

G. E. KAWIKA ALLEN, Ph.D.

Associate Professor (Tenured)
 Counseling Psychology and Special Education
 Brigham Young University

CONTACT INFORMATION

Brigham Young University
 David O. McKay School of Education
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Research Website:
<http://education.byu.edu/polypsi>
 Faculty Profile:
<https://education.byu.edu/directory/view/kawika-allen>

EDUCATION

- Ph.D. 2011 **University of Missouri**, Columbia, MO
 Counseling Psychology (Top-ranked APA accredited doctorate program)
 Advisor and Dissertation Chair: P. Paul Heppner, Ph.D.
 Dissertation Title: *Religiosity, coping, and psychological well-being among LDS Polynesians in the U.S.* (academic journal publication)
- 2010 – 2011 **Duke University**, Durham, NC
 Pre-doctoral Psychology Clinical Intern
 Counseling and Psychological Services (CAPS)
 Division of Student Affairs
 APA-Accredited Pre-doctoral Psychology Clinical Internship
 Clinical Supervisor: Gary Glass, Ph.D., Licensed Psychologist
- M.S. 2005 **University of Utah**, Salt Lake City, UT
 Educational/Counseling Psychology
 Advisor and Masters Chair: Carla J. Reyes, Ph.D.
 Thesis Title: *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals* (academic journal publication)
- B.A. 1999 **University of Utah**, Salt Lake City, UT
 Speech/Organizational Communication
 Minor: Spanish

EMPLOYMENT

2022-present

Brigham Young University

Associate Professor with Tenure

Department of Counseling Psychology and Special Education (CPSE)

- Teach masters and doctoral students
- Supervised and mentored 35 masters and doctoral students
- Chair master's theses and doctoral dissertation committees
- Oversee doctoral students' clinical hours
- Serve on department, college, and university committees
- Developed a new research area and team consisting of undergrad/grad students regarding Pacific Islander Psychology Research
- Founded, created, and organized a prospective graduate student conference for Pacific Islander undergraduate students at BYU: Kaha Nui Summit

2013-2022

Brigham Young University

Assistant Professor

Department of Counseling Psychology and Special Education (CPSE)

- Teach masters and doctoral students
- Supervised and mentored 33 masters and doctoral students
- Chair master's theses and doctoral dissertation committees
- Oversee doctoral students' clinical hours
- Serve on department, college, and university committees
- Developed a new research area and team consisting of undergrad/grad students regarding Pacific Islander Psychology Research
- Founded, created, and organized a prospective graduate student conference for Pacific Islander undergraduate students at BYU: Kaha Nui Summit

2019-present

Roseman University of Health Sciences

Adjunct Professor of Behavioral Science

College of Dental Medicine

- Teach 1st year dental students behavioral aspects of patient centered care.
- Present current empirical studies on the efficacy of behavioral research in dentistry.
- Teach strategies for establishing therapeutic relationships and communicating effectively with patients, colleagues, and staff.
- Teach common communication pitfalls that may become potential sources of stress and conflict for both patients and providers.
- Introduce basic conflict resolution techniques and methods of intercultural communication and cross-cultural care.
- Train students in the use of strategies to resolve communication problems and conflict between providers, patients, and colleagues.
- Teach behavioral management strategies for addressing patient fears, anxiety, and counterproductive behavior.

- 2011-2013 **Southern Utah University**
 Assistant Professor
 Department of Psychology
 Counseling and Psychological Services
- Led a research team of undergraduate students
 - Taught various undergraduate psychology courses (high student ratings)
 - Chaired and served on department committees
- 2010-2011 **Duke University**
 Clinical Psychology Intern
 Counseling and Psychological Services (CAPS)
 APA-accredited Pre-doctoral Psychology Internship
- Conducted individual and couples counseling
 - Taught psychoeducational workshops across campus
 - Co-facilitated process groups
 - Administered psychological assessments

AWARDS AND HONORS

- 06/2021 **Department Annual Award for *Outstanding Research***
 BYU Counseling Psychology and Special Education Department
- 04/2019 **Invited Seminars Honorarium Award**
 Awarded financial honorarium from the Department of Psychology, University of Hawai'i at Manoa as an invited Diversity Colloquium Series Speaker, Honolulu, HI.
- 03/2018 **Faculty Mentor Award**
 McKay School of Education, BYU
 Annual MSE Student Mentoring Research Conference
 Financial honorarium for mentoring doctoral student (Jason Lefrandt) research
- 03/2016 **Faculty Mentor Award**
 McKay School of Education, BYU
 Annual MSE Student Mentoring Research Conference
 Financial honorarium for mentoring doctoral student (Davis Kane) research
- 08/2012 **APA Research Media Award**
 Paper selected at the 2012 APA Convention to receive news attention
Allen, G. E. K., Wang, K., Reid, D., Fortenberry, H., Kelly, A., Orton, K., Baruffi, S., & Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among Mormons*. Poster presented at the American Psychological Association (APA) Convention, Division: 36 poster session, Orlando, FL.
- 03/2012 **Professor of the Year (nominated)**
 Southern Utah University
 Nominated for a Thunderbird Award by colleagues/students as a worthy candidate for the *Professor of the Year Award* in the **first year** as a faculty member at SUU.

- 04/2011 **Research Recognition Award**
Allen, G. E. K. (2011). *American Polynesians and Psychological Well-being*.
 Poster Presented in the Georgia Psychology Association Annual Meeting,
 Atlanta, GA.
- 02/2011 **Research Recognition Award**
 Awarded financial honorarium for *Dissertation Research* from The 28th Annual
 Teacher College Winter Roundtable on Cultural Psychology and Education, 2011,
 Columbia University, NY, NY.
- Dissertation:
Allen, G. E. K. (2011). *Religiosity, coping, and psychological well-being among
 LDS Polynesians in the U.S.* University of Missouri, ESCP, Columbia,
 MO.
- 05/2008 **High-Flyer Teaching Award**
 Course Instructor
 University of Missouri, College of Education
- 08/2004 **Outstanding Student Research Award**
 Received a financial honorarium award for *Master's Thesis Research* from 2004
 APA Annual Convention, Division 17, Society of Counseling Psychology
 CCPTP-SAG and Section on Ethnic and Racial Diversity (SERD)
- Master's Thesis:
Allen, G. E. K. (2005). *Biracial identity development: A multivariate profile
 analysis and theoretical formulation of racial identity among biracial
 Polynesian/Caucasian individuals.* University of Utah, Department of
 Educational Psychology, Salt Lake City, UT

PEER-REVIEWED JOURNAL ARTICLES

* Student-led or ** Student co-authored, + Tier 1 Journal

30. Cutrer-Párraga, E. A., **Allen, G. E. K.**, Miller, E.E., **Garrett, M.F., Conklin, H., Franklin, C. N., Norton, A., **Hee, C., & **Coffey, B.K. (in press, 2023). Perceptions and barriers about mental health services among Pacific Islanders: An interpretative phenomenological analysis. *Journal of Counseling Psychology*.
29. *Greenall, R. F., de Alba, J. G., Nichols, S., **Allen, G. E. K.**, & Bailey, E. G. (2023). Intersecting identities: A look at how ethnic identity interacts with science identity in Native Hawaiian and Pacific Islander students. *CBE—Life Sciences Education*, 22(4), ar43. <https://doi.org/10.1187/cbe.23-01-0010>
28. **Allen, G. E. K.**, **Ming, M., **Hyde, S., **Bozzelli, A., **Rodgers, G., **Sagebin, F. M. & Thompson, M. S. (2023). Investigating religious commitment, perceived religious oppression, self-esteem, depression, and life satisfaction among Latter-day Saint women. *Journal of Spirituality in Mental Health*. <https://doi.org/10.1080/19349637.2022.2163956>
27. *Tanner, E., **Allen, G. E. K.**, Young, E. L., Feinauer, E., & **Ure, C. (2022). Examining psychological correlates and indirect effects of forgiveness on racial discrimination among Polynesian American emerging adults. *Journal of Ethnic and Cultural Studies*, 9, 2, 134-150. <https://dx.doi.org/10.29333/ejecs/1017>
26. Cutrer-Parraga, B., **Allen, G. E. K.**, Conklin, H., **Hee, C., Miller, E., **Chapman, R., **Gancinia, B., **Roan, M., & **Norton, A. (2022). Culture-centered psychotherapy preferences for Polynesian Americans: An interpretative phenomenological approach. *International Journal for the Advancement of Counselling*. <https://doi.org/10.1007/s10447-022-09472-2>
25. **Allen, G. E. K.**, Masuda, A., Griner, D., Beecher, M., **Cline, J., **Hee, C. & **Ming, M., (2022). Examining expectations among Polynesian Americans about seeking psychotherapy. *American Journal of Psychotherapy*. <https://doi:10.1176/appi.psychotherapy.20210031>
24. *Cline, J. I., Larsen, R. A., Griner, D., Beecher, M. E., **Allen, G. E. K.**, Lee, C.-T., **Lefrandt, J. B., & Worthen, V. (2022). Ethnoracial comparisons in anxiety and depression outcomes among Native Hawaiian and Pacific Islander college students. *Journal of Multicultural Counseling and Development*, 00, 1– 10. <https://doi.org/10.1002/jmcd.12254>
23. Masuda, A., **Allen, G. E. K.**, Liu, C., & Tully, E. C. (2021). The role of self-concealment and perceived racial/ethnic discrimination in general psychological distress among racial and ethnic minority college students. *International Journal for the Advancement of Counselling*. <https://doi.org/10.1007/s10447-021-09441-1>
22. **Allen, G. E. K.**, **Norton, A., **Pulsipher, S., **Johnson, D., & **Bunker, B. (2021). I worry that I am almost perfect! Examining relationships of perfectionism, scrupulosity, intrinsic spirituality, and psychological wellbeing among Latter-day Saints. *Spirituality in Clinical Practice*. American Psychological Association. <https://doi:10.1037/scp0000273>

