polynesian Americans. *The Counseling Psychologist*, 44 (1), 6-27.

*Lea, T., Richards, P. S., *Sanders, P. W., *McBride, J. A., & **Allen, G. E. K.** (2015). Spiritual pathways to healing and recovery: An intensive single-N study of an eating disorder patient. *Spirituality in Clinical Practice*, 2(3), 191.

Richards, P. S., *Sanders, P. W., *Lea, T., *McBride, J. A., & **Allen, G. E. K.** (2015). Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration. *Spirituality in Clinical Practice*, 2(3), 169.

- *Sanders, P. W., **Allen, G. E. K.**, Fischer, L., Richards, P. S., *Morgan, D. T., & *Potts, R. W. (2015). Intrinsic religiousness and spirituality as predictors of mental health and positive psychological functioning in Latter-day Saint adolescents and young adults. *Journal of Religion and Health*, 54(3), 871-887.
- Allen, G. E. K.**, Wang, K., & *Stokes, H. (2015). Examining legalism, scrupulosity, family perfectionism and psychological adjustment among LDS individuals. *Mental Health, Religion & Culture*.
- Allen, G. E. K.**, & Smith, T. (2015). Collectivistic coping strategies for distress among Polynesian Americans. *Psychological Services*, 12, 3, 322–329.
- Allen, G. E. K.** & Hill, C. (2014). Exploring perceived attitudes of counseling between LDS religious leaders and mental health therapists. *Issues in Religion and Psychotherapy*, 36, 1, 71-82.
- Allen, G. E. K.** & Wang, K. (2014). Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among LDS individuals. *Psychology of Religion and Spirituality*, 6, 3, 257-264.
- Allen, G. E. K.**, *Garriott, P. O., Reyes, C. J. & *Hsieh, C. (2014). Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals. *Family Relations*, 62, 82-91.
- ***Allen, G. E. K.** & Heppner, P. P. (2011). Religiosity, coping, and psychological well-being among Latter-Day Saint Polynesians in the U.S. *Asian American Journal of Psychology*, 2, 1, 13-24.
- *Chaichanasakul, A., *He, Y., *Khairallah, T., *Chen, H, ***Allen, G. E. K.**, & *Ramos, K. (2011). Journal of Career Development: A citation analysis. *Journal of Career Development*.
- *Chaichanasakul, A., *He, Y., *Chen, H. A., ***Allen, G. E. K.**, *Khairallah, T. & *Ramos, K. (2010). Journal of Career Development: A 36-year content analysis (1972-2007). *Journal of Career Development*.

BOOK CHAPTERS

*Student-led or co-authored

- Allen, G. E. K.**, Richards, P. S., & *Lea, T. (2017). *Spiritually oriented psychotherapy for trauma and meaning-making among ethnically diverse individuals in the United States*. Elsevier Publication, Inc.
- Schramm, D. G., & **Allen, G. E. K.** (2014). Divorce and religion. In L. Ganong, M. Coleman, & G. J. Geoffrey (Eds.), *The Social History of the American Family*. Thousand Oaks, CA: SAGE Publications, Inc.

Revise and Resubmit

*Cline, J., Larsen, R., Griner, D., **Allen, G. E. K.**, Lee, Chien-Ti., Worthen, V. (2018). Mood outcomes across ethnoracial groups. *Cultural Diversity and Ethnic Minority Psychology*.

Under Review

Allen, G. E. K., *Hyde, S., *Bozzelli, A., *Rodgers, G. & *Sagebin, F. (2018). Religiosity, perceived religious oppression, self-esteem, depression, and life satisfaction among LDS women.

*Jessica Kirchoefer, J., Beecher, M. E., Griner, D., Fischer, L., Smith, T.B., **Allen, G. E. K.**, & Cox, J. (2018). Utilization trends among Latino-American and international Latino students in a counseling center. *Cultural Diversity and Ethnic Minority Psychology*.

Works in Progress

Allen, G. E. K. Psychotherapy expectations among Polynesian Americans.

*Lefrandt, J. & **Allen, G. E. K.** (2018). Examining Native Hawaiian and Pacific Islander college student's alcohol use across racial groups.

Allen, G. E. K. (2018). Measuring the efficacy of culturally-specific psychotherapeutic interventions for Polynesian Americans.

