

TIMOTHY B. SMITH

Department of Counseling Psychology and Special Education
Brigham Young University, 340 MCKB, Provo, UT 84602
(801) 422-1311, tim_smith@byu.edu

Education

- Ph.D. Professional-Scientific Psychology, Utah State University, 1997
(APA Accredited; Combined Clinical, Counseling, & School Psychology)
University of Pennsylvania, Counseling Center Internship, 1996-1997
- M.A. Sociology, Utah State University, 1996
- M.A. Research Psychology, *With Distinction*, Rhodes University, South Africa, 1995
- M.S. Counseling Psychology, Utah State University, 1993
- B.S. Psychology, *Magna Cum Laude*, Brigham Young University, 1991

Academic Employment

- Professor of Counseling Psychology, Brigham Young University, 1999-present
Counseling Psychology APA Accredited Doctoral Program
School Psychology NASP Approved Graduate Program
Department Chair, 2010-16, 2021; Assoc. Professor 2002-08; Asst. Professor 1999-2002
- Visiting Professor of Counseling Psychology, Uganda Christian University, 2010-2011
Fulbright Grant, U.S. Bureau of Educational and Cultural Affairs
- Assistant Professor of Psychology, University of South Dakota, 1997-1999
Clinical Psychology APA Accredited Doctoral Program
Adjunct Assistant Professor of Pediatrics, USD School of Medicine
- Adjunct Instructor, Drexel University, 1997
Department of Psychology, Sociology, and Anthropology

Academic and Professional Administration

University Administrative Positions

Interim Chair, Department of Counseling Psychology and Special Education, BYU, 2021

Chair, Department of Counseling Psychology and Special Education, BYU, 2010-2016

Coordinate all activities in the academic department, including three graduate programs, two undergraduate programs, university service classes, and budget

Director, Research Division, Center for the Improvement of Teacher Education and Schooling; Assistant to the Dean, BYU David O. McKay School of Education, 2005-2010

Manage research initiatives/entities within the School of Education:

Institutional Review Board (IRB)

Alliances for the Strength of Youth (unit for faculty professional development)

Internal funding programs and awards for faculty and students

MSE Research Committee, Chair

Public School Partnership Research Committee, Chair

Annual School of Education “Mentored Research Conference” Director

Chair, BYU McKay School of Education Multicultural Education Committee, 2003-2009

Manage all initiatives/entities involving multicultural education:

Accreditation coordination and reports (NCATE and TEAC)

Created website on multicultural education (Google top three hit for years)

Multicultural education monthly lecture series in the School of Education

Programming with the BYU Office of Multicultural Student Services

Educational Growth and Unity Association (EGUA) student organization

Faculty professional development in multicultural education

Internship Director, BYU Ed.S. Program in School Psychology, 2007-2008 and 2013

Director, BYU Master’s Program in School Counseling and School Psychology, 2001-04

Managed all aspects of the master’s program (graduate coordinator)

Professional Committees/Positions

President, Phi Kappa Phi BYU chapter (President-Elect 2020-2021), 2021-2022

Co-Founding Board Member and Operations Manager, Uniting Children Uganda, a registered community-based organization serving children in Mukono, 2011 - present

Member, Utah State Trafficking in Persons Taskforce (Office of the Attorney General), 2016-19

Member and Workshop Convener, Utah Psychological Assoc. Diversity Committee, 2006-09

Assistant, APA Div. 17 National Multicultural Conference & Summit Planning Committee, 2006

Member, American Counseling Association Publications/Media Committee, 2002-04

Chair, Spirituality Committee, Association for Multicultural Counseling & Development, 2001-04

Board Member and Convention Chair, Assoc. of Mormon Counselors & Psychotherapists, 2000-03

Professional Editorial Service

Chair, American Counseling Association Council of Journal Editors, 2002-2004

Editor, *Journal of College Counseling*, 2001-2004

Editorial Review Board Member

Psychology of Religion and Spirituality, 2007-2016

Journal of Counseling Psychology, 2006-2008

Journal of Counseling and Development, 2000-2003

AMCAP Journal: Issues in Religion and Psychotherapy, 2001-2008

Journal of College Counseling, 1998-2001; associate editor, 2001

Ad hoc reviewer for over 15 professional journals

Academic Awards

Fellow, American Psychological Association Division 45: Culture, Ethnicity, & Race, 2019-

Benjamin Cluff Jr. Excellence in Research Award, David O. McKay School of Education, 2018

Internationally Ranked, Top 1% of scientists worldwide cited in Scopus, 2017

Ioannidis, J. P. et al. (2019). A standardized citation metrics author database annotated for scientific field. *PLoS biology*, 17(8), e3000384.

Phi Kappa Phi Honor Society, inducted university faculty, lifetime member, 2016

George A. Miller Award, American Psychological Association Division 1 in recognition of outstanding research publication in general psychology, 2013

Karl G. Maeser Excellence in Research Award, Brigham Young University, 2013

Fellow, American Psychological Association Division 17: Counseling Psychology, 2011-

Nationally Ranked 9th most productive scholar of over 500 faculty members, 136 programs

Laurent, J., & Runia, E. (2016). Scholarly productivity of school psychology faculty members in specialist-level programs: 2002-2011. *Research and Practice in the Schools*, 4, 54-71.

Fulbright Grant, U.S. Department of State, Bureau of Educational and Cultural Affairs, Research and Teaching at Uganda Christian University, Mukono, 2010-11

Eliza R. Snow Research Fellowship, Brigham Young University, 2008

Emerging Professional Award, American Psychological Association Division 45, 2007

Outstanding Contribution to Scholarship on Race and Ethnicity Award, American Psychological Association Division 17 Section on Ethnic and Racial Diversity, 2007

Young Scholar Award, Brigham Young University, 2003

Rotary International Ambassadorial Scholarship Award, 1995

Walter R. Borg Scholarship Award, Utah State University, 1994

Publications in Refereed Journals (66)

Cited over 18,000 times according to Google Scholar

Mentored student authors are *italicized*

- Smith, T. B.**, *Workman, C., Andrews, C., Barton, B., Cook, M., Layton, R., Morrey, A., Petersen, D., & Holt-Lunstad, J.* (2021). Effects of psychosocial support interventions on survival in inpatient and outpatient healthcare settings: A meta-analysis of 106 randomized controlled trials. *PLOS Medicine*, *18*(5), e1003595.
- Young, E. Y., *Butler, R.*, **Smith, T. B.**, Hilton, S., & *Smith, A.* (2021). Recruiting and retaining school psychologists: The experiences of district level administrative supervisors. *Psychology in the Schools*, *58*, 1501–1517.
- Hafoka, O.*, **Smith, T. B.**, Griner, D., Allen, G. E. K., Beecher, M. E., & Young, E. (2021). Psychotherapy utilization, presenting concerns, and outcomes among Pacific Islander and Asian American students. *Counselling Psychology Quarterly*, *34*, 183-200.
- Stokes, H.*, Griner, D., **Smith, T. B.**, Beecher, M. E., Allen, K., Cox, J., Hobbs, K., & Kirtley, N. (2021). Psychotherapy utilization and presenting concerns among international Asian and Asian American students in a university counseling center. *Journal of College Student Psychotherapy*, *32*, 118-135.
- Holt-Lunstad, J., *Layton, R., Barton, B., & Smith, T. B.* (2020). Science into practice: Effective solutions for social isolation and loneliness. *Generations*, Fall, 2020.
<https://generations.asaging.org/solutions-social-isolation-and-loneliness>
- Page, N.*, Beecher, M., Griner, D., **Smith, T. B.**, Jackson, A., & Hobbs, K. (2019). International student support groups: Learning from experienced group members and leaders. *Journal of College Student Psychotherapy*, *33*, 180–198.
- Frandsen, C.*, **Smith, T. B.**, Griner, D., & Beecher, M. (2019). Beyond English only: Addressing language interpretation in professional psychology training. *Training and Education in Professional Psychology*, *13*(1), 64-71.
- Soto, A.*, **Smith, T. B.**, Griner, D., Domenech Rodríguez, M., & Bernal, G. (2018). Cultural adaptations and therapist multicultural competence: Two meta-analytic reviews. *Journal of Clinical Psychology: In Session*, *74*, 1907–1923.
- Dyches, T., **Smith, T. B.**, Mandelco, B., & Korth, B. (2018). Effects of parent-implemented interventions on outcomes of children with developmental disabilities: A meta-analysis. *Perspectives on Early Childhood Psychology and Education*.
- Smith, T. B.** (2017). Life's lessons: Reflections on a disciple scholar. *Issues in Religion and Psychotherapy*, *38*, 101-107.
- Herrington, H.*, **Smith, T. B.**, Feinauer, E., & Griner, D. (2016). Reliability generalization of the Multigroup Ethnic Identity Measure–Revised (MEIM–R). *Journal of Counseling Psychology*, *63*, 586-593.