21. *Kane, D., **Allen, G. E. K.**, Smith, T.B., Griner, D., Jackson, A., Beecher, M., **Ming, M., Cutrer-Parraga, B. & Richards, P.S. (2021). Forgiveness and gratitude as mediators between religious commitment and well-Being among Latter-day Saint Polynesian Americans. *Mental Health, Religion & Culture*.
<https://doi.org/10.1080/13674676.2021.1875205>
20. *Hafoka, O., Smith, T. B., Griner, D., **Allen, G. E. K.**, Beecher, M., & Young, E. (2019). Psychotherapy utilization, presenting concerns, and outcomes among Pacific Islander and Asian American students. *Counselling Psychology Quarterly*.
doi.org/10.1080/09515070.2019.1699502
19. *Stokes, H., Griner, D., Smith, T. B., Beecher, M., **Allen, G. E. K.**, Cox, J., Hobbs, K., & Kirtley, N. (2019). Psychotherapy utilization and presenting concerns among international Asian and Asian American students in a university counseling center. *Journal of College Student Psychotherapy*. doi: 10.1080/87568225.2019.1650681.
18. **Allen, G. E. K.**, **Hafoka, O., & Fischer, L. (2019). Examining religious commitment, personality, and well-being among Latter-day Saints. *Journal of Religion & Spirituality in Social Work: Social Thought, 1-17*. doi: 10.1080/15426432.2019.1617822
17. **Allen, G. E. K.**, Wang, K. T., Richards, P. S., **Ming, M. & **Suh, H. N. (2018). Religious discrimination scale: Development and initial psychometric evaluation. *Journal of Religion and Health, 1-14*. doi: 10.1007/s10943-018-0617-z
16. Wang, K. T., **Allen, G. E. K.**, **Stokes, H., & **Suh, H. N. (2018). Perceived perfectionism from God Scale: Development and initial evidence. *Journal of Religion and Health, 57(6), 2207-2223*. doi: 10.1007/s10943-017-0405-1
15. +**Allen, G. E. K.**, Conklin, H., & **Kane, D. (2017). Racial discrimination and psychological health among Polynesians in the U.S. *Cultural Diversity and Ethnic Minority Psychology, 23 (3), 416-424*. doi: 10.1037/cdp0000133
14. +*Li, Z., Heath, M. A., Jackson, A. P., **Allen, G. E. K.**, Fischer, L., & Chan, P. (2017). Acculturation experiences of Chinese international students who attend American universities. *Professional Psychology: Research and Practice, 48(1), 11*.
[doi:10.1037/pro0000117](https://doi.org/10.1037/pro0000117)
13. +**Allen, G. E. K.**, Cox, J., Smith, T. B., Griner, D., Beecher, M., **Hafoka, O. (2016). Psychotherapy utilization and presenting concerns among Polynesian American college students. *The Counseling Psychologist, 44 (1), 28-49. Major Impact Section*.
[doi:10.1177/0011000015617534](https://doi.org/10.1177/0011000015617534)
12. +**Allen, G. E. K.**, Kim, B. S. K., Smith, T. B., **Hafoka, O. (2016). Counseling attitudes and stigma among Polynesian Americans. *The Counseling Psychologist, 44 (1), 6-27. Major Impact Section*. doi: 10.1177/0011000015618762
11. *Lea, T., Richards, P. S., **Sanders, P. W., **McBride, J. A., & **Allen, G. E. K.** (2015). Spiritual pathways to healing and recovery: An intensive single-N study of an eating disorder patient. *Spirituality in Clinical Practice, 2(3), 191*. doi: 10.1037/scp0000085

10. Richards, P. S., **Sanders, P. W., **Lea, T., **McBride, J. A., & **Allen, G. E. K.** (2015). Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration. *Spirituality in Clinical Practice*, 2(3), 169. doi:10.1037/scp0000082
9. *Sanders, P. W., **Allen, G. E. K.**, Fischer, L., Richards, P. S., **Morgan, D. T., & *Potts, R. W. (2015). Intrinsic religiousness and spirituality as predictors of mental health and positive psychological functioning in Latter-day Saint adolescents and young adults. *Journal of Religion and Health*, 54(3), 871-887. doi: 10.1007/s10943-015-0043-4
8. **Allen, G. E. K.**, Wang, K., & **Stokes, H. (2015). Examining legalism, scrupulosity, family perfectionism and psychological adjustment among LDS individuals. *Mental Health, Religion & Culture*. doi: 10.1080/13674676.2015.1021312
7. **Allen, G. E. K.**, & Smith, T. (2015). Collectivistic coping strategies for distress among Polynesian Americans. *Psychological Services*, 12, 3, 322–329. doi: 10.1037/ser0000039
6. **Allen, G. E. K.** & Hill, C. (2014). Exploring perceived attitudes of counseling between LDS religious leaders and mental health therapists. *Issues in Religion and Psychotherapy*, 36, 1, 71-82. doi: 10.1037/e608902013-001
5. +**Allen, G. E. K.** & Wang, K. (2014). Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among LDS individuals. *Psychology of Religion and Spirituality*, 6, 3, 257-264. doi: 10.1037/a0035197
4. +**Allen, G. E. K.**, **Garriott, P. O., Reyes, C. J. & **Hsieh, C. (2014). Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals. *Family Relations*, 62, 82-91. doi: 10.1111/j.1741-3729.2012.00743.x
3. ***Allen, G. E. K.** & Heppner, P. P. (2011). Religiosity, coping, and psychological well-being among Latter-Day Saint Polynesians in the U.S. *Asian American Journal of Psychology*, 2, 1, 13-24. doi: 10.1037/a0023266
2. +*Chaichanasakul, A., **He, Y., **Khairallah, T., **Chen, H., ****Allen, G. E. K.**, & **Ramos, K. (2011). Journal of Career Development: A citation analysis. *Journal of Career Development*. doi: 10.1177/0894845310384262
1. +*Chaichanasakul, A., **He, Y., **Chen, H. A., ****Allen, G. E. K.**, **Khairallah, T. & **Ramos, K. (2010). Journal of Career Development: A 36-year content analysis (1972-2007). *Journal of Career Development*. doi: 10.1177/0894845310380223

SCHOLARLY BOOKS

Richards, P., **Allen, G. E. K.**, & Judd, D. K. (2023). *Handbook of spiritually integrated psychotherapies* (pp. xvii-473). American Psychological Association.

Allen, G. E. K. & Richards, P. S. (in preparation). Spiritually-inclusive Psychotherapy, 1st Edition. *American Psychological Association*.

BOOK CHAPTERS

*Student-led or co-authored

4. Richards, P. S., Pargament, K. I., Exline, J. J. & **Allen, G. E. K.** (2023). *Bringing spiritually integrated psychotherapies into the healthcare mainstream*. In the edited book, *Handbook of spiritually integrated psychotherapies*. *American Psychological Association*.
3. Mikahere-Hall, A., Conklin, H. & **Allen, G. E. K.** (2023). *A Polynesian perspective for navigating the spiritual connections in psychotherapy practice*. In the edited book, *Handbook of spiritually integrated psychotherapies*. *American Psychological Association*.
2. **Allen, G. E. K.**, Richards, P. S., & **Lea, T. (2017). *Spiritually oriented psychotherapy for trauma and meaning-making among ethnically diverse individuals in the United States*. Elsevier Publication, Inc. doi: 10.1016/b978-0-12-803015-8.00006-1
1. Schramm, D. G., & **Allen, G. E. K.** (2014). Divorce and religion. In L. Ganong, M. Coleman, & G. J. Geoffrey (Eds.), *The Social History of the American Family*. Thousand Oaks, CA: SAGE Publications, Inc. doi: 10.4135/9781452286143.n162

ONGOING PROJECTS

*Doctoral and **undergraduate students under my supervision

Spiritual-, cultural-, and indigenous psychological healing practices in Fiji.

Allen, G. E. K., Cutrer-Parraga, B. Miller, E., Conklin, H., Roan, M., Webster, R., and Heder, S. The Poly Psi team conducted interviews with college students and therapists/counselors in Fiji through an Interpretative Phenomenological Analysis approach. The team received \$24,000 grant to conduct this research.

Mental health among Pacific Islanders in Utah

Allen, G. E. K., Cutrer-Parraga, B. *Miller, E., & *Norton, A. Attitudes, perceptions, and barriers to receiving mental health services for Pacific Islanders in Utah. Invited by Jake Fitisemanu (West Valley City Council Member) to conduct statewide needs assessment and research. Sponsored by the Utah Pacific Islander Health Coalition.

Utah State Board of Education:

Allen, G. E. K., Cutrer-Parraga, B. & *Norton, A. Building understanding: Closing gaps in postsecondary readiness for BIPOC student groups. Proposing statewide research project and grant to conduct postsecondary readiness for underrepresented student groups.

American Samoa Research Project:

Allen, G. E. K., *Gancinia, B., *Chun, S., *Chapman, R., **Fifita, S. Spiritual and cultural practices in psychotherapy among American Samoan clients: A qualitative research method approach

Allen, G. E. K., *Gancinia, B., *Lefrandt, J., *Chun, S., **Park, K., **Tenney, T., Stroud, K. Spiritual and cultural practices in psychotherapy utilized by American Samoan therapists: A qualitative research method approach

New Zealand Research Project:

Allen, G. E. K. and Coffey, B. Spiritual and cultural practices in psychotherapy utilized by Māori therapists: A qualitative research approach

U.S. Polynesian Research Project - Big Data Set:

Allen, G. E. K., Steinwand, E. S., *Cline, J., *Chun, S., & *Tsoi, C. Polynesian culture-specific psychotherapy scale: Development and initial psychometric evaluation.