*Kane, D. & **Allen, G. E. K.** (2018). Examining religious commitment, ethnic identity, forgiveness, gratitude, and satisfaction with life among LDS Polynesian Americans.

*Gancinia, A. & **Allen, G. E. K.** (2018). Humor as an intervention strategy in psychotherapy with Polynesian Americans.

REFEREED PRESENTATIONS

*Student-led or co-authored

*Gancinia, A., *Lefrandt, J., *Cline, J., B., *Kane, R., Conklin, H., **Allen, G. E. K.** (2018). *The impact of humor on help seeking, depression, anxiety, and stress among Polynesian Americans*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Conklin, H., **Allen, G. E. K.**, & *Hafoka, O. (2018). *Culturally modified approaches considered helpful to Polynesians*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.

*Lefrandt, J., *Cline, J., B., *Gancinia, A., *Kane, R., **Allen, G. E. K.** (2018). *Comparing Native Hawaiian college student's alcohol use*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.

*Kane, D. K., **Allen, G. E. K.**, Griner, D., Beecher, M., Cox, J., *Cline, J., *Scott, L., *Gancinia,

- A. (2018). *Factor analysis of the Religious Commitment Inventory with a Polynesian American sample*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
- *Cline, J. I., Larsen, R., Griner, D., Beecher, M. E., **Allen, G. E. K.**, *Lefrandt, J. B., *Gancinia, A., *Kane, D. (2018). *Ethnoracial comparisons in anxiety and depression outcomes among Native Hawaiian and Pacific Islander college students*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
- *Cline, J., *Lefrandt, J., *Gancinia, A., *Kane, D., Larsen, R., & **Allen, G. E. K.** (2017). *Anxiety, depression, and the role of spirituality and religiosity among Native Hawaiians and Pacific Islander college students*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 17, CCPTP-SAG for SERD (Section on Ethnic and Racial Diversity).
- *Gancinia, A., *Kane, D., *Lefrandt, J., *Cline, J., Tenney, S. & **Allen, G. E. K.** & (2017). *Humor: A culturally adaptive intervention for Polynesians*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
- *Lefrandt, J., **Allen, G. E. K.**, *Cline, J., *Gancinia, A., & *Kane, D. (2017). *Exploring Native Hawaiian and Pacific Islander college student alcohol use*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
- *Cline, J., *Lefrandt, J., *Gancinia, A., *Kane, D., Larsen, R., **Allen, G. E. K.** (2017). *Anxiety, depression, and the role of spirituality and religiosity among Native Hawaiians and Pacific Islander college students*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
- *Kane, D., **Allen, G. E. K.**, *Gancinia, A., *Lefrandt, J., *Cline, J. (2017). *Psychotherapy expectations and intentions among Polynesian Americans*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
- *Rasmus, M. E., *Paul, Y., **Allen, G. E. K.**, & Wang, K. (2017). *Perfect believer concepts and psychological well being among Latter-day Saints*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 36.
- *Kirchhoefer, J., Beecher, M. E., Griner, D., **Allen, G. E. K.**, Fischer, L., Smith, T.B. & Cox, J. (2016). *Psychotherapy Utilization Trends Among Latino Student Subgroups in a University Counseling Center*. Poster presented at the National Latino Psychological Association, Orlando, FL.
- Conklin, H., *Hafoka, O. *Kane, D. & **Allen, G. E. K.** (2016). *Counseling stigma and coping styles among Polynesians living in the U.S.* Poster presented at the 2016 AAPA Convention, Denver, CO.
- *Hafoka, O. & **Allen, G. E. K.** (2016). *Psychological wellbeing among Tongan Americans*. Poster presented at the 2016 APA Convention, Denver, CO.