- Allen, G. E., Kim, B., **Smith, T. B.**, & *Hafoka, O.* (2016). Counseling attitudes and stigma among Polynesian Americans. *The Counseling Psychologist, 44*, 6-27.
- Allen, G. E., Cox, J., **Smith, T. B.**, *Hafoka, O.*, Griner, D., & Beecher, M. (2016). Psychotherapy utilization and presenting concerns among Polynesian American college students. *The Counseling Psychologist, 44*, 28-49.
- Holt-Lunstad, J., **Smith, T. B.**, *Baker, M.*, *Harris, T.*, & *Stephenson, D.* (2015). Loneliness and social isolation as risk factors for mortality: A meta-analytic review. *Perspectives on Psychological Science, 10*, 227-237.
- Allen, G. E., & **Smith, T. B.** (2015). Collectivistic coping strategies for distress among Polynesian Americans. *Psychological Services, 12*(3), 322-329.
- Balagna, R.*, Young, E., & **Smith, T. B.** (2013). School experiences of early adolescent Latinos/as at risk for emotional and behavioral disorders. *School Psychology Quarterly, 28*, 101-121.
- Ruiz, J., Steffen, P., & **Smith, T. B.** (2013). The Hispanic mortality paradox: A systematic review and meta-analysis of the longitudinal literature. *American Journal of Public Health, 103*(2), 1-9.
- Dyches, T. T., **Smith, T. B.**, Korth, B., Roper, S. O., & Mandleco, B. (2012). Positive parenting of children with developmental disabilities: A meta-analysis. *Research in Developmental Disabilities, 33*, 2213-2220.
- Holt-Lunstad, J., & **Smith, T. B.** (2012). Social relationships and mortality. *Social and Personality Psychology Compass, 6*(1), 41-53, 10.1111/j.1751-9004.2011.00406.x
- Crook-Lyon, R. E., *O'Grady, K. A.*, **Smith, T. B.**, *Jensen, D. R.*, *Golightly, T.*, & *Potkar, K.* (2012). Addressing religious and spiritual diversity in graduate training and multicultural education for professional psychologists. *Psychology of Religion and Spirituality, 4*, 169-181.
- Cabral, R.*, & **Smith, T. B.** (2011). Racial/ethnic matching of clients and therapists in mental health services: A meta-analytic review of preferences, perceptions, and outcomes. *Journal of Counseling Psychology, 58*, 537-554.
- Smith, T. B.**, & *Silva, L.* (2011). Ethnic identity and personal well-being of people of color: A meta-analysis. *Journal of Counseling Psychology, 58*, 42-60.
- Smith, T. B.**, Domenech Rodríguez, M., & Bernal, G. (2011). Culture. *Journal of Clinical Psychology, 67*(2), 166-175.
- Bartz, J. D.*, Richards, P. S., **Smith, T. B.**, & Fischer, L. (2010). A 17-year longitudinal study of religion and mental health in a Mormon sample. *Mental Health, Religion, & Culture, 13*, 683-695.
- Holt-Lunstad, J., **Smith, T. B.**, & *Layton, B.* (2010). Social relationships and mortality risk: A meta-analytic review. *PLoS Medicine, 7*(7): e1000316. doi:10.1371/journal.pmed.1000316

- Nyman, S. J., Nafziger, M. A., & **Smith, T. B.** (2010). Client outcomes across counselor training level within a multi-tiered supervision model. *Journal of Counseling and Development, 88*, 204-209.
- Smith, T. B.**, Bartz, J. D., & Richards, P. S. (2007). Outcomes of religious and spiritual adaptations to psychotherapy: A meta-analytic review. *Psychotherapy Research, 17*, 643-655.
- Martinez, J. S., **Smith, T. B.**, & Barlow, S. H. (2007). Spiritual interventions in psychotherapy: Evaluations by highly religious clients. *Journal of Clinical Psychology, 63*, 943-960.
- Smith, T. B.**, Stones, C. R., Peck, C., & Naidoo, A. V. (2007). The association of racial attitudes and spiritual beliefs in post-apartheid South Africa. *Mental Health, Religion, & Culture, 10*, 263-274.
- Smith, T. B.**, Bowman, R., & Hsu, S. (2007). Racial attitudes among Asian and European American college students: A cross-cultural examination. *College Student Journal, 41*, 436-443.
- Smith, T. B.**, Dean, B., Floyd, S., Silva, C., Yamashita, M., Durtschi, J., & Heaps, R. (2007). Pressing issues in college counseling: A survey of American College Counseling Association members. *Journal of College Counseling, 10*, 64-78.
- Smith, T. B.**, & Shwalb, D. A. (2007). Preliminary examination of international students' adjustment and loneliness related to electronic communications. *Psychological Reports, 100*, 167-170.
- Dunn, T., **Smith, T. B.**, & Montoya, J. (2006). Multicultural competency instrumentation: A review and analysis of reliability generalization. *Journal of Counseling and Development, 84*, 471-482.
- Griner, D., & **Smith, T. B.** (2006). Culturally adapted mental health interventions: A meta-analytic review. *Psychotherapy: Theory, Research, Practice & Training, 43*, 531-548.
- Steffen, P., **Smith, T. B.**, Larsen, M., & Butler, L. (2006). Acculturation to Western society as a risk factor for high blood pressure: A meta-analytic review. *Psychosomatic Medicine, 68*, 386-397.
- Smith, T. B.**, Constantine, M. G., Dunn, T., Dinehart, J., & Montoya, J. A. (2006). Multicultural education in the mental health professions: A meta-analytic review. *Journal of Counseling Psychology, 53*, 132-145.
- Richards, P. S., **Smith, T. B.**, Schowalter, M., Richard, M., Berrett, M. E., & Hardman, R. K. (2005). Development and validation of the theistic spiritual outcome survey. *Psychotherapy Research, 15*, 457-469.
- Smith, T. B.**, McCullough, M. E., & Poll, J. (2003). Religiousness and depression: Evidence for a main effect and the moderating influence of stressful life events. *Psychological Bulletin, 116*, 614-636.
- Isaacowitz, D. M., **Smith, T. B.**, & Carstensen, L. L. (2003). Socioemotional selectivity and mental health among trauma survivors in old age. *Ageing International, 28*, 181-199.
- Poll, J., & **Smith, T. B.** (2003). The spiritual self: Toward a conceptualization of spiritual identity development. *Journal of Psychology and Theology, 31*, 129-142.

- Smith, T. B., & Draper, M. R.** (2003). From individuality to individualism: A critique of the helping professions. *AMCAP Journal*, 28, 20-24.
- Smith, T. B., Stones, C. R., & Naidoo, A.** (2003). Racial attitudes among South African young adults: A four-year follow-up study. *South African Journal of Psychology*, 33, 39-43.
- Smith, T. B., Stratton, J., Stones, C. R., & Naidoo, A.** (2003). Ethnic identity and racial attitudes in a minority group of mixed racial origin. *Psychological Reports*, 92, 284-290.
- Höllinger, F., & **Smith, T. B.** (2002). Religion and esotericism among students: A cross-cultural comparative study. *Journal of Contemporary Religion*, 17, 229-249.
- Smith, T. B., Rosenstein, I., & Granaas, M.** (2001). Intake screening with Self-Rating Depression Scale in a university counseling center. *Journal of College Counseling*, 4, 133-141.
- Smith, T. B., Oliver, M. N. I., & Innocenti, M. S.** (2001). Parenting stress in families with children with disabilities. *American Journal of Orthopsychiatry*, 71, 257-261.
- Wilder, L., Jackson, A., & **Smith, T. B.** (2001). Secondary transition of multicultural learners: Lessons from the Navajo Native American experience. *Preventing School Failure*, 45, 119-124.
- Smith, T. B.** (2000). Cultural values and happiness (comment). *American Psychologist*, 55, 1162.
- Case, L., & **Smith, T. B.** (2000). Ethnic representation in a sample of the literature of applied psychology. *Journal of Consulting and Clinical Psychology*, 68, 1107-1110.
- Smith, T. B., Oliver, M. N. I., Boyce, G. C., & Innocenti, M.** (2000). Caregivers' locus of control for child improvement. *Journal of Genetic Psychology*, 161, 307-313.
- Smith, T. B., Chin, L., Inman, A., & Findling, J.** (1999). An outreach support group for international students. *Journal of College Counseling*, 2, 188-190.
- Merkwan, J. V., & Smith, T. B.* (1999). Tolerance and racial identity among foreign sojourners: Testing the contact hypothesis. *Psychological Reports*, 85, 170.
- Smith, T. B., & Stones, C. R.** (1999). Identities and racial attitudes of South African and American adolescents: A cross-cultural examination. *South African Journal of Psychology*, 29, 23-29.
- Nafziger, M., Couillard, G., & **Smith, T. B.** (1999). Evaluating therapy outcome at a university counseling center. *Journal of College Counseling*, 2, 3-13.
- Boyce, G. C., **Smith, T. B., & Casto, G.** (1999). Health and educational outcomes of children who experience severe neonatal medical complications. *Journal of Genetic Psychology*, 160, 261-269.
- Nafziger, M., Couillard, G., **Smith, T. B., & Wiswell, D.** (1998). Normative data on the College Adjustment Scales from a university counseling center. *Journal of College Student Development*, 39, 283-290.

- Nafziger, M., Couillard, G., & **Smith, T. B.** (1997). An evaluation of the clinical utility of the College Adjustment Scales. *College Student Journal, 31*, 516-518.
- Smith, T. B.**, Roberts, R. N., & Smith, C. S. (1997). Expressions of prejudice among college students over three assessments. *College Student Journal, 31*, 235-237.
- Smith, T. B.**, Roberts, R. N., & Kerr, B. T. (1996). On the cross-cultural attitudes and experiences of recently returned LDS missionaries. *AMCAP Journal, 22*, 119-133.
- Smith, T. B.**, & Roberts, R. N. (1996). Prejudice and racial identity among White Latter-Day Saint college students: An exploratory study. *Psychological Reports, 79*, 1025-1026.
- Smith, T. B.**, Roberts, R. N., & Mauk, G.W. (1996). Religion and racism: An examination of values and racial attitudes. *Psychology Bulletin, 6*(1), 9-15.
- Smith, T. B.**, & Boyce, G. C. (1995). Predictors of developmental outcomes for infants who are medically fragile. *Southern African Journal of Child and Adolescent Psychiatry, 7*, 31-39.
- Smith, T. B.**, & Roberts, R. N. (1995). Acceptance of ethnic groups and perceived attitudes of parents and peers. *Perceptual and Motor Skills, 80*, 370.
- Smith, T. B.**, Innocenti, M., Boyce, G., & Smith, C. S. (1993). Depressive symptomatology and interaction behaviors of mothers having a child with disabilities. *Psychological Reports, 73*, 1184-1186.
- Smith, T. B.** (1993). Effects of subliminal stimuli on unconscious processing of anxiety: An examination of implicit perception. *Perceptual and Motor Skills, 77*, 899-904.
- Boyce, G. C., **Smith, T. B.**, Immel, N., Casto, G., & Escobar, C. (1993). Early intervention with medically fragile infants: Investigating the age-at-start question. *Early Education and Development, 4*, 290-305.