Allen, G. E. K. Measuring the efficacy of culturally-specific psychotherapeutic interventions for Polynesian Americans.

Scrupulosity, Perfectionism, and the Brain Project:

Nielsen, J., **Allen, G. E. K.,** **Baughn, E., **Bunker, B., & **Johnson, D. Scrupulosity and the Brain.

GRANTS AWARDED**\$4,062,057.00** total in grants awarded to date

- 2023 **Interdisciplinary Minority Fellowship Program Grant**
Federal grant to APA from SAMHSA and DHHS
Awarded to BYU counseling psychology doctoral student, Ben Coffey
Mentored Ben as he was awarded this prestigious fellowship grant for his research on psychotherapeutic interventions for Māori.
\$23,000
- 2021 **Scholarly and Creative Work Grants**
David O. McKay Grant
Brigham Young University
Principal Investigator
Faufautua: Professional Development, Experiential Learning and Research, and Student Mentoring in American Samoa and Fiji (2022-2023 project)
\$24,020
- 2021 **Utah County Pacific Islander Health Coalition**
State of Utah
Principal Investigator
Exploring attitudes, perceptions, and utilization rates of mental health services among Pacific Islanders in the State of Utah.
\$3,560
- 2017-2020 **John Templeton Foundation Grant**
Co-Principal Investigator and Co-Director with Principal Investigator P. Scott Richards, Ph.D.
Bringing Spiritually Oriented Psychotherapies into the Healthcare Mainstream.
\$3,572,011 between 3/2017-3/2020
5/236 awarded; we were one of the 5
- 2020 **McKay School of Education Mini Grant**
Mentored Research
Exploring Experiences of Mahu among Native Hawaiians: Rachel Chapman's Dissertation
\$4,767
- 2020 **Experiential Learning Grant**
David O. McKay School of Education
APA Division 17 Counseling Psychology Conference; students mentored and attended
\$4,062
- 2019 **McKay School of Education Mini Grant**
Principal Investigator
Spiritual, Cultural, Indigenous Ways of Healing in Psychotherapy, APA Annual Convention, Chicago, IL
\$5,000

- 2018 **McKay School of Education Mini Grant**
Principal Investigator
Spiritual, Cultural, Indigenous Ways of Healing in Psychotherapy, Auckland
University of Technology, NZ
New Zealand
\$5,000
- 2018 **Mentoring Environment Grant (MEG)**
Principal Investigator
Spiritual, Cultural, Indigenous Ways of Healing in Psychotherapy in
American Samoa and New Zealand
\$20,000
- 2017 **McKay School of Education Mini Grant**
Principal Investigator
Religiosity, depression, and anxiety among Native Hawaiian and Pacific Islander
college students at counseling centers across the U.S.
\$5,000
- 2016 **McKay School of Education Research Grant**
Polynesian American Psychological Well-being and Adjustment
Principal Investigator
\$26,272
- 2016 **Graduate Research Fellowship Mentored Grant (Jason Lefrandt)**
Counseling Psychology Doctoral Student, BYU
Mentored Jason as he was awarded the BYU Graduate Research Fellowship Grant
for his dissertation on Native Hawaiians and substance abuse at a university
counseling center
\$15,000
- 2016 **Mentoring Environment Grant (MEG)**
Co-PI with P. Scott Richards, Ph.D.
Psychology, Religion, and Spirituality
\$20,000
- 2016-2020 Mentored Jason Lefrandt (Assisted in writing the grant)
Counseling Psychology Doctoral Student, BYU
Awarded the BYU Graduate Research Fellowship Grant for his dissertation on
Native Hawaiians and substance abuse at a university counseling center.
\$15,000
- 2014 Mentored Danise Mok (Assisted in writing the grant)
Counseling Psychology Doctoral Student, BYU
Mentored Danise as she was awarded the BYU Graduate Research Fellowship
Grant for her research with domestic help among Hong Kong
\$15,000
- 2014 **John Templeton Foundation Grant**

Co-Principal Investigator and Co-Director with Principal Investigator P. Scott Richards, Ph.D.

Bringing Spiritually Oriented Psychotherapies into the Healthcare Mainstream: A Preparatory Grant Proposal for an International Grant Competition

\$207,460

2014

McKay School of Education Research Grant

Religious Commitment and Well-being among Diverse Religious Individuals across the U.S.

Principal Investigator

\$13,153

2014

McKay School of Education Research Grant

Psychological Well-Being among Polynesian Americans

Principal Investigator

\$22,190

2013

Bridges—A Research-Practice Network for Spiritually Oriented Psychotherapies

David O. McKay School of Education: Research Cluster Funding

Co-Principal Investigator

\$60,000

2012

Faculty Scholarly and Development Support Fund

Southern Utah University

Office of the Provost

\$1,562.00

REFEREED PRESENTATIONS

International and National Research Conference Symposia and Oral Presentations

*Graduate and **Undergraduate student-led or co-authored

25. **Allen, G. E. K.**, (2023). *Overview of recent research on perfectionism, scrupulosity, and mental health among Latter-day Saints*. Symposium session at the 2023 APA Convention, Washington, DC.
24. **Allen, G. E. K.**, Mihecoby, A. L., McCubbin, L. D., & Gray, J. (2022). *Indigenizing psychotherapy with Pacific Islanders*. Symposium session at the 2022 APA Convention, Minneapolis, MN.
23. *Hee, C., **Chandler, K., *Delirio, J., **Semu, E., Conklin, H., **Allen, G. E. K.** (2021, August). *The association between ethnic identity, self-esteem, and mental health for Polynesians*. Presented (virtually) at the 2021 APA Convention, San Diego, CA.
22. *Norton, A., *Tanner, E., **Semu, E., & **Allen, G. E. K.** (2021, August). *Does Ethnic Identity Mediate the Relationship Between Stigma & Life Satisfaction for Polynesian Americans?* Presented (virtually) at the 2021 APA Convention, San Diego, CA.
21. *Ming, M. S. & **Allen, G. E. K.** (2020). *Gratitude and well-being: The mediating roles of meaning in life, social support, and self-esteem*. 2020 Virtual Western Psychological Association (WPA) conference.
20. *Ming, M. S., **Allen, G. E. K.**, & *Nance, C. (2020). *Meaning, optimism, and gratitude mediate spirituality and life satisfaction among Latter-day Saints*. 2020 Virtual Western Psychological Association (WPA) conference.
19. **Allen, G. E. K.**, **Johnson, D., **Davis, S., & **Bunker, B., (2020). *I can't stand to be almost perfect*. American Psychological Association Convention (Virtual), Division 36.
18. *Tsoi, C., *Hee, C., Cutrer-Parraga, B., Conklin, H., & **Allen, G. E. K.** (2020). *Psychotherapy interventions for Polynesians: A Interpretative Phenomenological Approach*. American Psychological Association Convention (Virtual), Division 45 poster session.
17. Cutrer, B., Conklin, H., *Hee, C., *Tsoi, C., *Chapman, R., *Tanner, E. & **Allen, G. E. K.** (2020). *Psychotherapy interventions for Polynesian Americans: A Interpretative Phenomenological Approach*. Society of Indian Psychologists, Annual Convention, Utah State University, Logan, UT.
16. **Allen, G. E. K.**, *Tsoi, C. *Tanner, E., *Chapman, R., & **Lotulele, T. (2020). *Cultural Frameworks for Maori Psychotherapy*. Society of Indian Psychologists, Annual Convention, Utah State University, Logan, UT.
15. **Allen, G. E. K.**, **Johnson, D., **Davis, S., **Bunker, B., & **Christensen, M. (2019). *"I*

can't stand to be almost perfect:” An overview of perfectionism and scrupulosity research and clinical treatment among Latter-day Saints. Paper presentation for a workshop at Association of Mormon Counselors and Psychotherapists (AMCAP).

14. Masuda, A., **Allen, G. E. K.**, & Liu, C. (2019). The role of self-concealment and perceived racial/ethnic discrimination in general psychological distress among racial and ethnic minority college students. *In D. Larson (Chair). Secret, secret keeping, and self-concealment: Implications for well-being and psychotherapy.* Symposium presentation at the annual meeting of the American Psychological Association in Chicago, IL.
13. **Allen, G. E. K.**, Conklin, H., *Hafoka, O. & *Kane, D. (2016). *Polynesian American psychology research: The pitfalls of ethnic lumping in research.* Symposium presented at the 2016 APA Convention, Denver, CO.
12. *Sanders, P., *McBride, J., Richards, P. S., & **Allen, G. E. K.**, (2016). *Bridging the research-practice gap with a clinically adaptive internet-based outcome system.* Panel presentation at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
11. Richards, P. S., **Allen, G. E. K.**, *McBride, J., & *Sanders, P. (2016). *Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration.* Panel presentation at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
10. **Allen, G. E. K.** (2015). *Spiritually-oriented psychotherapies for trauma and meaning for ethnically diverse individuals in the U.S.* Panel presentation given at the 2015 World Congress of Families IX, Salt Lake City, UT.
9. Wang, K. T., **Allen, G. E. K.**, *Stokes, H., & *Suh, H. N. (2015). *Perfectionism & religion: Different perspectives and scale development.* Paper presentation at the 9th Annual Psychology of Religion Conference: Beijing, China.
8. *Aiono, M., & **Allen, G. E. K.** (2015). *Psychological Well-Being Among Polynesian American Emerging Adults.* Presented at the Spring 2015 27th Annual Association for Psychological Science Conference, New York City, NY.
7. *Cançado, R., *McDonald, A., *Sanders, P., **Allen, G. E. K.**, Judd, D., Richards, P.S., (2015). *Relationships among spirituality, mental health, and psychosocial functioning: An exploratory investigation in a young adult sample.* Paper presented at the 2015 APA Division 36 Midyear Conference: Psychology of Religion and Spirituality, Provo, UT.
6. **Allen, G. E. K.** (2012). *Mormon Pacific Islanders: Religiosity, acculturation, coping, and well-being among immigrant Polynesians.* Paper presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
5. **Allen, G. E. K.**, **Reid, D., **Rodgers, G., **Hyde, S., & **Bozelli, A. (2012). *Exploring the impact of religiosity, religious oppression, self-esteem, and life satisfaction among Mormon women.* Paper presented at the Rocky Mountain Psychological Association Convention, Reno, NV.