- *Mok, K. Y. D., *Rhees, N., Cox, J. & **Allen, G. E. K.** (2016). *After political violence: Psychological adjustment among adolescents and young adults in Hong Kong*. Poster presented at the 2016 APA Convention, Div. 56, Denver, CO.
- *Mok, K. Y. D., *Rhees, N., Cox, J. & **Allen, G. E. K.** (2016). *Modern-day slavery: Employment experience and psychological wellbeing of foreign domestic helpers in Hong Kong*. Poster presented at the 2016 APA Convention, Div. 35, Denver, CO.
- Allen, G. E. K.**, Conklin, H., *Hafoka, O. & *Kane, D. (2016). *Polynesian American psychology research: The pitfalls of ethnic lumping in research*. Symposium presented at the 2016 APA Convention, Denver, CO.
- *Kane, D. K. & **Allen, G. E. K.** (2016). *Gratitude and forgiveness: Relational character strengths as predictors of well-being in Polynesians*. Poster presented at the 2016 APA Convention, Div. 45 poster session, Denver, CO.
- Allen, G. E. K.** & *Kane, D. K. (2016). *Psychotherapy utilization and presenting concerns among Polynesian American students in a university counseling center*. Poster presented at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- *Sanders, P., *McBride, J., Richards, P. S., & **Allen, G. E. K.**, (2016). *Bridging the research-practice gap with a clinically adaptive internet-based outcome system*. Panel presentation at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- Richards, P. S., **Allen, G. E. K.**, *McBride, J., & *Sanders, P. (2016). *Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration*. Panel presentation at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- *Kane, D. K. & **Allen, G. E. K.** (2016). *Self-stigma associated with seeking psychological help, self-esteem, and the buffering effect of gratitude in Polynesian Americans*. Poster presented at the 28th Annual Association for Psychological Science (APS) Convention in Chicago, IL.
- *Kane, D. K. & **Allen, G. E. K.** (2016). *Spirituality, gratitude, and forgiveness: Predictors of well-being in Polynesian Americans*. Poster presented at the 2016 APA Division 36 Midyear Conference, Brooklyn, NY.
- Wang, K. T., *Jacques, K. E., *Schuberg, M. I., & **Allen, G. E. K.** (2016). *What Does Being Religiously Perfect Mean?* Poster presentation at the Christian Association for Psychological Studies (CAPS) Annual Conference: Los Angeles, CA.
- Allen, G. E. K.** (2015). *Spiritually-oriented psychotherapies for trauma and meaning for ethnically diverse individuals in the U.S.* Panel presentation given at the 2015 World Congress of Families IX, Salt Lake City, UT.
- Wang, K. T., **Allen, G. E. K.**, *Stokes, H., & *Suh, H. N. (2015). *Perceived perfectionism from God scale: Development and psychometric evaluation*. Poster presented at 2015 APA Convention, Div. 36 poster session, Toronto, CAN.

- Allen, G. E. K.**, Wang, K. T., & *Stokes, H. (2015). *Examining legalism, scrupulosity, family perfectionism, and psychological adjustment among LDS individuals*. Poster presented at 2015 APA Convention, Div. 36 poster session, Toronto, CAN.
- *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American students*. Poster presented at 2015 APA Convention, Div. 45 poster session, Toronto, CAN.
- *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American female students*. Poster presented at 2015 APA Convention, Div. 35 poster session, Toronto, CAN.
- *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American female students*. Poster presented at 2015 AAPA Convention, Toronto, CAN.
- Conklin, H., *Hafoka, O., *Mok, K. Y. D., *Aiono, M., *Wright, D., Griner, D., Cox, J., Beecher, M., & **Allen, G. E. K.** (2015). *Discrimination and well-being among Polynesian Americans: Roles of anger and self-esteem*. Poster presented at 2015 APA Convention, Div. 45 poster session, Toronto, CAN.
- Conklin, H., *Hafoka, O., *Mok, K. Y. D., *Aiono, M., *Wright, D., Griner, D., Cox, J., Beecher, M., & **Allen, G. E. K.** (2015). *Discrimination and well-being among Polynesian Americans: Roles of anger and self-esteem*. Poster presented at 2015 AAPA Convention, Toronto, CAN.
- Wang, K. T., **Allen, G. E. K.**, *Stokes, H., & *Suh, H. N. (2015). *Perfectionism & religion: Different perspectives and scale development*. Paper presentation at the 9th Annual Psychology of Religion Conference: Beijing, China.
- *Aiono, M., & **Allen, G. E. K.** (2015). *Psychological Well-Being Among Polynesian American Emerging Adults*. Presented at the Spring 2015 27th Annual Association for Psychological Science Conference, New York City, NY.
- *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., **Allen, G. E. K.** (2015). *Presenting concerns and therapy outcome of Asian International and European American female students*. Poster presented at the 2015 APS Convention, New York, NY.
- *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., **Allen, G. E. K.** (2015). *Presenting concerns and therapy outcome of Asian International and European American students*. Poster presented at the 2015 APS Convention, New York, NY.
- *Aiono, M., *Hafoka, O., *Mok, K. Y. D., *Ripplinger, C., *Scalese, A., **Allen, G. E. K.** (2015). *Examining religiosity and well-being among Polynesian Americans*. Poster presented at the 2015 APA Division 36 Midyear Conference: Psychology of Religion and Spirituality, Provo, UT.
- *Cançado, R., *McDonald, A., *Sanders, P., **Allen, G. E. K.**, Judd, D., Richards, P.S., (2015).