Books

- Smith, T. B.**, & Trimble, J. E. (2016). *Foundations of multicultural psychology: Research to inform effective practice*. Washington, DC: American Psychological Association.
- Brown, B. L., Hendrix, S. B., Hedges, D. W., & **Smith, T. B.** (2011). *Multivariate analysis for the biobehavioral and social sciences: A graphical approach*. Hoboken, NJ: Wiley-Blackwell.
- Smith, T. B.** (Ed.). (2004). *Practicing multiculturalism: Affirming diversity in counseling and psychology*. Boston: Allyn & Bacon.

Book Chapters (20)

- Soto, A., **Smith, T. B.**, Griner, D., Domenech Rodríguez, M., & Bernal, G. (2019). Cultural adaptations and therapist multicultural competence. In J. Norcross & Wampold, B. (Eds.): *Psychotherapy relationships that work* (3rd ed.). pp. 86-132. New York: Oxford.

- Smith, T. B.** (2017). The foundational principle of faith. In A. Jackson and L. Fischer (Eds.), *Gospel perspectives on psychotherapy's fundamental problems* (pp. 180-221). Provo, UT: Brigham Young University Press.
- Smith, T. B., Soto, A., Griner, D., & Trimble, J. E.** (2015). Multicultural counseling foundations: A synthesis of research findings on selected topics. In P. B. Pedersen, J. Draguns, W. Lonner, J. Trimble, and M. Scharrón del Río (Eds.), *Counseling across cultures*, 7th ed. (pp. 75-96). Thousand Oaks, CA: Sage.
- Smith, T. B., Domenech Rodríguez, M., & Bernal, G.** (2011). Culture. In J. Norcross (Ed.): *Psychotherapy relationships that work* (2nd ed., pp. 316-335). New York: Oxford.
- Smith, T. B.** (2010). Culturally congruent practices in counseling and psychotherapy: A review of research. In J. G. Ponterotto, J. M. Casas, L. A. Suzuki, & C. M. Alexander (Eds.), *Handbook of multicultural counseling*. (3rd ed., pp. 439-450). Thousand Oaks, CA: Sage.
- Smith, T. B.** (2009). Cultural identity. In B.T. Erford (Ed.) *ACA encyclopedia of counseling*. (pp. 138-139). Alexandria, VA: American Counseling Association.
- Smith, T. B.** (2008). Spiritual sources of support for emotional distress. In M. Williams, W. D. Belnap, and J. Livingstone (Eds.), *Matters of the mind: Latter-day Saint helps for mental health* (pp. 54-66). Salt Lake City, UT: Deseret Book.
- Smith, T. B., & Draper, M.** (2005). Beyond the study of the natural man: A gospel perspective on human nature. In A. Jackson and L. Fischer (Eds.), *Turning Freud upside down: Gospel perspectives on psychotherapy's fundamental problems* (pp. 184-199). Provo, UT: Brigham Young University Press.
- Smith, T. B., & Richards, P. S.** (2005). The integration of spiritual and religious issues in racial-cultural psychology and counseling. In R. T. Carter (Ed.), *Handbook of racial-cultural psychology and counseling: Theory and research* (Vol. 1, pp. 132-160). New York: Wiley.
- Smith, T. B., Richards, P. S., Granley, M., & Obiakor, F.** (2004). Practicing multiculturalism: An introduction. In T. B. Smith (Ed.), *Practicing multiculturalism: Affirming diversity in counseling and psychology* (pp. 3-16). Boston: Allyn & Bacon.
- Smith, T. B.** (2004). A contextual approach to assessment. In T. Smith (Ed.), *Practicing multiculturalism: Affirming diversity in counseling and psychology* (pp. 97-119). Boston: Allyn & Bacon.
- Richards, P. S., Keller, R., & **Smith, T. B.** (2004). Religious and spiritual diversity in the practice of psychotherapy. In T. B. Smith (Ed.), *Practicing multiculturalism: Affirming diversity in counseling and psychology* (pp. 276-293). Boston: Allyn & Bacon.
- Smith, T. B., & Draper, M.** (2004). Understanding individuals in their context: A relational perspective of multicultural counseling and psychotherapy. In T.B. Smith (Ed.), *Practicing multiculturalism: Affirming diversity in counseling and psychology* (pp. 313-323). Boston: Allyn & Bacon.

- Case, L., & **Smith, T. B.** (2003). Ethnic representation in a sample of the literature of applied psychology. In A. E. Kazdin (Ed.), *Methodological issues and strategies in clinical research* (pp. 189-198). Washington, DC: American Psychological Association. [Reprinted from *Journal of Consulting and Clinical Psychology*, 68, 1107–1110]
- McCullough, M. E., & **Smith, T. B.** (2003). Religion and health: Mortality and depression case studies. In M. Dillon (Ed.), *Handbook of the Sociology of Religion* (pp. 190-204). New York: Cambridge University Press.
- Smith, T. B.**, & Richards, P.S. (2002). Multicultural counseling in spiritual and religious contexts. In J. Trusty, D. Sandhu, & J. Looby (Eds.), *Multicultural Counseling: Context, theory and practice, and competence* (pp. 105-127). Huntington, NY: Nova Science.
- Case, L., & **Smith, T. B.** (2002). Ethnic representation in a sample of the literature of applied psychology. In M. L. Patten (Ed.), *Educational and psychological research: A cross section of journal articles for analysis and evaluation* (pp. 81-86). Los Angeles: Pyczak. [Reprint from *Journal of Consulting and Clinical Psychology*, 68, 1107–1110]
- Smith, T. B.**, & Boero, J. (2001). Racial attitudes and the contact hypothesis: A systematic integrative review. In C. Stones (Ed.), *Socio-political and psychological perspectives on South Africa* (pp. 113-130). Huntington, NY: Nova Science Publishers.
- Smith, T. B.**, & Stones, C. (2001). Adolescence, anxiety, and apartheid: Understanding the context of social change. In C. Stones (Ed.), *Socio-political and psychological perspectives on South Africa* (pp. 157-172). Huntington, NY: Nova Science Publishers.

Other Academic Publications

Book Reviews (6)

- Soto, A., & **Smith, T. B.** (2013). [Review of the book *Cultural psychotherapy: Theory, methods, and practice*]. *Cultural Diversity and Ethnic Minority Psychology*, 4, 482-483.
- Smith, T. B.** (2001). [Review of the book *Handbook of psychotherapy and religious diversity*]. *Cultural Diversity and Ethnic Minority Psychology*, 7, 399-400.
- Smith, T. B.** (1999). [Review of the book *Counseling the culturally different: Theory and practice* (3rd ed.)]. *Counseling Today*, 41(10), 39.
- Smith, T. B.** (1998). [Review of the book *Opening up: The healing power of expressing emotions*]. *Counseling Today*, 40(9), 34.
- Smith, T. B.** (1996). [Review of the book *Seeking identity: Individualism versus community in an ethnic context*]. *International Social Science Review*, 71(3-4), 60-61.
- Smith, T. B.** (1996). [Review of the books *Culture and difference: Critical perspectives on the bicultural experience in the United States* and *Beyond comfort zones in multiculturalism, and Anti-racism, feminism, and critical approaches to education*]. *Transformations*, 7(2), 100-104.

Articles in Professional Newsletters, Magazines, Websites, or Conference Proceedings (18)

- Sanders, M., Haupt, J., Dew, J., & Smith, T.* (January, 2020). Cohabitation: Safety net or stability threat? *Institute for Family Studies*.
- Sanders, M., Haupt, J., Dew, J.* (December, 2019). Can faith fortify fidelity? *Institute for Family Studies*.
- Dean, B., Heath, M. A., Lyon, R. C., Smith, T.B., Reeves, A., & Joosten, M.* (2018). One Utah school's Spanish-speaking mothers' perceptions of their school's crisis plan. *The Observer*, 33(1), 8–23.
- Holt-Lunstad, J., Smith, T. B., & Peterson, D.* (2017). Social (dis)connection and mortality risk: A more nuanced approach needed for effective interventions? *Psychosomatic Medicine*, 79, A148.
- Smith, E. R., Christiansen, A. J., & Smith, T. B.* (2015, Spring). Opportunism in Ugandan NGOs: A randomized field experiment. *The BYU Journal of Inquiry*, 9, 33-48.
- Smith, T. B.** (2009, Spring). Out of many, one. *McKay Today Magazine*, 5(1), pp. 2-5.
- Various authors. (2007, Fall). Education in a changing world: Moving forward. *McKay Today Magazine*, 3(2), pp. 16-19.
- Smith, T. B.** (2007, Spring). Cultural adaptations to mental health interventions have solid research support. *FOCUS* (APA Div. 45 newsletter), p. 20.
- Heath, M., Annandale, N., Ryan, K., & Smith, T. B.* (2006, November). School crisis plans and sensitivity to diversity: Who are we planning for? *NASP Communiqué*, pp. 30-32.
- Smith, T. B.** (2003, November). New feature to highlight counseling research. *Counseling Today*, p. 35.
- Smith, T. B.** (2003, Spring). The technique called you. *AMCAP Networker*, p. 14.
- Smith, T. B.** (2003, March). The technique called you. *The Utah School Counselor*, p. 10.
- Smith, T. B.** (2002, March). Division news: Journal a great resource. *Counseling Today*, p. 22.
- Smith, T. B.** (2001, Fall). Addressing religious diversity: Responding to the defamation of Islam in the United States. *Association for Multicultural Counseling and Development Newsletter*, p. 10.
- Smith, T. B.** (2001, Fall). Share your ideas. *Visions*, p. 3.
- Smith, T. B.** (2001, June). Collaborating with communities in professional outreach projects. *Counseling Today*, pp. 7, 41.
- Smith, T. B.** (2001, Spring). Reaching out to those in need. *AMCAP Networker*, p. 7.
- Smith, T. B.** (2000). Religious involvement protects against depression: A meta-analysis. *International Journal of Psychology*, 35, 229.