4. **Allen, G. E. K.**, (2012). *Mormon Pacific Islanders: Religiosity, acculturation, coping, and psychological well-being among immigrant Polynesians*. Paper Presented at the Meeting of the Society for Cross-Cultural Research, Las Vegas, NV.
3. **Allen, G. E. K.** (2012). *Pacific Islander Identity Development: A multivariate profile analysis of Biracial Polynesian/White individuals*. Paper Presented at the Meeting of the Society for Cross-Cultural Research, Las Vegas, NV.
2. *Chiao, H., ***Allen, G. E. K.**, *He, Y., *Kanagui, M., & *Garriott, P.O. (2008). Benefits of the BCCIP to host students. In P.P. Heppner, & L.-F. Wang (Chairs). *Multiple Benefits of a Bidirectional Cross-Cultural Immersion Program*. Symposium conducted at the 2008 Annual American Psychological Association Convention, Boston, MA.
1. Huebner, L., *McAward, S., *Wong, B., ***Allen, G. E. K.** (2004). *High-severity clients in counseling centers: Treatment course and outcomes*. Research study presented at the 2004 American Psychological Association Annual Convention: Division 17 Counseling Psychology, Honolulu, Hawaii.

REFEREED PRESENTATIONS

International and National Research Conference Poster Presentations

*Graduate and **Undergraduate student-led or co-authored

59. *Bunnell, K., **Baughan, E. C., Ferguson, M. A., Smith, G. S., Smith, B. M., **Allen, G. E. K.**, Nielsen, J. A. (2024). *An fMRI investigation of the brain circuits involved in religious obsessive-compulsive disorder*. Presentation at the Society of Biological Psychiatry, Austin, TX.
58. *Norton, A. & **Allen, G. E. K.** (2023). Factor structure and validity of the Depression, Anxiety, and Stress Scales (DASS-21) with Pacific Islanders. Presentation at the 2023 APA Convention, Washington, DC.
57. *Taito, G., *Roan, M. Feinauer, E., *Webster, R., Cutrer-Parraga, E., *Coffey, B. & **Allen, G. E. K.** (2023). *Exploring spiritual, cultural, and indigenous ways of healing in psychotherapy in Fiji*. Presentation at the 2023 APA Convention, Washington, DC.
56. **Gable, M., **Baughan, E., *Bunnell, K., Ferguson, M. A., Smith, G. S., Smith, B. M., **Allen, G. E. K.**, & Nielsen, J. A. (2023). Brain morphometry and scrupulosity. *Biological Psychiatry*, 93, 9, Supplement.
<https://doi.org/10.1016/j.biopsych.2023.02.776>.
55. **Baughan, E., *Bunnell, K., Ferguson, M. A., Smith, G. S., Smith, B. M., **Allen, G. E. K.**, & Nielsen, J. A. (2023). An fMRI Investigation of brain circuitry involved in emotional processing and scrupulosity. *Biological Psychiatry*, 93, 9, Supplement.
<https://doi.org/10.1016/j.biopsych.2023.02.596>.
54. *Bunnell, B., **Baughan, E. C., Ferguson, M. A., Smith, G. S., Smith, B. M., **Allen, G. E. K.**, & Nielsen, J. A. (2023). A Reliability study of the Religious Distress Task—An fMRI task for scrupulosity. *Biological Psychiatry*, 93, 9, Supplement.
<https://doi.org/10.1016/j.biopsych.2023.02.320>.
53. *Polhill, S., **Hansen, S., **Baughn, E., *Bunnell, K., Bunker, B., Hansen, K. L., Wang, K. T., **Allen, G. E. K.**, & Nielsen, J. (2022). *Examining self-compassion as a mediator between perfectionism and scrupulosity among Latter-day Saint populations*. Presentation at the 2022 APA Convention, Minneapolis, MN.
52. **Baughn, E., *Bunnell, K., *Polhill, S., **Hansen, S., Prada, D. G., **Allen, G. E. K.**, & Nielson, J. (2022). *Thought-action does not moderate the relationship between intolerance of uncertainty and scrupulosity in a nonclinical LDS sample*. Presentation at the 2022 APA Convention, Minneapolis, MN.
51. *Norton, A., **Allen, G. E. K.**, & **Funn, B. (2022). *Is Pacific Islander mental health significantly correlated with ability to afford services, health literacy, age, and gender?* Presentation at the 2022 APA Convention, Minneapolis, MN.
50. *Garrett, M., Cutrer-Parraga, E., **Allen, G. E. K.**, Miller, E., Conklin, H., *Norton, A., **Dunivan, W., & Young, E. (2022). Perceived barriers of Pacific Islander male high school students to mental health services. Presented at the National Association of School Psychologists, Boston, MA.

49. **Chandler, K., *Fonoimoana-Garrett, M., Cutrer-Parraga, B., & **Allen, G. E. K.** (2022). *Perceptions of Pacific Islanders towards mental health support in the State of Utah*. University Conference on Undergraduate Research. Dixie State University, St. George, Utah.
48. *Gancinia, B., **Chandler, K., **Nonu, L., *Sproat, K., *Fifita, S., & **Allen, G. E. K.** (2019). *Therapeutic preferences of Polynesian Americans*. Poster presented at the 2019 APA Convention, Chicago, IL.
47. Conklin, H., *Hee, C., *Gancinia, B., *Chapman, R., *Scott, L., **Tenney, T., **Fifita, S., *Auelua, L., *Nonu, L., & **Allen, G. E. K.** (2019). *Polynesian cultural frameworks for healing and implications for therapy practice*. Poster presented at the 2019 APA Convention, Chicago, IL.
46. *Gancinia, A., *Lefrandt, J., *Cline, J., B., *Kane, D., Conklin, H., **Allen, G. E. K.** (2018). *The impact of humor on help seeking, depression, anxiety, and stress among Polynesian Americans*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
45. Conklin, H., **Allen, G. E. K.**, & *Hafoka, O. (2018). *Culturally modified approaches considered helpful to Polynesians*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
44. *Lefrandt, J., *Cline, J., B., *Gancinia, A., *Kane, D., **Allen, G. E. K.** (2018). *Comparing Native Hawaiian college student's alcohol use*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
43. *Kane, D. K., **Allen, G. E. K.**, Griner, D., Beecher, M., Cox, J., *Cline, J., *Scott, L., *Gancinia, A. (2018). *Factor analysis of the Religious Commitment Inventory with a Polynesian American sample*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
42. *Cline, J. I., Larsen, R., Griner, D., Beecher, M. E., **Allen, G. E. K.**, *Lefrandt, J. B., *Gancinia, A., *Kane, D. (2018). *Ethnoracial comparisons in anxiety and depression outcomes among Native Hawaiian and Pacific Islander college students*. Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
41. *Cline, J., *Lefrandt, J., *Gancinia, A., *Kane, D., Larsen, R., & **Allen, G. E. K.** (2017). *Anxiety, depression, and the role of spirituality and religiosity among Native Hawaiians and Pacific Islander college students*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 17, CCPTP-SAG for SERD (Section on Ethnic and Racial Diversity).
39. *Gancinia, A., *Kane, D., *Lefrandt, J., *Cline, J., Tenney, S. & **Allen, G. E. K.** & (2017). *Humor: A culturally adaptive intervention for Polynesians*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
38. *Lefrandt, J., **Allen, G. E. K.**, *Cline, J., *Gancinia, A., & *Kane, D. (2017). *Exploring*

Native Hawaiian and Pacific Islander college student alcohol use. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.

37. *Cline, J., *Lefrandt, J., *Gancinia, A., *Kane, D., Larsen, R., **Allen, G. E. K.** (2017). *Anxiety, depression, and the role of spirituality and religiosity among Native Hawaiians and Pacific Islander college students.* Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
36. *Kane, D., **Allen, G. E. K.**, *Gancinia, A., *Lefrandt, J., *Cline, J. (2017). *Psychotherapy expectations and intentions among Polynesian Americans.* Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.
35. *Rasmus, M. E., *Paul, Y., **Allen, G. E. K.**, & Wang, K. (2017). *Perfect believer concepts and psychological well being among Latter-day Saints.* Poster presented at the 2017 APA Convention, Washington, DC, Div. 36.
34. *Kirchhoefer, J., Beecher, M. E., Griner, D., **Allen, G. E. K.**, Fischer, L., Smith, T.B. & Cox, J. (2016). *Psychotherapy Utilization Trends Among Latino Student Subgroups in a University Counseling Center.* Poster presented at the National Latino Psychological Association, Orlando, FL.
33. Conklin, H., *Hafoka, O. *Kane, D. & **Allen, G. E. K.** (2016). *Counseling stigma and coping styles among Polynesians living in the U.S.* Poster presented at the 2016 AAPA Convention, Denver, CO.
32. *Hafoka, O. & **Allen, G. E. K.** (2016). *Psychological wellbeing among Tongan Americans.* Poster presented at the 2016 APA Convention, Denver, CO.
31. *Mok, K. Y. D., **Rhees, N., Cox, J. & **Allen, G. E. K.** (2016). *After political violence: Psychological adjustment among adolescents and young adults in Hong Kong.* Poster presented at the 2016 APA Convention, Div. 56, Denver, CO.
30. *Mok, K. Y. D., **Rhees, N., Cox, J. & **Allen, G. E. K.** (2016). *Modern-day slavery: Employment experience and psychological wellbeing of foreign domestic helpers in Hong Kong.* Poster presented at the 2016 APA Convention, Div. 35, Denver, CO.
29. *Kane, D. K. & **Allen, G. E. K.** (2016). *Gratitude and forgiveness: Relational character strengths as predictors of well-being in Polynesians.* Poster presented at the 2016 APA Convention, Div. 45 poster session, Denver, CO.
28. **Allen, G. E. K.** & *Kane, D. K. (2016). *Psychotherapy utilization and presenting concerns among Polynesian American students in a university counseling center.* Poster presented at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
27. *Kane, D. K. & **Allen, G. E. K.** (2016). *Self-stigma associated with seeking psychological help, self-esteem, and the buffering effect of gratitude in Polynesian Americans.* Poster presented at the 28th Annual Association for Psychological Science (APS) Convention in Chicago, IL.
26. *Kane, D. K. & **Allen, G. E. K.** (2016). *Spirituality, gratitude, and forgiveness: Predictors*

of well-being in Polynesian Americans. Poster presented at the 2016 APA Division 36 Midyear Conference, Brooklyn, NY.