- Relationships among spirituality, mental health, and psychosocial functioning: An exploratory investigation in a young adult sample.* Paper presented at the 2015 APA Division 36 Midyear Conference: Psychology of Religion and Spirituality, Provo, UT.
- Griner, D., Conklin, H., *Hafoka, O., *Keung, S., *Wright, D., Beecher, M., Cox, J., & **Allen, G. E. K.**, (2014). "What ails?" A study of Polynesian American student concerns. Poster at the American Psychological Association (APA) Convention, Washington, D.C.
- Allen, G. E. K.**, Conklin, H., *Hafoka, O., Griner, D., *Wright, D., *Keung, S., & Beecher, M. (2014). *Collectivistic coping strategies for distress among Polynesian Americans.* Poster at the Asian American Psychological Association (AAPA) Convention, Washington, D.C.
- Allen, G. E. K.**, Hill, C., *Sauceda, M., *Hyde, S., *Kelly, A., *Rodgers, G., *McDonald, A., *Fortenberry, H. & *Baruffi, S. (2013). *Examining perceptions of counseling between LDS religious leaders and mental health therapists.* Poster at the American Psychological Association (APA) Convention, Division: 36 - poster session, Honolulu, HI.
- Allen, G. E. K.**, Wang, K., *Reid, D., *Fortenberry, H., *Kelly, A., *Orton, K., *Baruffi, S., & *Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among Mormons.* Poster presented at the American Psychological Association (APA) Convention, Division: 36 poster session, Orlando, FL.
- Allen, G. E. K.** (2012). *Mormon Pacific Islanders: Religiosity, acculturation, coping, and well-being among immigrant Polynesians.* Paper presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
- Allen, G. E. K.**, *Reid, D., *Fortenberry, H., *Kelly, A., *Orton, K., *Baruffi, S., & *Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and psychological well-being among LDS individuals.* Poster presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
- Allen, G. E. K.**, *Reid, D., *Rodgers, G., *Hyde, S., & *Bozelli, A. (2012). *Exploring the impact of religiosity, religious oppression, self-esteem, and life satisfaction among Mormon women.* Paper presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
- Allen, G. E. K.**, (2012). *Mormon Pacific Islanders: Religiosity, acculturation, coping, and psychological well-being among immigrant Polynesians.* Paper Presented at the Meeting of the Society for Cross-Cultural Research, Las Vegas, NV.
- Allen, G. E. K.** (2012). *Pacific Islander Identity Development: A multivariate profile analysis of Biracial Polynesian/White individuals.* Paper Presented at the Meeting of the Society for Cross-Cultural Research, Las Vegas, NV.
- Allen, G. E. K.**, (2011). *American Polynesians and psychological well-being.* Poster Presented in the Georgia Psychology Association Annual Meeting, Atlanta, GA.