Bobby, J., Arnio, R., Merkwan, J., & Smith, T. B. (1999). Spiritual identity and racism. *Proceedings of the 13th National Conference on Undergraduate Research*, Rochester, NY.

Merkwan, J., & Smith, T. B. (1999). International travel as a mediator of racial prejudice. *Proceedings of the 13th National Conference on Undergraduate Research*, Rochester, NY.

Editorial Articles (3)

Holt-Lunstad, J., & **Smith, T. B.** (2016). Loneliness and social isolation as risk factors for CVD: Implications for evidence-based patient care and scientific inquiry. *BMJ Heart*, 102(13), 987-989

Bundy, A. P., & **Smith, T. B.** (2004). Breaking with tradition: Effective counseling services for nontraditional students, *Journal of College Counseling*, 7, 3-4.

Smith, T. B. (2002). Making a difference. *Journal of College Counseling*, 5, 3.

Academic Manuscripts in Preparation

Research Manuscripts

Scott, L., & Smith, T. B. (in preparation). Therapist cultural humility: A meta-analysis.

Smith, T. B. (in preparation). Therapist racism: A meta-analysis.

Smith, T. B. (in preparation). Marital quality and mortality: A meta-analysis.

Smith, T. B. (in preparation). Marital status and mortality: A meta-analysis.

Goetz, J., Dew, J., & Smith, T. B. (in preparation). Consensual non-monogamy: A national survey.

Tsoi, C., & Smith, T. B. (in preparation). Mental health treatment of survivors of human trafficking.

Smith, T. B. (in preparation). Family predictors of adolescent vulnerability: A qualitative study of survivors of human trafficking.

Research Mentoring

Dissertation Chair of Derek Griner, whose dissertation received APA's *Jeffrey S. Tanaka Memorial Dissertation Award in Psychology*, 2007

Doctoral Dissertation Chair

Lubna Somjee
Derek Griner
Jared Dinehart
Clay Frandsen
Alicia Doman
Christina Tsoi
Anthony Rose

Lynda Silva
Scott Owen
Alan Hansen
Kari O'Grady
Danise Mok
Jacob Goetz
Josh Marshall

Raquel Cabral
Christopher Peck
Hoku Conklin
Alberto Soto
Rachel Jensen
Lisa Scott

Masters Thesis Chair

Taylor Michelsen
Stephen Taabu
Patience Rwendiere
Hayley Herrington
Josephine Tusingwire
Kathy Donahey

Kari Newman
Stacie Fraire
Leslie Case
Linda Cheng

Undergraduate Research Advisor

Supervised over 236 students on a variety of research projects over 23 years
55 of the students have received research awards/grants/recognitions
87 of the students have presented at professional conferences

Research Grants and Fellowships

Brigham Young University CORE Grant, PI, \$6,920, 2020

Brigham Young University Experiential Learning Grant, PI, \$18,870, 2020-21

Brigham Young University School of Education Research Grant, PI, \$25,700, 2019-20

Brigham Young University School of Education Research Grant, PI, \$35,700, 2017-18

Brigham Young University Mentoring Environment Grant, PI, \$19,990, 2015-16

Brigham Young University School of Education Cluster Research Award, PI, \$34,000, 2013-15

Brigham Young University Mentoring Environment Grant, PI, \$19,900, 2012-14

Brigham Young University Mentoring Environment Grant, PI, \$20,000, 2009-11

Brigham Young University, Gerontology Research Grant, \$7,500, 2009

School of Education Research Grant for the Strength of Youth, Co-PI, \$42,350, 2006-08

Brigham Young University, Gerontology Research Grant, \$4,700, 2007

Brigham Young University Mentoring Environment Grant, PI, \$18,994, 2007-08

Brigham Young University Mentoring Environment Grant, Co-PI, \$19,935, 2006-07

Brigham Young University Mentoring Environment Grant, Co-PI, \$17,867, 2006-07

School of Education Mentoring Grant, Brigham Young University, \$2,880, 2004

School of Education Research Grant, Brigham Young University, \$5,540, 2004

Brigham Young University Student Mentoring Environment Grant, \$16,820, 2003

School of Education Research Grant, Brigham Young University, \$5,540, 2003

School of Education Research Grant, Brigham Young University, \$7,500, 2002

Brigham Young University Student Mentoring Environment Grant, \$17,250, 2001

School of Education Research Grant, Brigham Young University, \$7,700, 2001

John Templeton Foundation, Research Grant, \$9,400, 2000

Religious Research Association Constant Jacquet Research Award, \$2,000, 2000

School of Education Research Grant, Brigham Young University, \$3,000, 2000

School of Education Research Grant, Brigham Young University, \$7,720, 1999

Bush Grant for Undergraduate Research, University of South Dakota, \$5,645, 1998

Research Proposal Incentive Award, University of South Dakota, \$3,500, 1998

Assessment Grant and Technology Enrichment Award, University of South Dakota, \$1350, 1998

Bush Grant for Professional Development, University of South Dakota, \$1,000, 1997

Rotary International Ambassadorial Scholarship Award, South Africa, \$12,000, 1995

Association for Mormon Counselors and Psychotherapists Research Grant, \$3,500, 1993-95

Quadrangle Scholarship Award, Utah State University, 1994

Graduate Scholar's Day Award, Utah State University, 1993, 1994, and 1996

Department of Psychology Seely-Hinckley Scholar, Utah State University, 1993

Utah State University Graduate Fellowship Award, \$8,500, 1991-92

Professional Presentations

National and International Conferences (88)

- Clayton, D., Tsoi, C. M., & **Smith, T. B.** (2021, August). *Multicultural considerations for treating survivors of human trafficking*. Poster presented at the annual convention of the American Psychological Association, Virtual online.
- Tsoi, C. M., Clayton, D., & **Smith, T. B.** (2021, August). *Addressing complex trauma: Treatment recommendations for survivors of human trafficking*. Poster presented at the annual convention of the American Psychological Association, Virtual online.
- Jensen, R., Holt-Lunstad, J. & **Smith, T. B.** (2021, August). *Meta-Analysis of longevity as a function of marital quality*. Poster presented at the annual convention of the American Psychological Association, Virtual online.
- Cheng, W. M., **Smith, T. B.**, & Taylor, T. M. (2021, February). Parent-implemented interventions and autism: A meta-analysis. Poster presentation at the annual conference of the National Association of School Psychologists, Virtual online.
- Rose, A., & **Smith, T. B.** (2020, August). *The cognitive dimension of religion and spirituality: A systematic literature review*. Poster presented at the annual convention of the American Psychological Association, Virtual online.
- Tsoi, C., Andreason, C., Siufanua, M., Searle, A., Marshall, J. M., Leonard, K., & **Smith, T. B.** (2020, August). *Responding to child exploitation and trafficking: A qualitative investigation and a call to action*. Poster presented at the annual convention of the American Psychological Association, Virtual online.
- Smith, T. B.** (2018, November). *Meta-analysis of longevity as a function of marital status*. Poster presented at the National Council on Family Relations, San Diego, CA.
- Smith, T. B.** (2018, October). *Foundations of multicultural psychology*. Oral presentation delivered at the International Conference on Community Psychology, Santiago, Chile.
- Smith, T. B.** (2018, August). *How effective is multicultural training? A meta-analysis*. Symposium address presented at the annual national convention of the American Psychological Association, San Francisco, CA.
- Smith, T. B.** (2018, June). *Marital factors as predictors of longevity and untimely death: A meta-analysis*. Oral session at the International Congress of Applied Psychology, Montreal, Canada.
- Kirchhoefer, J., Beecher, M., Griner, D., Allen, G., Fischer, L., **Smith, T. B.**, & Cox, J. (2016, October). *Psychotherapy utilization trends among Latino student subgroups in a university counseling center*. Poster presented at the annual national conference of the National Latina/o Psychological Association, Orlando, FL.

- Smith, T. B.** (2016, August). *Social justice and relationism as ethical frameworks for the practice of psychology*. Symposium address presented at the annual national convention of the American Psychological Association, Denver, CO.
- Rwendeire, P., & **Smith, T. B.** (2016, August). *Psychological trauma and self-esteem among trafficked youth in Uganda*. Poster presented at the annual national convention of the American Psychological Association, Denver, CO.
- Frandsen, C., & **Smith, T. B.** (2016, August). *Multicultural and language competencies: Effective practice with limited English proficiency clients*. Poster presented at the annual national convention of the American Psychological Association, Denver, CO.
- Frandsen, C., & **Smith, T. B.** (2016, June). *Use of language interpreters in psychotherapy: Inclusion in professional training programs*. Paper presented at the international annual meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- Smith, T. B.** (2016, June). *Client acculturation level and experiences in psychotherapy: A meta-analysis*. Poster presented at the international annual meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- Smith, T. B.** (2015, March). *Research considerations for the psychology of religion and spirituality: Data, interpretation, and theory*. Paper presented at the APA Division 36 Annual Midyear Conference on Religion and Spirituality, Provo, UT.
- Smith, T. B.** (2015, March). *Well-being and spirituality among people of color: A meta-analysis*. Paper presented at the APA Div 36 Annual Midyear Conference on Religion & Spirituality, Provo, UT.
- Knell, A., & **Smith, T. B.** (2015, March). *Perceived racism, forgiveness and spirituality in South Africa*. Paper presented at the APA Annual Midyear Conference on Religion & Spirituality, Provo, UT.
- Smith, T. B.**, Woodbury, R., & Knell, A. (2014, June). *Rates of mental health service utilization across race in North America: A meta-analysis*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.
- Smith, T. B.**, Woodbury, R., & Knell, A. (2014, June). *Participation in mental health services by racial minorities in North America: A meta-analysis*. Poster presented at the annual meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.
- Smith, T. B.**, Soto, A., Knell, A., Woodbury, R., Christiansen, J., & Griner, D. (2013, August). *Enhancing the effectiveness of culturally adapted treatments: Common factors and culture-specific methods*. Paper presented at the annual convention of the American Psychological Association, Honolulu, HI.
- Smith, T. B.**, & Trimble, J. E. (2011, January). *Research foundations of multicultural psychology: Reviewing ethnic influences in mental health*. Symposium presented at the National Multicultural Conference and Summit, Seattle, WA.