25. Wang, K. T., *Jacques, K. E., *Schuberg, M. I., & **Allen, G. E. K.** (2016). *What Does Being Religiously Perfect Mean?* Poster presentation at the Christian Association for Psychological Studies (CAPS) Annual Conference: Los Angeles, CA.
24. Wang, K. T., **Allen, G. E. K.**, *Stokes, H., & *Suh, H. N. (2015). *Perceived perfectionism from God scale: Development and psychometric evaluation*. Poster presented at 2015 APA Convention, Div. 36 poster session, Toronto, CAN.
23. **Allen, G. E. K.**, Wang, K. T., & *Stokes, H. (2015). *Examining legalism, scrupulosity, family perfectionism, and psychological adjustment among LDS individuals*. Poster presented at 2015 APA Convention, Div. 36 poster session, Toronto, CAN.
22. *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American students*. Poster presented at 2015 APA Convention, Div. 45 poster session, Toronto, CAN.
21. *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American female students*. Poster presented at 2015 APA Convention, Div. 35 poster session, Toronto, CAN.
20. *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American female students*. Poster presented at 2015 AAPA Convention, Toronto, CAN.
19. Conklin, H., *Hafoka, O., *Mok, K. Y. D., *Aiono, M., *Wright, D., Griner, D., Cox, J., Beecher, M., & **Allen, G. E. K.** (2015). *Discrimination and well-being among Polynesian Americans: Roles of anger and self-esteem*. Poster presented at 2015 APA Convention, Div. 45 poster session, Toronto, CAN.
18. Conklin, H., *Hafoka, O., *Mok, K. Y. D., *Aiono, M., *Wright, D., Griner, D., Cox, J., Beecher, M., & **Allen, G. E. K.** (2015). *Discrimination and well-being among Polynesian Americans: Roles of anger and self-esteem*. Poster presented at 2015 AAPA Convention, Toronto, CAN.
17. *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., **Allen, G. E. K.** (2015). *Presenting concerns and therapy outcome of Asian International and European American female students*. Poster presented at the 2015 APS Convention, New York, NY.
16. *Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., *Aiono, M., Conklin, H., *Hafoka, O., **Allen, G. E. K.** (2015). *Presenting concerns and therapy outcome of Asian International and European American students*. Poster presented at the 2015 APS Convention, New York, NY.

15. *Aiono, M., *Hafoka, O, *Mok, K. Y. D., *Ripplinger, C., *Scalese, A., **Allen, G. E. K.** (2015). *Examining religiosity and well-being among Polynesian Americans*. Poster presented at the 2015 APA Division 36 Midyear Conference: Psychology of Religion and Spirituality, Provo, UT.
14. Griner, D., Conklin, H., *Hafoka, O., *Keung, S., *Wright, D., Beecher, M., Cox, J., & **Allen, G. E. K.**, (2014). *“What ails?” A study of Polynesian American student concerns*. Poster at the American Psychological Association (APA) Convention, Washington, D.C.
13. **Allen, G. E. K.**, Conklin, H., *Hafoka, O., Griner, D., *Wright, D., *Keung, S., & Beecher, M. (2014). *Collectivistic coping strategies for distress among Polynesian Americans*. Poster at the Asian American Psychological Association (AAPA) Convention, Washington, D.C.
12. **Allen, G. E. K.**, Hill, C., **Sauceda, M., **Hyde, S., **Kelly, A., **Rodgers, G., **McDonald, A., **Fortenberry, H. & **Baruffi, S. (2013). *Examining perceptions of counseling between LDS religious leaders and mental health therapists*. Poster at the American Psychological Association (APA) Convention, Division: 36 – poster session, Honolulu, HI.
11. **Allen, G. E. K.**, Wang, K., **Reid, D., **Fortenberry, H., **Kelly, A., **Orton, K., **Baruffi, S., & **Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among Mormons*. Poster presented at the American Psychological Association (APA) Convention, Division: 36 poster session, Orlando, FL.
- 10.. **Allen, G. E. K.**, **Reid, D., **Fortenberry, H., **Kelly, A., **Orton, K., **Baruffi, S., & **Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and psychological well-being among LDS individuals*. Poster presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
9. **Allen, G. E. K.**, (2011). *American Polynesians and psychological well-being*. Poster Presented in the Georgia Psychology Association Annual Meeting, Atlanta, GA.
8. **Allen, G. E. K.**, (2011). *Religiosity, coping, and psychological well-being among LDS Polynesians*. Poster Presented in Division 17 Session on Counseling Process Outcome and Training and Supervision at the American Psychological Association 2011 Annual Convention, Washington, DC.
7. **Allen, G. E. K.**, (2011). *Psychological well-being among LDS Polynesians in the Midwest*. Poster Presented at the 9th Annual Mid-Year Conference on Religion and Spirituality at Loyola Columbia Graduate Center in Columbia, MD.
6. **Allen, G. E. K.**, (2011). *Religiosity, collectivistic coping, self-acceptance, and purpose in life among Polynesians in the U.S*. Poster Presented at the Winter Roundtable Conference, Teachers College, Columbia University. New York, NY.
5. **Allen, G. E. K.**, (2010). *Religiosity, coping, and psychological well-being among LDS Polynesians*. Poster Presented at the Asian American Psychological Association 2010 Annual Convention, San Diego, CA.

4. **Allen, G. E. K.**, Reyes, C. J., *Garriott, P.O., *Hsieh, C. (2009). *Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals*. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.
3. *Garriott, P. O., *Chaichanasakul, A., ***Allen, G. E. K.**, *He, Y., Mobley, M., & *Khairallah, T. (2009). *Racial/ethnic minority and international counseling trainees' experiences in multicultural training: A phenomenological exploration*. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.
2. *He, Y., *Chaichanasakul, A., *Khairallah, T., ***Allen, G. E. K.**, *Chen, H., & *Ramos, K. (2008). *JCD Content and Citation Analysis*. Poster Presented at the 2008 American Psychological Association Annual Convention, Boston, MA.
1. ***Allen, G. E. K.** (2004). *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*. Poster presented at the 2004 American Psychological Association Annual Convention: Division 17 Counseling Psychology CCPTP-SAG for SERD (Section on Ethnic and Racial Diversity), Honolulu, Hawaii.

INVITED SCHOLARLY ORAL PRESENTATIONS

Nationally Invited Speaker Events

28. **Allen, G. E. K.** (2023, December). *Diversity training: Mental health assessment & intervention considerations when working with Polynesian youth and families.* Department of Pediatric Psychology, CHOC Children's Hospital Orange County, CA
27. **Allen, G. E. K.** (2022, December). *Nānā i Ke Kumu: Cumulation of Pasifika mental health research.* Presentation given for Utah Polynesian Professionals for the monthly virtual "Lunch and Learn" event.
26. **Allen, G. E. K.** (2022, November). *Race-related stress and trauma among BIPOC youth in US schools: Research and clinical implications.* Presented to the DEI Director and staff of Davis County School District, Davis, UT.
25. **Allen, G. E. K.** (2022, September). *Race-related stress and trauma among BIPOC youth in US schools: Potential training for school psychologists and counselors.* Presented to the Deputy Superintendent and team of Davis County School District, Davis, UT.
24. Fonoimoana Garrett, M., **Allen, G. E. K.**, Cutrer-Parraga, B., Conklin, H., & Miller, E., (2021, November). *Utah Pacific Islander mental health perceptions, attitudes, utilization, and needs.* Hosted by University Neighborhood Partners, Latino Behavioral Health Services, University of Utah Health, and Salt Lake County.
23. **Allen, G. E. K.**, Cutrer-Parraga, B., Conklin, H., Fonoimoana Garrett, M., & Miller, E. (2021, November). *Utah Pacific Islander mental health perceptions, attitudes, utilization, and needs.* Highly attended oral (virtual) presentation to the Utah Pacific Islander Health Coalition, Pacific Islander (PI) community leaders, PI religious leaders, and the broader PI community. Grant awarded to conduct the needs assessment and research study.
22. **Allen, G. E. K.** (2021, May). *"I worry that I am almost perfect! Examining relationships of perfectionism, scrupulosity, intrinsic spirituality, and psychological wellbeing among Latter-day Saints."* Oral presentation to all McKay School of Education faculty and staff.
21. **Allen, G. E. K.** (2021, April). *Indigenous healing: Decolonizing the western approach of psychotherapy.* Presentation given to all clinicians at Bridges Psychotherapy Solutions, LLC centering on indigenous practices and interventions in psychotherapy. Provo, Utah.
20. **Allen, G. E. K.** (2021, April). *Difficult dialogues: A possible path to BRIDGES.* Presentation given to all staff at Bridges Psychotherapy Solutions, LLC around diversity and equity issues. Provo, Utah.
19. **Allen, G. E. K.**, Tanner, E., Norton, A. & Fonoimoana Garrett, M. (2021, April). *Racial discrimination among Pacific Islander emerging adults and college students.* 8th Annual National Pacific Island Violence Prevention Conference: Pacific Racism and Violence. Salt Lake City, Utah.
18. **Allen, G. E. K.** (2019, November). *The integration of spirituality, culture, and mental health among Pacific Islanders.* **Keynote** address at the Pacific Island Knowledge 2 Action Resources Annual Awards Dinner, "Hats Off for Health." SLC, UT.