- Allen, G. E. K.**, (2011). *Religiosity, coping, and psychological well-being among LDS Polynesians*. Poster Presented in Division 17 Session on Counseling Process Outcome and Training and Supervision at the American Psychological Association 2011 Annual Convention, Washington, DC.
- Allen, G. E. K.**, (2011). *Psychological well-being among LDS Polynesians in the Midwest*. Poster Presented at the 9th Annual Mid-Year Conference on Religion and Spirituality at Loyola Columbia Graduate Center in Columbia, MD.
- Allen, G. E. K.**, (2011). *Religiosity, collectivistic coping, self-acceptance, and purpose in life among Polynesians in the U.S.* Poster Presented at the Winter Roundtable Conference, Teachers College, Columbia University. New York, NY.
- Allen, G. E. K.**, (2010). *Religiosity, coping, and psychological well-being among LDS Polynesians*. Poster Presented at the Asian American Psychological Association 2010 Annual Convention, San Diego, CA.
- Allen, G. E. K.**, Reyes, C. J., *Garriott, P.O., *Hsieh, C. (2009). *Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals*. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.
- *Garriott, P. O., *Chaichanasakul, A., *Allen, G. E. K., *He, Y., Mobley, M., & *Khairallah, T. (2009). *Racial/ethnic minority and international counseling trainees' experiences in multicultural training: A phenomenological exploration*. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.
- *He, Y., *Chaichanasakul, A., *Khairallah, T., *Allen, G. E. K., *Chen, H., & *Ramos, K. (2008). *JCD Content and Citation Analysis*. Poster Presented at the 2008 American Psychological Association Annual Convention, Boston, MA.
- *Chiao, H., *Allen, G. E. K., *He, Y., *Kanagui, M., & *Garriott, P.O. (2008). Benefits of the BCCIP to host students. In P.P. Heppner, & L.-F. Wang (Chairs). *Multiple Benefits of a Bidirectional Cross-Cultural Immersion Program*. Symposium conducted at the 2008 Annual American Psychological Association Convention, Boston, MA.
- *Allen, G. E. K. (2004). *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*. Poster presented at the 2004 American Psychological Association Annual Convention: Division 17 Counseling Psychology CCPTP-SAG for SERD (Section on Ethnic and Racial Diversity), Honolulu, Hawaii.
- Huebner, L., *McAward, S., *Wong, B., *Allen, G. E. K. (2004). *High-severity clients in counseling centers: Treatment course and outcomes*. Research study presented at the 2004 American Psychological Association Annual Convention: Division 17 Counseling Psychology, Honolulu, Hawaii.

TEACHING EXPERIENCE

- 09/13-present **Assistant Professor, Tenure-Track**
 Department of Counseling Psychology and Special Education
 Brigham Young University
 CPSE 606: Scientific Foundations of Counseling Psychology
 CPSE 679R: Counseling Psychology (Career) Practicum
 CPSE 751: Counseling Multicultural and Diverse Populations
 EdS 699R: Thesis
 CPSE 750: Research Theory and Methods
 CPSE 650: Advanced Social Psychology
 CPSE 480: Multicultural Issues in Special Education
- 08/11-06/13 **Assistant Professor, Tenure-Track**
 Department of Psychology
 Southern Utah University
 PSY 4340: Intro to Counseling and Psychotherapy
 PSY 3410: Research Design
 PSY 1110: Lifespan Development
 PSY 3820: Human Relations in Group Dynamics
 PSY 1010: General Psychology
- 08/07-05/08 **Co-Instructor**
 Graduate Course: 8943 Applied Multicultural Interventions
 Center for Multicultural Research, Training and Consultation
 University of Missouri, Columbia, MO.
- 01/08-05/08 **Instructor**
 Undergraduate Course: *Experiencing Cultural Diversity in the U.S.* (2 Sections). Center for Multicultural Research, Training and Consultation
 University of Missouri, Columbia, MO.

PROFESSIONAL MEMBERSHIPS AND POSITIONS

- 1999-present **American Psychological Association**
- Division 17, Society of Counseling Psychology (SCP) and Section on Ethnic and Racial Diversity (SERD).
 - Division 45, Society for the Psychological Study of Ethnic Minority Issues

ADMINISTRATIVE POSITIONS

- 2014-present **The Kaha Nui Summit: Annual BYU Polynesian Interdisciplinary Summit**
 Founder and Director
 Brigham Young University, Provo, UT
- The Summit seeks to provide recruitment and networking opportunities for Polynesian undergraduate students and connect them with graduate programs and relevant resources to succeed in graduate

school. Every year we invite a Polynesian professional to be our keynote speaker and graduate program coordinators/recruiters to speak with interested potential Polynesian graduate students. These graduate programs include: Law, Nursing, Business, Education, Psychology, Marriage and Family Therapy, and others.

2013-present

Polynesian American Psychology Research – Founder

Brigham Young University, Provo, UT

Department of Counseling Psychology and Special Education

- The Poly Psi Team specializes in conducting, promoting, expanding, and disseminating the uniqueness and specificity of Polynesian American Psychology Research through valid and rigorous scientific methods.

08/11-08/13

SUU Brazil Student Organization Advisor

Southern Utah University, Cedar City, UT

- Advise and provide guidance to SUU students who are fluent in the Portuguese language through club activities, events, leadership opportunities, fund raising, and charitable events. Assist group members in building unity and reaching out to the community to participate in service.