- Smith, T. B.** (2011, January). *Racial disparities in utilization of mental health services: A review of research*. Paper presented at the National Multicultural Conference and Summit, Seattle, WA.
- Brooks, M., Griner, D., Preece, J., Roberts, N., Martinelli, E., Chapman, R., **Smith, T. B.**, & Brooks, J. (2010, August). *Self-concept and acceptance in university students with disabilities: Important considerations*. Poster presented at the annual national convention of the American Psychological Association (APA), San Diego, CA.
- Helzer, J., Young, E. L., & **Smith, T. B.** (2010, March). *Examining implementation processes of sustainable positive behavior support*. Paper presentation at the National Association of School Psychologists' Annual Conference, Chicago, IL.
- Smith T. B.** (2008, October). *Cultural adaptations to psychotherapy: A meta-analysis*. Paper presented at the World Congress for Psychotherapy, Beijing, China.
- Smith T. B.** (2008, October). *Racial bias among North American therapists: A meta-analysis*. Poster presented at the World Congress for Psychotherapy, Beijing, China.
- Smith T. B.** (2008, October). *Religious adaptations to psychotherapy: A meta-analysis*. Poster presented at the World Congress for Psychotherapy, Beijing, China.
- Conklin, H., & **Smith, T. B.** (2008, August). *Effects of perceived racism on mental health: A meta-analytic review*. Poster presented at the annual convention of the American Psychological Association, Boston, MA.
- Shwalb, D., & **Smith, T. B.** (2008, August). *Loneliness and coping among military personnel in the Middle East*. Paper presented at the annual convention of the American Psychological Association, Boston, MA.
- Holt-Lunstad, J., & **Smith, T. B.** (2008, May). *Social support and mortality: A meta-analysis*. Poster presented at the annual convention of the Association for Psychological Science, Chicago, IL.
- Crook-Lyon, R.E., Smith, T.B., O'Grady, K.A., Jensen, D.R., & Golightly, T. (2008, March). *Addressing religious diversity in multicultural training*. Paper presented at the International Counseling Psychology Convention, Chicago, IL.
- Dyson, K., Gibb, G., Heath, M., & **Smith, T. B.** (2008, February). *Predicting performance on criterion-referenced reading tests with benchmark assessments*. Paper presented at the annual convention of the National Association of School Psychologists, New Orleans, LA.
- Fraire, S., & **Smith, T. B.** (2008, February). *A grounded theory approach in understanding acculturation patterns with refugee children in US public schools*. Paper presented at the annual convention of the National Association of School Psychologists, New Orleans, LA.
- Bowman, R., & **Smith T. B.** (2007, August). *The effects of client-therapist racial matching: A meta-analytic review of empirical research*. Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.

- Griner, D., & **Smith, T. B.** (2007, January). *Cultural adaptations to mental health interventions*. Poster presented at the National Multicultural Conference and Summit, Seattle, WA.
- Crook Lyon, R., **Smith T. B.**, O'Grady, K.A.. (2005, November). *Integration of spirituality and religious content into doctoral education in psychology: A national survey*. Paper presented at the annual meeting of the Society for the Scientific Study of Religion, Rochester, NY.
- Smith T. B.** (2005, November). *Health and mental health among Latter-Day Saints: An evaluation of potential moderating and mediating effects*. Paper presented at the annual meeting of the Society for the Scientific Study of Religion, Rochester, NY.
- Crook Lyon, R., **Smith T. B.**, O'Grady, K.A., Jensen, D. R., & Golightly, T. (2005, August). *Should spiritual and religious issues be taught in graduate curricula?* Poster presented at the annual convention of the American Psychological Association, Washington, DC.
- Downs, P. A., Smith, S., **Smith T. B.**, & Jackson, A. (2005, August). *Examination of parent influence on student academic self-efficacy and student academic achievement with Navajo Native American Indians*. Poster presented at the annual convention of the American Psychological Association, Washington, DC.
- Smith, T. B.**, & Poll, J. (2005, June). *The spiritual self: Toward a conceptualization of spiritual identity development*. Paper presented at the International Childhoods Conference, Oslo, Norway.
- Smith, T. B.**, & Baker, C. (2004, April). *Publishing in ACA refereed journals: Suggestions from the Council of Editors*. Symposium presented at the American Counseling Association Convention, Kansas City, MO.
- Smith, T. B.**, & Baker, C. (2003, March). *Publishing in ACA refereed journals: Suggestions from the Council of Editors*. Symposium presented at the American Counseling Association Convention, Anaheim, CA.
- Lloyd, T., Steffen, P.R., **Smith, T. B.**, Larson, M., Butler, L., Bowman, A. et al. (2003, March). *Are the effects of acculturation on blood pressure the same for all regions of the world and for all peoples?* Paper presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Butler, L., Steffen, P.R., **Smith, T. B.**, Larson, M., Bowman, A., Lloyd, et al. (2003, March). *A meta-analytic study on the effects of acculturation versus urbanization on blood pressure*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Bowman, A., Steffen, P.R., **Smith, T. B.**, Larson, M., Butler, L., Lloyd, T., Owen, S., & Demanuele, J. (2003, March). *A meta-analytic study of acculturation and blood pressure: The role of gender*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Poll, J., & **Smith, T. B.** (2002, November). *The spiritual self: Toward a theory of spiritual identity development*. Paper presented at the annual meeting of the Society for the Scientific Study of Religion and the Religious Research Association, Salt Lake City, UT.

- Smith, T. B.,** Dinehart, J., Montoya, J., & Dunn, T. (2002, August). *Effectiveness of multicultural training for mental health professionals*. Poster presented at the 18th World Congress of Psychotherapy, Trondheim, Norway.
- Smith, T. B.,** Dinehart, J., Montoya, J., & Dunn, T. (2002, August). *Racial bias among mental health professionals*. Poster presented at the 18th World Congress of Psychotherapy, Trondheim, Norway.
- Smith, T. B.,** Dinehart, J., Montoya, J., & Dunn, T. (2002, August). *Psychotherapy outcome and client-therapist racial match*. Poster presented at the 18th World Congress of Psychotherapy, Trondheim, Norway.
- Smith, T. B.,** Dinehart, J., Montoya, J., & Dunn, T. (2002, March). *The effectiveness of multicultural training: A research synthesis*. Paper presented at the American Counseling Association Convention, New Orleans, LA.
- Smith, T. B.** (2001, October). *Teaching multiculturalism: Surviving and thriving through spiritual renewal and integration*. Paper presented at the National Multicultural Training Challenge, Chestnut Hill, MA.
- Smith, T. B.,** & Fukuyama, M. (2001, August). *Spirituality and multicultural counseling: Implications for education, research and practice*. Symposium conducted at the annual convention of the American Psychological Association, San Francisco, CA.
- Smith, T. B.,** Demanuele, J., Dinehart, J., Higgins, H., Downs, P., & Montoya, J. (2001, August). *Multicultural psychology and counseling: A research synthesis*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Potts, R., Richards, P.S., **Smith, T. B.,** & Poll, J. (2001, August). *Investigation of relationships among self-esteem and spirituality*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Jerome, A., Allen, M., & **Smith, T. B.** (2001, August). *Supervision and increasing mastery using a performance appraisal system*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Smith, T. B.** (2001, July). *Religious involvement and depression*. Paper presented at the Intra-American Psychology Congress, Santiago, Chile.
- Smith, T. B.** (2001, July). *Integrating spirituality into psychology*. Paper presented at the Intra-American Psychology Congress, Santiago, Chile.
- Smith, T. B.** (2000, October). *A meta-analysis of religious involvement and symptoms of depression*. Paper presented at the annual meeting of the Society for the Scientific Study of Religion and Religious Research Association, Houston, TX.
- Smith, T. B.** (2000, August). *Spiritual identity and white racial consciousness*. Poster presentation at the annual convention of the American Psychological Association, Washington, D.C.