17. **Allen, G. E. K.**, Tsoi, C., Chun, S., & Hee, C., (2019, October). *Psychotherapy research and clinical implications for Polynesians in the U.S.* Workshop given at the Polynesian Mental Health Awareness Program Event, SLC, UT.
16. **Allen, G. E. K.**, Conklin, H., Gancinia, B., & Chandler, K. (2019, October). Depression and Anxiety among Pacific Islanders. Workshop given at the Polynesian Mental Health Awareness Program Event, SLC, UT.
15. **Allen, G. E. K.** (2019, August). *Experiences of immigrants.* Moderator for panel of scholars and experts. 68th United Nations Civil Society Conference, SLC, UT.
14. **Allen, G. E. K.** & Smith, T. B. (2019, August). *Experiences and evidence of religious discrimination.* Workshop of scholars and experts. 68th United Nations Civil Society Conference, SLC, UT.
13. **Allen, G. E. K.** (2019, April). *Overview of Current Polynesian Psychology and Psychotherapy Research.* Presentation given to the Department of Psychology: **Diversity Colloquium Series Speaker**; to faculty, undergraduate, and graduate students, University of Hawai'i at Manoa, Honolulu, HI.
12. **Allen, G. E. K.** (2019, April). *Overview of Current Polynesian Psychology and Psychotherapy Research.* Presentation given to the Department of Psychology; faculty and students at Brigham Young University – Hawai'i, La'ie HI.
11. **Allen, G. E. K.** (2019, April). *Overview of Current Polynesian Psychology and Psychotherapy Research.* Presentation given to Department of Social Work, Community Mental Health; to faculty and students at Brigham Young University – Hawai'i, La'ie HI.
10. Richards, P. S., **Allen, G. E. K.**, Sanders, P. & McBride, J. (2019, March). *Current research on spiritually oriented psychotherapies.* Presentation given at the Psychology and Spirituality: Partners in Healing Conference at Arizona State University, Tempe, AZ
9. **Allen, G. E. K.** & Allen, C. S. (2019, February). *Resilience and Psychological Health in the Face of Trials.* Presentation given to community members, parents, and athletes at Brigham Young University, Provo, Utah.
8. **Allen, G. E. K.** (2016). *Polynesian Mental Health and Psychological Well-being Research in the U.S.* Beyond Culture Conference. University of Utah, Salt Lake City, Utah.
7. **Allen, G. E. K.** (2013). *Using Prezi on an iPad in Teaching.* "Lunchbytes" Discussions, Presentation given at Southern Utah University, Center for Faculty Excellence, Cedar City, Utah.

6. **Allen, G. E. K.** (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among LDS individuals*. Presented to licensed psychologists and psychology interns at Southern Utah University Counseling and Psychological Services (CAPS), Cedar City, Utah.
5. **Allen, G. E. K.** (2011). *American Polynesians and Psychological Well-being*. Presentation For Psychology Internship Colloquium at Duke University Counseling and Psychological Services (CAPS). Durham, NC.
4. **Allen, G. E. K.** (2010). *Marriage works: "How do we make our marriages work?"* Large Church Organization, Columbia, Missouri.
3. **Allen, G. E. K.** (2009). *Defining Addictions: "What is it and how do I know it's an addiction?"* Religious Women's Organization, Columbia, Missouri.
2. **Allen, G. E. K.** (2005). *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*. Presenter at Opening Ceremonies of the 2005 University of Utah Pacific Islander Symposium, Salt Lake City, Utah.
1. **Allen, G. E. K.** (2004, May). *High-severity clients in counseling centers: Treatment course and outcomes*. University of Utah Counseling Center, Salt Lake City, Utah.

RESEARCH MEDIA COVERAGE

LDS Living interview: What I've learned about the OCD that attacks those who love God (8.8.23)
<https://www.ldsliving.com/putting-scrupulosity-in-perspective-what-ive-learned-about-the-form-of-ocd-that-attacks-those-who-love-god/s/11498>

Spiritually Integrated Psychotherapies (2023); BYU McKay School of Education website article
<https://education.byu.edu/news/mckay-professor-publishes-new-textbook-with-4-million-dollar-grant>

Poly Psi Live Podcast (started 2023). It can be found on Stitcher, Apple, Google Podcast, and Spotify.
<https://www.stitcher.com/show/poly-psi-live>

Fiji One Breakfast Show featured the Poly Psi Team in Fiji 2022 conducting mental health research.
<https://twitter.com/BreakfastFiji1/status/1536078244965138432?t=YYVUpVIB1SVOegYEGZ5Sig&s=08>
https://www.facebook.com/watch/?v=1261486111051278&extid=NS-UNK-UNK-UNK-AN_GK0T-GK1C&ref=sharing

Fiji Broadcasting Corporation featured the Poly Psi Team in Fiji 2022 conducting mental health research. <https://vimeo.com/720239165>

Fiji Evening News Report featured the Poly Psi Team in Fiji 2022 conducting mental health research.
<https://www.facebook.com/100008303944808/videos/pcb.3317560991864000/992825944738544>

BYU "Takeover" Instagram feature on research related to perfectionism and scrupulosity
https://www.instagram.com/tv/CT7sEU_DKOD/?utm_source=ig_web_copy_link

For BYU researchers, investigating Alzheimer's in Pacific Islander community is about giving back. Consultant on a major large NIH grant.
https://www.ksl.com/article/50220649/for-byu-researchers-investigating-alzheimers-in-pacific-islander-community-is-about-giving-back?fbclid=IwAR32cAy2BWG0cm1lkcALGrMgfR29mVZpM1CcCd1ua_oqXOdR4sn5eMnooV4

BYU researches where religious OCD is activated in the brain. The Daily Universe, BYU. <https://universe.byu.edu/2020/02/12/byu-research-team-to-explore-scrupulosity-in-the-brain/>

- Surpassed records of shares and visibility in social media for The Daily Universe.

Religious OCD: When faith becomes an obsession. The Daily Universe, BYU. <https://universe.byu.edu/2020/01/29/religious-ocd-when-faith-becomes-an-obsession-rather-than-a-consolation-at->

byu/?fbclid=IwAR1lyfyeZsCUJYRbBSmFF9krb3O2y3cXVPPK1L2JMB6eqSAQ8UhoRfTRQE

- Set record of number of social media shares for The Daily Universe, over 500 shares the first day.

Psychotherapy with Pasifika. News interview while in New Zealand conducting research with Poly Psi Team about mental health services for Pacific Islanders in New Zealand.

<https://www.facebook.com/tagatapasifikapage/videos/10156583425010844/>

LDS Perfectionism: Research Reveals Pros & Cons. Mormon Church: Members Sharing Beliefs. LDSLiving. <http://www.ldsliving.com/LDS-Perfectionism-Research-Reveals-Pros-Cons/s/77977>

The Imperfectly Happy Family. BYU Magazine. <https://magazine.byu.edu/article/the-imperfectly-happy-family/>

The Pros and Cons of LDS Perfectionism. Mormon Church: Members Sharing Beliefs. <https://mormonchurch.com/5077/pros-cons-lds-perfectionism>

Interviewed by PolyOne Media for research related to *perfectionism, spirituality, mental health, and well-being*. <https://www.youtube.com/watch?v=s2NDJqOs3jk>

Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals. Mixed Race Studies: Scholarly Perspectives on the Mixed Race Experience. <http://www.mixedracestudies.org/?tag=g-e-kawika-allen>

Biracial Utahns Seeking Identity.” Deseret News, Utah. <https://www.deseretnews.com/article/600118067/Biracial-Utahns-seeking-identity.html>

INTERNET AND SOCIAL MEDIA RESEARCH PRESENCE

Academic Facebook: <https://www.facebook.com/gekawika.allen>

Research Gate: https://www.researchgate.net/profile/G_Allen2; RSI = 297.8

Google Scholar: <https://scholar.google.com/citations?user=9ppJYHgAAAAJ&hl=en>; H-Index = 15 (796 Citations)

TEACHING EXPERIENCE

2022-present

Associate Professor (with Tenure)

Department of Counseling Psychology and Special Education
Brigham Young University

All Graduate Courses

CPSE 679R: Counseling Psychology (Career) Practicum

CPSE 751: Counseling Multicultural and Diverse Populations

CPSE 710: Ethical and Legal Standards

CPSE 744: Advanced Career Counseling

CPSE 648: Group Counseling

CPSE 776R/777R: Co-taught Counseling Psychology Clerkship

CPSE 629: Introduction to Research Methods

2013-2022

Assistant Professor

Department of Counseling Psychology and Special Education
Brigham Young University

All Graduate Courses

CPSE 606: Scientific Foundations of Counseling Psychology

CPSE 679R: Counseling Psychology (Career) Practicum

CPSE 751: Counseling Multicultural and Diverse Populations

EdS 699R: Thesis

CPSE 750: Research Theory and Methods

CPSE 650: Advanced Social Psychology

CPSE 480: Multicultural Issues in Special Education

CPSE 710: Ethical and Legal Standards

CPSE 744: Advanced Career Counseling

CPSE 648: Group Counseling

CPSE 776R/777R: Co-taught Counseling Psychology Clerkship

2019-present

Roseman University of Health Sciences

Adjunct Professor of Behavioral Science

College of Dental Medicine

DMD 5110: Behavioral Sciences and Communication

06/14-08/14

Visiting Assistant Professor

Department of Psychology

Brigham Young University – Hawaii

Psychology 111: General Psychology

2011-2013

Assistant Professor

Department of Psychology

Southern Utah University (All New Prep)