08/08-07/09

Program Coordinator

Wellness Resource Center in Student Life

University of Missouri, Columbia, MO

- Updated curriculum, researched empirical evidence of alcohol use and affects of alcohol use. Organized weekly workshops and individual sessions. Trained future BASICS coordinators how to implement BASICS program at University of Missouri-St. Louis and trained them on MI interventions and techniques.

08/07-05/08

Assistant Director

Center for Multicultural Research, Training and Consultation

University of Missouri, Columbia, MO

- *Supervisors:* P. Paul Heppner, Ph.D. and Lisa Y. Flores, Ph.D.
- *Responsibilities:* Roles of supervisor, instructor, liaison, manager, trainer, and researcher (over 14 staff members). Assisted in programming and logistical details of the annual Neville Multicultural Speakers Series (NMSS). Assisted in organizing and coordinating the 2007 BCCIP with visiting NTNU faculty and students. Assisted in gaining funding for NMSS, including solicitation, report writing and follow up responses to support sources. Assisted in solicitation of applications for Multicultural Teacher Scholars Program, Winter Roundtable Awards, Thesis and Dissertation Awards, and other Center events. Collected and reported evaluative data of events, practicum and supervision activities to Co-Directors

UNIVERSITY COMMITTEE ACTIVITY

Brigham Young University

2014 - 2016 McKay School of Education Multicultural Council

2014-present The Kaha Nui Summit Board

Southern Utah University

2012-2013 iPadagogy Committee

2012-2013 Department Review Committee Chair

2012-2013 Department Constitution Committee

2011-2012 Master's Degree Exploratory Committee

EXTERNAL COMMITTEE ACTIVITY

2015 - present Member of the **Scientific Affairs Advisory Board**, Division 17, Society of Counseling Psychology, American Psychological Association,

EXTERNAL REVIEWER

2018 The Counseling Psychologist – Editorial Board

2017 Journal of Counseling Psychology – Ad hoc reviewer

2016 Open Theology

2015 International Journal for the Psychology of Religion

2015 Psychology of Religion and Spirituality

2014 Asian American Journal of Psychology

2013 Mental Health, Religion & Culture

2013 Canadian Journal of Behavioural Science

2013 Book Reviewer: Invited to review Ivey/Ivey/Zalaquett, Essentials for Intentional Interviewing, 2nd Ed.

2012 Cultural Diversity and Ethnic Minority Psychology

GRANTS AWARDED

2018 **Mentoring Environment Grant (MEG)**

Spiritual, Cultural, Indigenous Ways of Healing in Psychotherapy in American Samoa and New Zealand
\$20,000

2017 **John Templeton Foundation Grant**

Co-Investigator and Co-Director with Principal Investigator P. Scott Richards, Ph.D.,
Bringing Spiritually Oriented Psychotherapies into the Healthcare Mainstream.
Awarded **\$3,572,011** between 3/2017-3/2020

- 2016 **Polynesian American Psychological Well-being and Adjustment**
McKay School of Education Research Grant
\$26,272
- 2016 **Mentoring Environment Grant (MEG)**
Co-Investigator with P. Scott Richards
Psychology, Religion, and Spirituality
\$20,000
- 2014 **John Templeton Foundation Grant**
Co-Investigator and Co-Director with Principal Investigator P. Scott
Richards, Ph.D.
Bringing Spiritually Oriented Psychotherapies into the Healthcare
Mainstream: A Preparatory Grant Proposal for an International Grant
Competition
\$207,460
- 2014 **Religious Commitment and Well-being among Diverse Religious**
Individuals across the U.S.
McKay School of Education Research Grant
\$13,153
- 2014 **Psychological Well-Being among Polynesian Americans**
McKay School of Education Research Grant
\$22,190
- 2013 **Bridges--A Research-Practice Network for Spiritually Oriented**
Psychotherapies
David O. McKay School of Education: Research Cluster Funding
Co-collaborator
\$60,000
- 2012 **Faculty Scholarly and Development Support Fund**
Southern Utah University
Office of the Provost
\$1,562.00

LANGUAGE SKILLS

Languages (Written and Verbal)

- English (Fluent)
- Portuguese (Mostly fluent)
- Spanish (Moderately fluent)