- Smith, T. B.**, McCullough, M., Poll, J., Dickson, B., Martin, T., & Scribner, J. (2000, August). *Religious involvement and symptoms of depression: A meta-analysis*. Paper presented at the 108th annual convention of the American Psychological Association, Washington, D.C.
- Richards, P. S., & **Smith, T. B.** (2000, June). *Development and validation of the Spiritual Outcome Scale (SOS)*. Paper presented at the 31st annual meeting of the Society for Psychotherapy Research, Chicago, IL.
- Smith, T. B.**, Nafziger, M., Couillard, G., & Granaas, M. (2000, March). *Counseling center client assessment with the College Adjustment Scales*. Poster presented at the annual convention of the American Counseling Association, Washington, DC.
- Smith, T. B.** (2000, February). *Spiritual diversity in multicultural counseling: Implications for practice and research*. Paper presented at the 17th annual Teachers College Winter Roundtable on Cross-Cultural Psychology and Education, New York.
- Smith, T. B.** (1999, September). *Counseling and spiritual identity development*. Paper presented at the 2nd annual Conference on Counseling and Spirituality, Erie, PA.
- Smith, T. B.** (1999, August). *Spiritual values as predictors of international student adjustment*. Poster presented at the annual convention of the American Psychological Association, Boston, MA.
- Bobby, J., Arnio, R., Merkwani, J., Zent, D., Boero, J., & **Smith, T. B.** (1999, April). *Spiritual orientation and racial identity among white adults*. Paper presented at the 13th National Conference on Undergraduate Research, Rochester, NY.
- Carlier, L., Abdul Halim, S., Sugizaki, A., Boero, J., & **Smith, T. B.** (1999, April). *Spiritual beliefs and psychological adjustment among international students*. Paper presented at the 13th National Conference on Undergraduate Research, Rochester, NY.
- Merkwan, J., & **Smith, T. B.** (1999, April). *International travel as a mediator of racial prejudice*. Paper presented at the 13th National Conference on Undergraduate Research, Rochester, NY.
- Case, L., & **Smith, T. B.** (1999, February). *Multicultural representation in psychological research? A critical analysis of institutional racism*. Paper presented at the 16th annual Teachers College Winter Roundtable on Cross-Cultural Psychology and Education, New York.
- Smith, T. B.** (1999, January). *Spirituality and the cultural context: Human services in perspective*. Paper presented at the Conference on Culture-Centered Human Services, Birmingham, AL.
- Nafziger, M., Couillard, G., & **Smith, T. B.** (1998, August). *Normative clinical data on the College Adjustment Scales*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Smith, T. B.** (1998, August). *Adolescent cultural identity in South Africa and the United States*. Poster presented at the XIVth Congress of the International Association for Cross-Cultural Psychology, Bellingham, WA.

- Smith, T. B.** (1998, March). *Racial attitudes and the contact hypothesis: A review and interdisciplinary critique*. Paper presented at the Conference on Interdisciplinary Theory and Research on Intercultural Relations, Fullerton, CA.
- Smith, T. B.** (1997, November). *A psychology for the people: The case of the new South Africa*. Paper presented at the Conference on Culture-Centered Human Services, Birmingham, AL.
- Smith, T. B., & Roberts, R. N.** (1996, August). *The effects of intergroup contact on identity and attitudes*. Poster presented at the XXVIth Congress of International Psychology, Montréal.
- Smith, T. B., & Roberts, R. N.** (1995, July). *Racial attitudes among Whites and Asians in the U.S.A.: An examination of "modern racism."* Paper presented at the annual conference of the South African Sociological Association, Grahamstown, South Africa.
- Smith, T. B., & Roberts, R. N.** (1995, April). *Acceptance of ethnic groups and perceived attitudes of parents and peers*. Paper presented at the First Congress of the Psychological Society of South Africa, Pietermaritzburg, South Africa.
- Smith, T. B., & Roberts, R. N.** (1995, April). *Theories of White racial identity development: A review and a critique of their relevance to interracial relations research in South Africa*. Paper presented at the First Congress of the Psychological Society of South Africa, Pietermaritzburg, South Africa.
- Smith, T. B., & Roberts, R. N.** (1994, August). *Religion and racism: An examination of values and racial attitudes*. Poster presented at the 102nd annual convention of the American Psychological Association, Los Angeles, CA.
- Smith, T. B., Boyce, G., Innocenti, M., & Smith, C.** (1994, June). *Caregivers' locus of control for child improvement*. Poster presented at the 118th annual meeting of the American Association on Mental Retardation, Boston, MA.
- Boyce, G., & **Smith, T. B.** (1994, June). *Predictors of social functioning: A longitudinal study of medically fragile infants*. Paper presented at the IXth Biennial International Conference for Infant Studies, Paris, France.
- Casto, G., Boyce, G., & **Smith, T. B.** (1993, December). *The utility of a weighted medical status index in predicting long-term outcomes in medically fragile infants*. Poster presented at the annual conference of the National Center for Clinical Infant Programs, Washington, D.C.
- Casto, G., Boyce, G., & **Smith, T. B.** (1993, December). *Follow-up study of low birth-weight infants*. Paper presented at the 20th International Early Childhood Conference sponsored by The Council for Exceptional Children's Division for Early Childhood, San Diego, CA.
- Smith, T. B., & Smith, C. S.** (1993, November). *Increasing racial and ethnic awareness in preschoolers: Practical guidelines and assessments*. Paper presented at the annual conference of the National Association for the Education of Young Children, Anaheim, CA.

Smith, T. B., & Smith, C. S. (1993, June). *Modern racism: A unique theoretical construct*. Poster presented at the national conference of the American Psychological Society, Chicago, IL.

Smith, T. B., & Boyce, G. (1993, March). *Predictors of developmental outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, New Orleans, LA.

Presentations at Regional/Local Conferences (72)

- Clayton, D., Tsoi, C., Marshall, J., Cook, B., & **Smith, T. B.** (2021, April). Multicultural considerations for treating survivors of human trafficking [Poster presentation]. Western Psychological Association, San Marcos, CA, United States. [Student Research Award recipient, \$500]
- Cheng, W. M., Butler, M. S., Yirenya-Tawiah, A., Stones, B., Garr, L., & **Smith, T. B.** (2021, March). Effects of parent-implemented interventions on outcomes for children with ASD: A meta-analysis [Oral presentation]. Brigham Young University Mentored Research Conference, Provo, UT.
- Jensen, R., Barton, B., Christensen, M., Layton, R., Leonard, K., Workman, C., Holt-Lunstad, J., & **Smith, T. B.** (2021, March). Marital quality influences survival [Oral presentation]. Brigham Young University Mentored Research Conference, Provo, UT.
- Tsoi, C., Clayton, D., Marshall, J., Cook, B., & **Smith, T. B.** (2021, March). Addressing trauma: Treatment recommendations for survivors of human trafficking [Oral presentation]. Brigham Young University Mentored Research Conference, Provo, UT. [Student Research Award \$500]
- Tsoi, C., Andreason, C., Siufanua, M., Leonard, K., Marshall, J. M., & **Smith, T. B.** (2020, June). *Overview of human trafficking and Native Americans: A call to action*. Paper presented at the American Indian Psychologists & Psychology Graduate Student Convention, Logan, UT.
- Valladares, J., & **Smith, T. B.** (2018, February). *The benefits of culturally-adapted mental health treatments: A meta-analysis*. Paper presented at the Utah Conference for Undergraduate Research, Cedar City, UT.
- Smith, T. B.**, Flores, Y., Herrera, N., Prieto, H., & Valladares, J. (2018, February). *Religiosity and psychological well-being among people of color*. Poster presented at the Utah Conference for Undergraduate Research, Cedar City, UT.
- Valladares, J., Herrera, N., Flores, Y., Prieto-Perez, H., & **Smith, T. B.** (2018, February). *Multicultural competency and successful client outcomes among minority groups*. Poster presented at the Utah Conference for Undergraduate Research, Cedar City, UT.
- Taylor, K., & **Smith, T. B.** (2017, February). *Risk factors of human trafficking in Uganda: The qualitative analysis of victim and community conversation*. Utah Conference for Undergraduate Research, Orem, UT.
- Smith, T. B.**, Holt-Lunstad, J., Petersen, D., Ford, S., Andrews, C., Brandenburg, M., Livermore, M., Peck, M., & Church, J. (2016, April). *Effects of medical support groups on mortality*. Poster presented at the annual Social Sciences Mentored Student Research Conference, Provo, UT.
- Smith, T. B.**, Holt-Lunstad, J., Petersen, D. (2015, February). *Do support interventions reduce risk for mortality? A meta-analytic review*. Utah Conference for Undergraduate Research, St. George, UT.
- Smith, T. B.**, Holt-Lunstad, J., Petersen, D. (2014, February). *The Effects of Social Intervention on Mortality: A Meta-analysis*. Utah Conference for Undergraduate Research, Provo, UT.

- Smith, T. B.** (2012, October). *Client utilization of mental health services across race/ethnicity: A meta-analytic comparison*. Poster presented at the annual meeting of the New England Psychological Association, Worcester, MA.
- Holt-Lunstad, J., **Smith, T. B.**, Stephenson, D., Cook, M., Mitchell, M., & Badger, C. (2012, April). *Meta-analysis of the effect marriage and age on mortality*. Poster session presentation at the annual David O. McKay School of Education Mentored Research Conference and the College of Family, Home, and Social Sciences Mentored Student Research Conference, Provo, UT.
- Markle, T., & **Smith, T. B.** (2011, February). *The effect of positive parenting practices on children with developmental disabilities*. Poster presentation at the Utah Conference on Undergraduate Research, Ogden.
- Stephenson, H., Kirton, J., Pearson, M., & **Smith, T. B.** (March, 2010). *Effectiveness of training for mental health professionals*. Poster session presentation at the annual David O. McKay School of Education Mentored Research Conference, Provo, UT.
- Mauder, J., Armstrong, N., & **Smith, T. B.** (2010, February). *Utilization of mental health services by ethnic groups*. Presentation at the Utah Conference on Undergraduate Research, Cedar City.
- Bohn, S. & **Smith, T. B.** (2010, February). *Ethnic matching of client-therapist dyads in mental health services*. Presentation at the Utah Conference on Undergraduate Research, Cedar City.
- Armstrong, N., & **Smith, T. B.** (2009, October). *Client utilization of mental health services across ethnicity*. Paper presentation given at the Rocky Mountain Society for Psychotherapy Research Conference, Orem, UT.
- Bohn, S., & **Smith, T. B.** (2009, October). *Retention of ethnic minorities in mental health services*. Paper presentation given at the Rocky Mountain Society for Psychotherapy Research Conference, Orem, UT.
- Kirton, J., & **Smith, T. B.** (2009, October). *The relationship between wellbeing and religiosity among ethnic minority populations*. Paper presentation given at the Rocky Mountain Society for Psychotherapy Research Conference, Orem, UT.
- Peet, K., Pearson, M., Stephenson, H., & **Smith, T. B.** (2009, October). *Effectiveness of multicultural training for mental health professionals*. Paper presentation given at the Rocky Mountain Society for Psychotherapy Research Conference, Orem, UT.
- Smith, T. B.** (2009, April). *Multicultural considerations in mental health practice: Client acculturation, ethnic matching, spirituality, and ethnic identity*. Paper presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Harper, T. A., & **Smith, T. B.** (2009, February). *Client utilization of mental health services: A comparison across ethnicity*. Presentation at the Utah Conference on Undergraduate Research, Salt Lake City.