PSY 4340: Intro to Counseling and Psychotherapy

PSY 3410: Research Design

PSY 1110: Lifespan Development

PSY 3820: Human Relations in Group Dynamics

PSY 1010: General Psychology

- 2007-2008 **Co-Instructor**
Graduate Course: 8943 *Applied Multicultural Interventions*
Center for Multicultural Research, Training and Consultation
University of Missouri, Columbia, MO.
- 01/08-05/08 **Instructor**
Undergraduate Course: *Experiencing Cultural Diversity in the U.S.* (2
Sections). Center for Multicultural Research, Training and Consultation
University of Missouri, Columbia, MO.
- 1999-2000 **ESL Teacher**
Guadalupe Schools
Salt Lake City, Utah
- 1997-1998 **ESL Teacher**
Dixie State College
St. George, Utah
- 1993-1995 **ESL Teacher**
Volunteer Service Field
Bahia, Salvador, Brazil

CLINICAL EXPERIENCE

- 2011-2013 **Southern Utah University**
 Psychology Resident
 Counseling and Psychological Services
- Conducted individual and couples counseling
 - Administered psychological assessments and learning/cognition testing
- 2010-2011 **Duke University**
 Psychology Intern
 Counseling and Psychological Services (CAPS)
 APA-accredited Pre-doctoral Psychology Internship
- Conducted individual and couples counseling
 - Taught psychoeducational workshops on campus
 - Co-facilitated process groups
- 2009-2010 **University of Missouri, Columbia, MO**
 Student Health Center
 Graduate Assistant – Therapist
- Conducted individual and couples counseling
- 2008-2009 **Group Facilitator/Therapist**
 Wellness Resource Center in Student Life
 University of Missouri, Columbia, MO
- Co-facilitated substance abuse workshops/psychoeducational groups
 - Administered substance abuse assessments/interpreted results
- 2008-2009 **Clinical Supervisor**
 MU Career Center, Hickman High School, and MU Counseling Center
 Columbia, MO
- 2007-2010 **Columbia Counseling, Columbia, MO**
 Part-time Therapist
- Conducted domestic violence counseling groups
- 2006-2007 **University of Missouri, Columbia, MO**
 Counseling and Psychological Services
 Graduate Assistant – Therapist
- Conducted domestic violence counseling groups
 - Co-facilitated process groups
- 2005-2006 **Sandy Counseling, Sandy, Utah**
 Full-time Therapist
- Conducted individual, family, group therapy
 - Co-facilitated process groups and LGBT support groups
- 2004-2005 **Changes Counseling, Sandy, Utah**
 Full-time LPC Intern

- Conducted individual, family, domestic violence, group therapy
- Co-facilitated process groups and LGBT support groups
- Co-facilitated addiction recovery groups

2002-2004

University of Utah Hospital

Psychiatric Unit, 5West

Psych Tech

- Worked with patients' treatment goals
- Supported psychiatrists and social workers with patient treatment
- Conducted recreational activities with patients

MENTORING OF GRADUATE STUDENTS

Name	Topic Related to My Research	Degree Program	Years	My Role on Committee
1. Ofa Hafoka	Yes	Counseling Psych PhD	2013-2018	Chair/Advisor
2. Melissa Aiono	Yes	EdS, School Psychology	2014-2016	Chair/Advisor
3. Davis Kane	Yes	Counseling Psych PhD	2015-2020	Chair/Advisor
4. Pam Dahle	No	EdS, School Psychology	2013-2016	Chair/Advisor
5. Rod Veas	No	Counseling Psych PhD	2013-2015	Member
6. Zhen Li	Yes	Counseling Psych PhD	2013-2017	Member
7. Peter Sanders	Yes	Counseling Psych PhD	2013-2017	Member
8. Joy Cox	No	Counseling Psych PhD	2013-2014	Member
9. Jason McBride	Yes	Counseling Psych PhD	2013-2017	Member
10. Clay Frandsen	Yes	Counseling Psych PhD	2013-2017	Member
11. Hannah Stokes	Yes	Counseling Psych PhD	2013-2018	Member
12. Mica McGriggs	Yes	Counseling Psych PhD	2015-2017	Member
13. Carrie Caoli	No	Counseling Psych PhD	2014-2015	Member
14. Jessica Kirchhoefer	Yes	Counseling Psych PhD	2015-2020	Member
15. Bango Gancinia	Yes	Counseling Psych PhD	2016-2020	Chair/Advisor
16. Rachel Pinkerman	Yes	Counseling Psych PhD	2014-2018	Member
17. Jared Cline	Yes	Counseling Psych PhD	2016-2020	Chair/Advisor
18. Jason Lefrandt	Yes	Counseling Psych PhD	2016-2020	Chair/Advisor
19. Sabree Crowton	No	Counseling Psych PhD	2017-2020	Member
20. Lyndsai Sylva	Yes	Teacher Education MS	2017-2018	Member
21. Mari Oto	Yes	Teacher Education MS	2017-2018	Member
22. Sierra Keung	No	Sports Psychology PhD	2017-2018	Member
23. Rachel Chapman	Yes	Counseling Psych PhD	2018-2023	Chair/Advisor
24. Erika Steinwand	Yes	Clinical Psych PhD	2018-2019	Member

25. Sami Chun	Yes	Counseling Psych PhD	2019-2021	Chair/Advisor
26. Emily Tanner	Yes	EdS, School Psychology	2019-2022	Chair/Advisor
27. Cameron Hee	Yes	MFT PhD	2017-2022	Member
28. Abby Norton	Yes	Counseling Psych PhD	2020-present	Chair/Advisor
29. Rebeka Frome	Yes	Biology PhD	2020-present	Member
30. Dane Abegg	Yes	Counseling Psych PhD	2019-2023	Member
31. Melia Fonoimoana Garrett	Yes	EdS, School Psychology	2021-present	Member
32. Meilani Roan	Yes	Counseling Psych PhD	2021-present	Chair/Advisor
33. Misty Cope	No	EdS, School Psychology	2019-2022	Member
34. Kianna Bunnell	Yes	Experimental Psychology PhD	2021-present	Member
35. Chloe Cooksey	No	EdS, School Psychology	2022-present	Member
36. Ben Coffey	Yes	Counseling Psych PhD	2022-present	Chair/Advisor
37. Gail Surio	Yes	EdS, School Psychology	2022-present	Member
38. Devon	Yes	Counseling Psych PhD	2023-present	Chair/Advisor
39. Samara	Yes	Counseling Psych PhD	2023-present	Chair/Advisor
40. Haley	Yes	EdS, School Psychology	2023-present	Chair/Advisor

AWARDS FOR MENTORED STUDENTS

- 2023 Mentored Ben Coffey
Interdisciplinary Minority Fellowship Program (IMFP) Recipient
Awarded \$23,000
- 2022 Mentored Sami Chun
Crosby Scholarship Award
Counseling Psychology PhD Program
BYU
- 2022 Mentored Rachel Chapman
Diversity Scholarship Award
Counseling Psychology PhD Program
BYU
- 2022 Mentored Abby Norton
Research Scholarship Award
Counseling Psychology PhD Program
BYU
- 2021 Mentored Abby Norton
Annual MSE Student Mentoring Research Conference
Awarded financial honorarium (\$300)
Financial honorarium for mentoring doctoral student (\$300)
Research. Placed 2nd overall in the entire college.
- 2016-2021 Mentored Bango Gancinia
Counseling Psychology Doctoral Student, BYU
 - Participated in the 3-minute thesis competition. Placed in the top 3 and received an award.
 - Awarded a financial honorarium for diversity research (CPSE).
- 2016-2021 Mentored Jason Lefrandt
Counseling Psychology Doctoral Student, BYU
 - Awarded the BYU Graduate Research Fellowship Grant (\$15,000) for his dissertation on Native Hawaiians and substance abuse at a university counseling center.
- 2016-2018 Mentored Davis Kane
Counseling Psychology Doctoral Student, BYU
 - Excellence in Research Award (\$360) by the McKay School of Education
 - Honorable Mention for Best Research Booth (\$50) by BYU Graduate Studies Research Expo

First Place, Best Research Poster (\$500)
Mentored Research Conference
McKay School of Education

Elwood Christensen Award (\$400)

Graduate Studies Research Presentation Award
BYU Graduate Studies Office

2014-2015 Mentored Kan Yan Danise Mok
Counseling Psychology Doctoral Student, BYU
She received the following awards:
BYU President's Leadership Council Mentor Program
Department partial tuition scholarship
BYU Graduate Research Fellowship (\$15,000)
BYU Graduate Mentoring Award
BYU Research Presentation Award
BYU-H Alumni International Graduate Scholarship
Department partial tuition scholarship

PROFESSIONAL MEMBERSHIPS

1999-present **American Psychological Association**

- APA Member # 9230-8799
- Division 17, Society of Counseling Psychology (SCP)
 - Section on Ethnic and Racial Diversity (SERD)
- Division 45, Society for the Psychological Study of Culture, Ethnicity, and Race
- Division 36, Society for the Psychology of Religion and Spirituality

2021-present **International Association of Psychology and Counseling**

- State of Utah Chapter Chair

ADMINISTRATIVE POSITIONS

2020-2022

Partner and Director of Multicultural Training, Research, and Outreach

Bridges Psychotherapy Solutions, LLC, Provo, UT

- Bridges Psychotherapy Solutions provides people with access to spiritually inclusive and professionally competent counseling and psychotherapy that respects and honors the healing potential of their core beliefs and values. The commitment is to increase the effectiveness of treatment by harnessing the power of research, data, technology, and spirituality to discover and deliver scientifically supported services. I am part owner and Director of Multicultural Training, Research, and Outreach services.

<https://bridgesps.com/>

2014-2020

Co-Director and Co-Principal Investigator

John Templeton Foundation Grant

- Oversaw a research project as co-director and co-principal investigator of a large international John Templeton Foundation Grant (**\$3,572,011** between 3/2017-3/2020) that provided money towards research on spiritual-integrated psychotherapies in mental health centers involving 20 research teams across the globe, which include 8 countries, 14 languages, 7 faith traditions, 11 disciplines, from North, Central, and South America, Asia, Europe, and South Pacific to name a few. Each site had a team of researchers, therapists, and clergy collecting data which were available for all 20 sites (including our team) for examination and preparation for conference presentations and publications in top-tier journals. I co-facilitated in this position of director over research operations with Dr. P. Scott Richards since January 2015. This is a prestigious grant from an even more prestigious private foundation that is known throughout the world in the areas of science and religion. We also successfully conducted a capstone conference at the end of the grant with all 20 sites presenting their data and research on spiritually-integrated psychotherapy.

Capstone Conference website:

<http://www.bridgescapstone.org/>

Here is the website to the John Templeton Foundation:

<https://www.templeton.org/>.

2014-present

The Kaha Nui Summit: Annual BYU Polynesian Summit

Founder and Executive Committee Member

Brigham Young University, Provo, UT

- The Summit seeks to provide recruitment and networking opportunities for Polynesian undergraduate students and connect them with graduate programs and relevant resources to succeed in graduate school. Every year we invite a Polynesian professional to be our keynote speaker and graduate program coordinators/recruiters to speak with interested potential Polynesian graduate students. These graduate programs include: Law, Nursing, Business, Education, Psychology, Marriage and Family Therapy, and others.

<https://gradstudies.byu.edu/page/kaha-nui-summit-2019>

2011-2013

SUU Brazil Student Organization Advisor

Southern Utah University, Cedar City, UT

- Advise and provide guidance to SUU students who are fluent in the Portuguese language through club activities, events, leadership opportunities, fund raising, and charitable events. Assist group members in building unity and reaching out to the community to participate in service.

2008-2009

Program Coordinator

Wellness Resource Center in Student Life

University of Missouri, Columbia, MO

Supervisor: Glenn Good, Ph.D., Licensed Psychologist

- Updated curriculum, researched empirical evidence of alcohol use and affects of alcohol use. Organized weekly workshops and individual sessions. Trained future BASICS coordinators how to implement BASICS program at University of Missouri-St. Louis and trained them on MI interventions and techniques.

2007-2008

Assistant Director

Center for Multicultural Research, Training and Consultation

University of Missouri, Columbia, MO

- *Supervisors:* P. Paul Heppner, Ph.D. and Lisa Y. Flores, Ph.D.
- *Responsibilities:* Roles of supervisor, instructor, liaison, manager, trainer, and researcher (over 14 staff members). Assisted in programming and logistical details of the annual Neville Multicultural Speakers Series (NMSS). Assisted in organizing and coordinating the 2007 BCCIP with visiting NTNU faculty and students. Assisted in gaining funding for NMSS, including solicitation, report writing and follow up responses to support sources. Assisted in solicitation of applications for Multicultural Teacher Scholars Program, Winter Roundtable Awards, Thesis and Dissertation Awards, and other Center events. Collected and reported evaluative data of events, practicum and supervision activities to Co-Directors

2006-2008

Student Fellow

Research Assistant

“Latinx Immigrants Experiences in Missouri Schools”

Cambio Center, University of Missouri, Columbia, MO

- *Supervisor:* Lisa Y. Flores, Ph.D.
- *Responsibilities:* Conceptualize research projects and initiatives related to promoting awareness of Latinx immigrants experiences in Missouri schools.
- Co-organized the “1st Student Midwest Latino Research Symposium: Los Pioneros del Futuro.” This student research conference was the first of its kind through offering students opportunities to showcase their Latinx-related research.

CONSULTING SERVICES

2022-Present

Consultant and Researcher

Davis County Utah School District

- Conducted focus groups with students of color around their experiences of racism, discrimination, harassment, and bullying.
- Generated a comprehensive qualitative research report based on findings from the focus groups.
- Presented to the Davis County Utah School District Board and other community members.

UNIVERSITY COMMITTEE ACTIVITY

Brigham Young University (Department, College, and University Service)

2023	BYU CPSE Counseling Psychology PhD Program Faculty Search Committee Member
2022-present	BYU Faculty of Color Committee Member BYU Faculty Center
2022-present	CITES Associates: Brigham Young University–Public School Partnership
2022-present	McKay School of Education Grants for Research and Projects Committee
2022-present	Chaplaincy Master’s Program Admissions Committee Religious Education Department
2022	Judge/Evaluator for the BYU Zion Building Project Competition
2021-present	Chair of the CPSE Social Committee Counseling Psychology and Special Education Department
2019-2020	University Scholarly and Creative Work Grants and the Women’s Research Initiatives Grants (Reviewer)
2014-2016	McKay School of Education Multicultural Council Member
2014-present	The Kaha Nui Summit Executive Committee (Founding) Member
2013-present	Counseling Psychology Doctoral Student Admissions Committee Counseling Psychology and Special Education Department
2013-present	School Psychology Masters Student Admissions Committee Counseling Psychology and Special Education Department

Southern Utah University

2012-2013	iPadagogy Committee
2012-2013	Department Review Committee Chair
2012-2013	Department Constitution Committee
2011-2012	Master’s Degree Exploratory Committee

EXTERNAL PROFESSIONAL ACTIVITY

2022-2023	Co-Chair of the Pre-conference Committee for Division 45 Research Conference
2022-present	Nominated and Elected Early Career Professional of the Society for the Psychology of Religion and Spirituality – Newly Created Position
2022-present	Appointed Member-at-Large (MAL) – Pacific Islander Slate for APA Division 45 Executive Committee on March 11, 2022 (To start Jan. 2023). *This is a new slate created for an underrepresented, minoritized group.
2022	APA Division 45 Awards Committee: Society for the Psychological Study of Culture, Ethnicity, and Race
2022	National Multicultural Conference and Summit Continuing Education Credits Reviewer
2021-present	International Association of Psychology and Counseling State of Utah Chapter Chair
2021-2022	APA Division 17 Committee Member: Centering Indigenous People and Perspectives in Counseling Psychology
2021-2022	The Counseling Psychologist Journal Mentorship Program: Mentoring early career and doctoral students with reviewing journal manuscripts
2021	APA Division 17 Task Force for Curricula Transformation and Indigenous Healing Inclusion in Counseling Psychology Doctoral Programs
2021	APA Division 45 Awards Committee: Society for the Psychological Study of Culture, Ethnicity, and Race
2020	External Reviewer: Psychology Undergraduate Program BYU Hawaii Psychology Program
2019-2022	Division 45 Secretary: Society for the Psychological Study of Culture, Ethnicity, and Race. American Psychological Association (APA) http://division45.org/ https://education.byu.edu/news/kawika-allen-elected-leader-of-apa-multicultural-division?fbclid=IwAR0Bl2C8Kr50DrR49kE-2B-mfik7_oZdQ1kf4o5aIZkEV3nuSFhqR30c0pw
2019-2022	APA Division 17 Executive Board Member, Program Committee Chairperson: Society of Counseling Psychology, Section on Ethnic and Racial Diversity (SERD). American Psychological Association (APA) https://www.div17.org/sections/ethnic-and-racial-diversity/
2013-present	Utah County Pacific Islander Health Coalition Board Member
2015-2018	Member of the Scientific Affairs Advisory Board, Division 17, Society of Counseling Psychology, American Psychological Association.

EDITORIAL BOARDS

2023-2024	<i>Asian American Journal of Psychology</i> (Tier 2; 5-year impact factor = 1.532) <ul style="list-style-type: none"> Appointed Action Editor for specific manuscript in my area of research expertise
2023-present	<i>Cultural Diversity and Ethnic Minority Psychology</i> (Tier 1; 5-year impact factor = 4.035) <ul style="list-style-type: none"> Consulting Editor
2022	<i>Genealogy</i>

- Invited to be Guest Editor of the Special Issue on Cultural and Indigenous Ways of Healing.
- Guest Editor
- 2022-present *Journal of Psychology of Religion and Spirituality* (Tier 1; 5-year impact factor = 3.165)
- Consulting Editor
- 2020-present *Journal of Psychology of Religion and Spirituality* (Tier 1; 5-year impact factor = 3.165), Editorial Board Member
- Reviewing at least 10 manuscripts a year
- 2019-present *Asian American Journal of Psychology* (Tier 2; 5-year impact factor = 1.532), Consulting Editor
- Reviewing at least 12 manuscripts a year
- 2019-2021 *The Counseling Psychologist* (Tier 1; impact factor = 2.263), Editorial Board Member
- Reviewing at least 10 manuscripts a year

EXTERNAL/ADHOC REVIEWER

- 2022 The Journal of Black Psychology
- 2021 Psychotherapy
- 2021 Journal of Religion and Health
- 2020-2021 BYU Religious Studies Center
- 2017-2018 Journal of Counseling Psychology
- 2016-2017 Open Theology
- 2015-2016 International Journal for the Psychology of Religion
- 2015-2020 Psychology of Religion and Spirituality
- 2014-2015 Asian American Journal of Psychology
- 2013-2014 Mental Health, Religion & Culture
- 2013-2014 Canadian Journal of Behavioural Science
- 2013-2014 Book Reviewer: Invited to review Ivey/Ivey/Zalaquett, Essentials for Intentional Interviewing, 2nd Ed.
- 2012-2013 Cultural Diversity and Ethnic Minority Psychology

LANGUAGE SKILLS

Languages (Written and Verbal)

- English (Fluent)
- Portuguese (Mostly fluent)
- Spanish (Moderately fluent)