- Kirton, J. W., & **Smith, T. B.** (2009, February). *The relationship between spirituality and mental health among ethnic minority populations in North America*. Presentation at the Utah Conference on Undergraduate Research, Salt Lake City.
- Peet, K. C., & **Smith, T. B.** (2009, February). *Multicultural education as a means to promote counselor effectiveness with ethnic minority clients*. Presentation at the Utah Conference on Undergraduate Research, Salt Lake City.
- Bowman, R., **Smith, T. B.**, Hamm, S., Jeppsen, B., & Duke, A. (2008, April). *The effects of client-therapist racial matching: A meta-analytic review of empirical research*. Presentation at the Rocky Mountain Psychological Association, Boise, ID.
- Hamm, S., **Smith, T. B.**, Jeppsen, B., Duke, A., Medina, E., & Cooper, H. (2008, April). *Retention of clients of color in psychotherapy: A comparative analysis*. Presentation at the Rocky Mountain Psychological Association, Boise, ID.
- Duke, A., **Smith, T. B.**, Hamm, S., Jeppsen, B., & Medina, E. (2008, April). *Multicultural competence and its association with client variables and outcomes in psychotherapy*. Presentation at the Rocky Mountain Psychological Association, Boise, ID.
- Bowman, R., & **Smith, T. B.** (2008, April). *The effects of client-therapist racial and ethnic matching: A meta-analytic review of empirical research*. Poster presented at the BYU School of Education mentored research conference, Provo, UT and at the semi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Dupree, D., Boyer, J., Afalava, N., Birano, K., Bowman, R., Cooper, H., & **Smith, T. B.** (2008, April). *Acculturation and mental health services*. Poster presented at the BYU School of Education mentored research conference, Provo, UT.
- Hamm, S., Afalava, N., Bowman, R., Cañate, R., Cooper, H., Duke, A., & **Smith, T. B.** (2008, April). *Multicultural competence in mental-health treatment*. Poster presented at the BYU School of Education mentored research conference, Provo, UT.
- Jacobson, S., Young, E., Allen-Heath, M., & **Smith, T. B.** (2008, April). *Secondary school safety: Students' experiences and perception*. Poster presented at the BYU School of Education mentored research conference, Provo, UT.
- Peck, C., & **Smith, T. B.** (2008, April). *Perceptions of spirituality and perceptions of God: A qualitative study*. Poster presented at the BYU School of Education mentored research conference, Provo, UT; at the convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT; and at the Rocky Mountain Psychological Association, Boise, ID.
- Salas, A., Gale, J., Fraire, S., **Smith, T. B.**, & Holt-Lunstad, J. (2008, April). *Social support and mortality: A meta-analytic review*. Poster presented at the BYU School of Education mentored research conference, Provo, UT and at the semi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.

- Salas, A., Gale, J., Thacker, E., Fraire, S., Holt-Lunstad, J., & **Smith, T. B.** (2008, March). *Social support and mortality: A meta-analytic review*. Poster presented at the BYU Gerontology Conference, Provo, UT.
- Peck, C., & **Smith, T. B.** (2007, April). *Perceptions of spirituality and God image: A qualitative study*. Poster presented at the BYU mentored research conference, Provo, UT.
- Bowman, R., & **Smith, T. B.** (2007, April). *The effects of client-therapist racial matching*. Poster presented at the BYU mentored research conference, Provo, UT.
- Thacker, E., Layton, B., Conklin, H., Fraire, S., Bingham, J., & **Smith, T. B.** (2007, April). *Social support and mortality*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.** (2007, October). *Faith and uncertainty in mental health practice*. Paper presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Griner, D., & **Smith, T. B.** (2006, April). *Culturally adapting mental health treatments*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.**, & Bowman, R. (2006, April). *Personal values and modern racism*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.**, & Bowman, R. (2006, April). *Racial attitudes among Asian and European American college students: A cross-cultural examination*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.**, Dyson, K., Gochnour, K., & Thacker, E. (2006, April). *The association of social support with mortality: Preliminary results from a meta-analysis*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.**, & Gochnour, K. (2006, April). *Review of literature of depression among mothers with children with disabilities*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.**, & Gochnour, K. (2006, April). *Review of self-esteem among children with disabilities*. Poster presented at the BYU mentored research conference, Provo, UT.
- Smith, T. B.**, & Morse, K. (2002, April). *Racial biases of mental health professionals against clients of color*. Poster presented at the BYU undergraduate research conference, Provo, UT.
- Smith, T. B.**, & Ulibarri, C. (2002, April). *Racial matching of client and therapist can improve treatment outcome*. Paper presented at the BYU undergraduate research conference, Provo, UT.
- Smith, T. B.**, & Bender, D. (2002, April). *Open forum for student members of AMCAP*. Paper presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.

- Smith, T. B.**, Montoya, J., Demanuele, J., Dinehart, J., Rasmussen, J., Dunn, T., et al. (2001, October). *Does the race of the client and therapist influence treatment?* Poster presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, T. B.**, Dinehart, J., Montoya, J., Demanuele, J., Larsen, M., Scribner, J., Higgins, H., Rasmussen, J., Downs, P., Dunn, T., Hill, T., & Canada, M. (2001, October). *How effective is multicultural training for mental health professionals?* Poster presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, T. B.**, Dinehart, J., Montoya, J., Demanuele, J., Larsen, M., Scribner, J. (2001, October). *Are mental health professionals biased against clients of color?* Poster presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Poll, J., & **Smith, T. B.** (2001, October). *The spiritual self: Toward a conceptualization of spiritual identity development.* Poster presented at the convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, T. B.** (2000, March). *The nature of humankind: Foundational principles for applied psychology.* Paper presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, T. B.** (1999, October). *Spiritual identity and counseling.* Paper presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, T. B.**, Rosenstein, I., & Granaas, M. (1999, April). *A psychometric investigation of the Self-Rating Depression Scale in counseling centers.* Paper presented at the Midwestern Psychological Association Conference, Chicago, IL.
- Merkwan, J., & **Smith, T. B.** (1999, April). *Examining the effects of intercultural contact on flexibility and prejudice.* Poster presented at the Midwestern Psychological Association Conference, Chicago, IL.
- Abdul Halim, S., Carlier, L., Avakumova, D., Boero, J., & **Smith, T. B.** (1999, April). *Qualitative interviews with international students on spirituality and race.* Paper presented at the University of South Dakota Annual IdeaFest, Vermillion.
- Bobby, J., Arnio, R., Merkwan, J., Bender, G., & **Smith T. B.** (1999, April). *Qualitative interviews with white adults on spirituality and race.* Paper presented at the University of South Dakota Annual IdeaFest, Vermillion.
- Nassif, C., Quevillon, R., & **Smith, T. B.** (1999, April). *Testing the componential construct of creativity with the Verbal Torrence Test of Creative Thinking.* Paper presented at the annual Graduate Sciences Research Forum, Vermillion, SD.
- Boero, J., & **Smith, T. B.** (1999, April). *Multicultural counseling competence and ethnic identity among licensed mental health professionals: A literature review.* Paper presented at the annual Graduate Sciences Research Forum, Vermillion, SD.

- Bobby, J., Arnio, R., Merkwán, J., & **Smith T. B.** (1999, February). *Spiritual beliefs and racial prejudice*. Poster presented at the South Dakota undergraduate research poster session, Pierre.
- Abdul Halim, S., Carlier, L., Boero, J., & **Smith, T. B.** (1999, February). *International student racial attitudes & spiritual beliefs*. Poster presented at the South Dakota undergraduate research poster session, Pierre.
- Merkwan, J., & **Smith, T. B.** (1999, February). *American cultural immersion in Brazil*. Poster presented at the South Dakota undergraduate research poster session, Pierre, South Dakota.
- Smith, T. B.**, Stones, C., & Roberts, R. N. (1996, April). *Identities and prejudices of White English- and Afrikaans-speaking South African adolescents*. Paper presented at the annual convention of the Rocky Mountain Psychological Association, Park City, UT.
- Smith, T. B.** (1994, September). *Meeting the unexpected: An AMCAP funded research project*. Paper presented at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, C. S., & **Smith, T. B.** (1994, March). *Guiding racial identity and awareness*. Paper presented at the 7th annual ULRC Preschool Early Intervention Conference, Salt Lake City, UT.
- Boyce, G., & **Smith, T. B.** (1994, February). *Health and educational outcomes of medically fragile children*. Paper presented at the 9th biennial meeting of the Southwestern Society for Research in Human Development, Austin, TX.
- Smith, T. B.**, & Smith, C.S. (1993, June). *Racial attitudes and awareness in preschool children*. Paper presented at the 18th Inter-Institutional Childhood Conference, Salt Lake City, UT.
- Smith, T. B.**, & Boyce, G. (1993, April). *Symptoms of depression among parents of children with disabilities*. Paper presented at the annual convention of the Western Psychological Association, Phoenix, AZ.
- Smith, T. B.**, & Innocenti, M. (1993, April). *Parenting stress with children with disabilities: Normative data on the PSI/SF*. Poster presentation at the annual convention of the Western Psychological Association, Phoenix, AZ.
- Smith, T. B.** (1993, April). *Preconscious processing of emotion: The anxiety continues*. Poster presentation at the annual conference of the Western Psychological Association, Phoenix, AZ.
- Crowley, S., Emerson, E., & **Smith, T. B.** (1993, April). *The relationship between parent stress and child temperament in medically fragile children*. Paper presented at the 4th Florida Conference on Child Health Psychology, Gainesville, FL.

Media/Invited/Keynote Presentations (20)

- Smith, T. B.** (2021, May). *Social support saves lives*. Interview on KSL News radio, Salt Lake City, UT.
- McMain, S., Owen, J., Budge, S., Burrow-Sanchez, J., **Smith, T. B.**, & Tao, K. (2018, September). *Looking beyond the average: Modifying psychotherapy research methods to reach diverse individuals*. Invited panel at the chapter meeting of the North American Society for Psychotherapy Research, Snowbird, UT.
- Smith, T. B.** (2018, 2019, & 2020, June). *Introduction to meta-analysis*. Invited workshop at APA's Advanced Training Institute, Michigan State University, East Lansing, MI.
- Smith, T. B.** (2018, September). *Loneliness in rural America*. Radio interview on Capital Public Radio KXJZ, Sacramento, CA.
- Smith, T. B.** (2018, May). *Loneliness epidemic*. Television interview on Channel 4 ABC News (Salt Lake City, Utah).
- Smith, T. B.** (2018, January). *Loneliness and social isolation*. Television interview on Channel 4 ABC News (Salt Lake City, Utah) and radio interview on the national program *The Deep Dive with Carmen Rita Wong*, SiriusXM.
- Smith, T. B.** (2016, October). *Lonely in a social world*. Television interview on the news program *The Stream*, Al Jazeera international.
- Smith, T. B.** (2015, August). *Go forth to serve*. Invited convocation address during the graduation ceremonies of the BYU David O. McKay School of Education.
- Smith, T. B.** (2015, March). *Social isolation and loneliness predict mortality*. Media interviews on several television and radio stations, including KSTU Fox 30 News Television, WCCO (Minneapolis), KSL (Salt Lake City), KBYU FM radio and Sirius XM 143.
- Smith, T. B.** (2011, December). *Be social, live longer*. Interview on Thinking Aloud, KBYU FM radio and Sirius XM 143.
- Smith, T. B.** (2010, July). *Social relationships as a predictor of mortality*. Media interviews on several radio stations, including 2GB (Australia), ABC (Australia), CUIT (Toronto), National Iranian Radio (Tehran), Radio Caracol (Miami), and Voice of America.
- Smith, T. B.** (2009, October). *Research findings from multicultural psychology*. Keynote address given at the Rocky Mountain Society for Psychotherapy Research Conference, Orem, UT.
- Smith, T. B.** (2009, April). *Enhancing clients' utilization, retention, and outcomes through multicultural competency: Research foundations for clinical practice*. Keynote address at the bi-annual convention of the Association for Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Smith, T. B.** (2008, February). *Love of the Savior*. Address delivered at the Brigham Young University campus devotional, Provo, UT. (Live broadcast on KBYU Television and BYUTV).

- Smith, T. B.** (2003, April). *Religiousness and symptoms of depression: A meta-analysis*. Paper presented at the ICIHS conference on Integrating Research on Spirituality and Health and Well-being into Service Delivery, Bethesda, MD.
- Smith, T. B.** (2001, August). *Of one fold and one shepherd: Cultural diversity in the kingdom*. Presentation at the annual campus Education Week, Brigham Young University, Provo, UT.
- Smith, T. B.** (2000, August). *Stress! Where can I turn for peace?* Presentation at the annual campus Education Week, Brigham Young University, Provo, UT.
- Smith, T. B.** (1998, November). *Stress: Managing the mind*. Media presentation delivered over South Dakota Public Broadcast Radio, Vermillion.
- Caraway, J., & **Smith, T. B.** (1998, April). *I have a race? White racial identity and cross-cultural communication*. Invited paper presented at the 2nd annual Building Bridges Conference, Vermillion, SD.
- Smith, T. B.** (1998, January). *Parenting and outcomes of children with developmental disabilities*. Invited presentation at the USD Physiology and Pharmacology Seminar, Vermillion, SD.
- Smith, T. B.** (1997, December). *College student mental health issues*. Media presentation delivered over KAOR radio, Vermillion, SD.
- Smith T. B.** (1995, October). *The contact hypothesis of interracial relations: Applications to the South African context*. Invited presentation at the Social Sciences Research Forum of the University of the Western Cape, Belleville, South Africa.

Teaching Experience

Brigham Young University, 1999 - present

- Empirical Inquiry (CPSE 672)
- Social Psychology (CPSE 650)
- Book of Mormon (RELIG 121, 122)
- Doctrine and Covenants (RELIG 324)
- Ethical/Legal Standards and Issues (CPSE 710)
- History and Systems of Psychology (PSYC 510)
- Introduction to Meta-analysis (IP&T 789; CPSE 790)
- Counseling Multicultural and Diverse Populations (CPSE 751)
- Research Theory and Methods in Counseling Psychology (CPSE 750)
- Practicum & Internship: Counseling and School Psychology (CPSE 678, 679, 680, 688)

Uganda Christian University, 2010-11

- Research Methods (Masters programme in counselling psychology)

University of South Dakota, 1997-99

- Social Psychology (Psyc 241)
- Teaching of Psychology (Psyc 790)
- Psychotherapy Practicum (Psyc 788)
- Psychotherapy with Adults (Psyc 783)
- Introduction to Psychology (Psyc 101)

Drexel University, 1997

- Research Methods II (Soc 350)
- Approaches to Personality (Psych 140)

Utah State University, 1994 and 1996

- Social Psychology (Soc 350)
- History and Systems of Psychology (Psych 510/610)

Especially for Youth, summer youth program, 2017-19

Clinical Experience

Utah Psychology License #3094173-250 (2000-present)

South Dakota Psychology License #395 (1998-2000)

Clinic Director, University of South Dakota Psychology Community Clinic, 1999

Supervisor, University of South Dakota Psychological Services Center, 1997-1999

Intern, University of Pennsylvania Counseling and Psychological Services, 1996-1997

Assistant Counselor, Rhodes University Psychology Community Clinic and the Family and Marriage Society of South Africa Clinic, 1995

Clinic Assistant Director, Utah State University Psychology Community Clinic, 1993-1994

University Committees/Projects

Member, University Awards Committee, 2021-

Member, University Unit Academic Review Committee, 2020-2021

Member, University Rank & Status Committee, 2019-2020

Council Member, Educational Inquiry, Measurement, & Evaluation PhD program, 2019

Member, University Selection Committee for the BYU Dean of Graduate Studies, 2018-2019

College Faculty Representative/Student Mentor, Honor Society of *Phi Kappa Phi*, 2017-2021

Faculty Mentor/Supervisor, Dealing with Divorce Club, 2018-

Faculty Mentor/Supervisor, Anti-Human Trafficking Club, 2017-18, 2021-

Affiliate Faculty, BYU Africana Studies, 2017-20

Chair, Rank and Status Committee, CPSE Department, BYU, 2016-2019

Member, BYU School of Education Measurements Committee, 2011

Member, BYU School of Education Planning Committee, 2007-2010

Member, BYU School of Education IRB and Research Committee, 2000-05, 2016-2019

Member, BYU CPSE Department Rank & Status Committee, 2004

Chair, BYU CPSE Department Student Admissions Committee, 2000-2002

Discipline Head, LEND Grant, USD University Affiliated Program, 1998-1999

Chair, USD Psychology Department Doctoral Candidacy Examinations Committee, 1998-1999

Member, USD College of Arts and Sciences Student Status Committee, 1998-1999

Member, USD Psychology Admissions, Scholarship, and Publications Committees, 1997-1999

Facilitator, Multiracial Communication Project, University of Pennsylvania, 1996-1997

Professional Affiliations

American Psychological Association (APA)
Fellow, Division 17 (Society of Counseling Psychology)
Fellow, Division 45 (Society for the Psychological Study of Culture, Ethnicity and Race)
AMCAP, Lifetime Member
Honor Society of Phi Kappa Phi, Lifetime Member

Language Skills

Spanish

Proofreader, *El Libro de Mormón*, 1992 edition, Church of Jesus Christ of Latter-day Saints
Assistant editor, *La Marca Hispánica*, 1991, BYU, Provo, UT.
Superior score, BYU conversational fluency exam, 1990
Missionary for the Church of Jesus Christ of Latter-day Saints in Chile, South America, 1987-89

Publications in Popular Outlets

Smith, T. B. (In press). Prayer of the heart. *Ensign* (contract number: 59247782).

Smith, T. B. (2008). *Love of the Savior*. Speeches: Brigham Young University 2007-08. (pp. 307-317).

Smith, T. B. (1999). I have a question: "The world seems to teach that self-fulfillment can only be achieved by focusing on one's self. What does the gospel of Jesus Christ teach about self?" *Ensign*, 29(9), 60-61.

Smith, T. B. (1999). Random sampler: Celebrating the season--together. *Ensign*, 29(12), 64.

Smith, T. B. (1998, September 19). How to help young people emotionally. *Church News*, 15.

Smith, T. B. (1997, June 14). How to help children with depression. *Church News*, 15.

Consultation

Institute for Psychological Research, Universidad de Puerto Rico, Río Piedras, 2012, 2015
American Red Cross Disaster Response Team Member, 1999
South African Police Service Diversity Programme, Pretoria, South Africa, 1995
American Cancer Society, Logan Regional Hospital, 1992